

A black and white photograph of a man, John De Ven, standing in a wooded area. He is wearing a plaid jacket, a hat, and a scarf. The text "JOHN DE VEN" is overlaid on the image.

Spring, 2007

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The wind is the whisper of our mother the earth
The wind is the hand of our father the sky
The wind watches over our struggles and pleasures
The wind is the goddess who first learned to fly

The wind is the bearer of bad and good tidings
Weaver of darkness, bringer of dawn
The wind gives the rain, then builds us a rainbow
The wind is the singer who sang the first song

The wind is a twister of anger and warning
The wind brings the fragrance of freshly mown hay
The wind is a racer and a wild stallion running
The sweet taste of love on a slow summer's day

The wind knows the songs of the cities and canyons
Thunder of mountain, the roar of the sea
The wind is the taker and giver of mornings
The wind is the symbol of all that is free

So welcome the wind and the wisdom she offers
Follow her summons when she calls again
In your heart and your spirit let the breezes surround you
Lift up your voice then and sing with the wind

[illegible]

It may not seem like it just yet, but this is going to be one of those BANNER years, ya know.... Let's just say that, like God said about Room 2700 in the movie "Oh God," 2007 is again "playing our number." And the energy of 2007 is amazing. I felt the shift almost immediately from the old year to the new, actually! And there is a great article about the numerology of 2007 to be found at <http://creativenumerology.com/>.

According to Michael Berg of the Kabbalah Center:

As of January 21st, Karen Bishop writes that “Globally, we are moving through the “asking for what we want” energies, and the energies with this theme will be present for a long time. There is a long road, both past and future, involved with this theme, as it is so vital for living in the higher realms... Knowing and expecting what we know is ours to have, knowing how to ask for and get it in a balanced and healthy way, and having all of our needs met is the higher realms way of living and being. We are simply lining up our energies now to match these higher ways.... Things are now able to flow more effortlessly to us. We have actually earned this new residency, through the fact that we have completed certain steps in our evolutionary process. Little pieces of the gold watch are now at our disposal. And as we move more and more into our new spaces in more and more ways, things will grow and arrive like never before.... It is our time now, and will continue to be our time in bigger and grander ways. Will you claim what is now yours? Will you be comfortable in asking for and demanding what you want? Will you see the prize that is waiting for you, right in front of you, and wondering why you are not moving ahead to occupy its' space? Much is being handed to us now. If we can re-train our minds to know that we no longer exist in the old 3D reality (and how it operated), we will then be able to live in grace and ease in these new higher realms. Are you ready?”

Even though some humans continue to maintain a reality of war for themselves, and messages like John's "Let Us Begin" ring true like never before, there is a different quality to it now for me...as though the energy of it no longer affects me in any way where it will unconsciously be allowed to determine the course of my life. I am able to operate within the illusion that I now see it to be, and that is fabulous! I have only to work on NOT allowing those in my immediate environment to push my buttons...in some ways a much more daunting of a task!

However, the recurring theme for this issue seems to be “Positive Thinking, Joy, Dream Fulfillment, and the Law of Attraction,” and the synchronicity that accompanies that, which is off the charts, since that’s exactly what synchronicity is really all about! Take, for example, one of February’s Kabbalah Consciousness Tune-ups which states, *“If you want to grow close to the Creator, learn to grow close to people. Have you*

ever experienced this? Have you ever loved someone despite their behavior and found yourself floating? I have. I go through it several times a day. Every time I forgive people or work at understanding their pain or love them despite their nastiness, I get this elated feeling that is unmatched by almost anything else. It's the feeling of being close to the Creator - because I am acting like the Creator. And the more I do this, the more things "miraculously" work out for me. Light attracts Light. Be a bridge builder this week. Ask yourself, 'With this action, word, or thought, am I moving closer to or further away from this person?' I challenge you to love when you hate, to speak softly when you want to yell. See another side. Stand in another person's shoes....you just might like the view.

Also validating this wonderful opportunity opening to us on such a grande scale in 2007 is the February 4th Energy Alert from www.whatsuponplanetearth.com:

"We are still in the most awesome of times. We are now residing in a most incredible energy that allows for special connections, miracles to occur, and the realization of our every dreams..... the dreams that we have held dear for our entire lives.

"It is time for our purposes to finally begin manifesting. The road is now perfectly clear. There will never again be any resistance, roadblocks, or denser and darker energies prohibiting us from creating what we came to create. And in this way, the very new planet Earth is just around the corner.....at last.

"And as always, we are going through the steps necessary to support us in getting where we have always known we would be going. Mercury turns retrograde on the 13 th , but these planetary influences can usually be felt during times before and after the actual dates.

"Mercury retrograde will be supporting us in going back and revisiting or clearing up any old and prior created situations that no longer fit where we are now. These areas will need to be addressed and taken care of, so that when the new and higher energies arrive in March, we will be ready and in place to ride the wave. If there is anything that you have left sitting, or have not taken the time to address and clear up, during the retrograde would be the perfect time.

"Arriving in these new and higher realms in total completion, has been manifesting an important message as well. You may have had a dream of late where you are being shown that you are now in a space of effortless manifestation, and where everything is just wonderful....no struggling, complete peace, happiness, and joy. These dreams and realizations are here to let us know with complete certainty and validation that we are now most certainly in a very new reality....and this is the reality of no effort required, no struggle, and total peace and joy. Not realizing or believing this will create the old 3D reality...it is a choice...and up to each of us. Recognizing where we are is pivotal in insuring our arrival through the gates of Heaven.

"The very massive energy shift of December has catapulted us into a reality for anyone to utilize and experience. We are being shown in all ways, that this time is now our time. Much, much will now change. All the hardships, struggles, pain and suffering are now over..... forever . The denser energies that may still appear evident are the energies that have not yet arrived. It is easier now than ever before to lift above them. Going back, will feel like a massive weight upon our heads, like trying to move through quicksand and muck, and literally make one sick to their stomach.

"It is during these times of arrival into a higher dimension, that visiting and spending time in the old energies can create an almost gagging feeling....a feeling that you just cannot seem to get comfortable anywhere. When this happens, we are craving the higher realms reality, and we may feel that we must get in it very quickly, or we shall surely perish. But where is it? Sometimes it can even be difficult to go the store, be in crowds, or even eat in a restaurant. You may not know where you are anymore. And the resistance to the lower vibrating creations can again create allergy symptoms.

"But at the same time, miracles and amazing connections are occurring. This is usually the pattern when we reach a higher dimension. An awesome amount of incredible energy and manifesting comes in, at the same time that we can still feel much of the muck going out. Ships passing in the night.

"During these times it can greatly help to stay home in our personal sanctuaries, be out in nature as much as possible, or spend as much time as we can in a creative project. These are all higher realms realities and experiences, and this is why they give us relief and feel good when nothing much else can.

"We are perfectly poised now to begin creating the new world. Have you noticed the unusual amount of attention finally be given to the environment? The attention finally being given to new sources of energy? To our planet? This is because the road is finally clear....crystal clear with no blockages what-so-ever.

"It is now that we will finally and most assuredly meet up with our ancient soul teams, for purposes of creating. These are the teams and the unions that we agreed to connect with at the right time. There are energies now beneath the earth that have been hidden by us for eons of time...just waiting for the vibration of the planet to reach a certain point, so that they could then be released once again. It is now safe. It is now perfectly safe for these energies to be re-introduced.

"There will now be no thwarting or sabotaging of our efforts. These higher energies would not be presenting themselves if it was not time for them to be here. Much is being orchestrated from above...our new beds are being made. There will be no effort involved. And this is all occurring because everyone is finally on board. The substantial times of waiting for others to arrive is over....at least for this phase!

"Now that the new palette is clear, we can begin to introduce the new ways of being and living that we have always known. This planet is now rightfully ours...this planet that we created eons ago, is now back in the arms of us....its original creators. We can now guide it in the higher ways that we have always known. We are being welcomed home at last."

And from Solara's Surf Report of the year 2007: "...a reweaving of the mandalas of ancient soul groups is occurring that will actually merge some soul groups with others in order to create the patterning of the New. This will expand the pool of kindred beings and make it easier for us to find the ones we are meant to be with. For 2007 is the year in which we will align with our true families and with our One True Loves, all kindred beings with whom we share both an alignment of essence and an alignment of purpose." A more up-to-date focus (emphasizing the energies of March and April) can be found at <http://lightworker.com/shala/>. And check out some of the articles in the Contributions section. It truly is amazing. I would practically guarantee that if it hasn't "hit you" by the time you finish reading this newsletter, it surely won't be long after!

I'll be including more about RMH in my next issue. Better get this one wrapped up for now, late as it is.

Wishing you peace and harmony and many wonderful manifestations!

Eileen

P.S. I had chosen "Windsong" to be the cover song for this issue LONG before I heard they wanted to use it on a memorial plaque in Monterey for John. But I guess HE knew already what was coming down the pike!

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**"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great."**

Mark Twain

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CONTRIBUTIONS

See Kristie's dreams and make them your own (or create the ones YOU choose):

<http://www.kristiet.com/mydreams.htm>

Infinity Breath Meditation from Ronna Herman (channeled from Archangel Michael):

<http://www.dewegvanhethart.com/lichtwerk/InfinityBreathMeditation.html>

The Divine Matrix by Gregg Braden – Excerpt from the Hay House Newsletter

*All matter exists by virtue of a force.
We must assume behind this force the existence
of a conscious and intelligent mind.
This mind is the matrix of all matter.*

Physicist Max Planck, 1944

With these words, Max Planck, the father of quantum theory, described a universal field of energy that connects everything in creation: *The Divine Matrix*.

The Divine Matrix is our world. It is also everything *in* our world. It is us and all that we love, hate, create, and experience. Living in the Divine Matrix, *we are* as artists expressing our innermost passions, fears, dreams, and desires through the essence of a mysterious quantum canvas. But *we are* the canvas, as well as the images upon the canvas. We are the paints, as well as the brushes.

In the Divine Matrix, we are the container within which all things exist, the bridge between the creations of our inner and outer worlds, and the mirror that shows us what we have created. In the Divine Matrix, we are the seed of the miracle, as well as the miracle itself.

Modern science has now arrived at the place where our most cherished spiritual traditions begin. A growing body of scientific evidence supports the existence of a field of energy—the *Divine Matrix*—that provides the container, as well as a bridge and a mirror, for everything that happens between the world within us, and the world outside of our bodies.

The fact that this field exists in everything from the smallest particles of the quantum atom, to distant universes whose light is just now reaching our eyes, and in everything between, changes all that we have believed about our role in creation. It suggests that we may be much more than simply observers passing through a brief moment of time in a creation that already exists.

When we look at “life”—our spiritual and material abundance, our relationships and careers, our deepest loves and greatest achievements, as well as our fears and the lack of all of these things—we may also be looking squarely at the mirror of our truest and sometimes most unconscious beliefs. We see them in our surroundings because they are made manifest through the mysterious essence of the Divine Matrix. For this to be the case, *consciousness itself* must play a key role in the existence of the universe.

We Are the Artists, as Well as the Art

As far-fetched as this idea may sound to some people, it is precisely the crux of some of the greatest controversy among some of the greatest minds in recent history. In a quote from his autobiographical notes for example, Albert Einstein shared his belief that we are essentially passive observers living in a universe already in place, and one in which we seem to have little influence. “We live in a world,” he said, “which exists independently of us human beings and which stands before us like a great eternal riddle, at least partially accessible to our inspection and thinking.”

In contrast to Einstein’s perspective, which is still widely held by many scientists today, John Wheeler, a Princeton physicist and colleague of Einstein, offers a radically different view of our role in creation. In terms that are bold, clear, and graphic, Wheeler says, “We had this old idea, that there is a universe *out there*, and here is man, the observer, safely protected from the universe by a six-inch slab of plate glass.” Referring to the late 20th-century experiments that show us how simply looking at something changes that something, Wheeler continues, “Now we learn from the quantum world that even to observe so miniscule an object as an electron we have to shatter the plate glass; we have to reach in there...So the old word observer simply has to be crossed off the books, and we must put in the new word *participator*.”

What a shift! In a radically different interpretation of our relationship to the world around us, Wheeler is stating that it is impossible for us simply to watch the world happen around us. Experiments in quantum physics do show, in fact, that the act of us looking at something as tiny as an electron—just focusing our awareness upon what that electron is doing for even an instant in time—changes its properties while we are looking. The experiments suggest that the very act of observation is an act of creation and that consciousness is doing the creating.

Interestingly, this is precisely the way that the wisdom traditions of the past suggest our world works. From the ancient Indian Vedas, believed by some scholars to date to 5,000 B.C., to the 2,000-year old Dead Sea Scrolls, a general theme seems to suggest that the world is actually the mirror of things that are happening on a higher realm, or in a deeper reality. Commenting on the new translations of the Dead Sea Scroll fragments known as *The Songs of the Sabbath Sacrifice*, for example, its translators summarize the content, “What happens on earth is but a pale reflection of that greater, ultimate reality.”

The implication of both the ancient texts and quantum theory is that in the unseen worlds we create the blueprint for the relationships, careers, successes, and failures of the visible world. From this perspective, the Divine Matrix works like a great cosmic screen that allows us to see the non-physical energy of our emotions and beliefs (our anger, hate, and rage, as well as our love, compassion, and understanding) projected in the physical medium of life.

Just as a movie screen reflects the image of whatever or whoever has been filmed without judgment, the Matrix appears to provide an unbiased surface for our inner experiences and beliefs to be seen in the world. Sometimes consciously, oftentimes not, we “show” our truest beliefs of everything from compassion to betrayal through the quality of relationships that surround us. In other words, we are like artists expressing our deepest passions, fears, dreams and desires through the living essence of a mysterious quantum canvas. And just as artists refine an image until it is just right in their minds, in many respects it appears that through the Divine Matrix we do the same thing with our life experiences.

What a beautiful, bizarre, and powerful concept. Just the way an artist uses the same canvas again and again while searching for the perfect expression of an idea, we may think of ourselves as perpetual artists, building a creation is ever changing and never ending. The key to doing so intentionally is that we must not only understand how The Divine Matrix works, we also need a language to communicate our desires to this ancient web of energy that it recognizes.

The Language That Creates

Our oldest and most cherished wisdom traditions remind us that there is, in fact, a language that speaks to the Divine Matrix—a language that has no words and doesn’t involve the usual outward signs of

communication that we make with our hands or body. This language comes in a form so simple that we all already know how to “speak” it fluently. In fact, we use it every day of our lives. It is the language of human emotion and belief.

Modern science has discovered that through each emotion we experience in our bodies, we also experience the chemical changes of things like pH and hormones that mirror our emotions. Through the “positive” experiences of love, compassion, and forgiveness, for example, to the “negative” experiences of hate, judgment, and jealousy, we each possess the power to affirm or deny our existence in each moment of every day. Additionally, the same emotion that gives us such power *within* our bodies extends our power into the quantum world *beyond* our bodies.

It may be helpful to think of the Divine Matrix as a cosmic blanket that begins and ends in the realms of the unknown and covers everything between. The blanket is many layers deep and is everywhere, all of the time, already in place. Our bodies, lives, and all that we know, exist and take place within the fibers of the blanket. From our watery creation in our mother’s womb, to our marriages, divorces, friendships, and careers, all that we experience may be thought of as wrinkles in the blanket.

I admit that while thinking of ourselves as a “wrinkle” in the Matrix may take some of the romance out of life, it also gives us a powerful way to think of our world and ourselves. If we want to create new, healthy and life-affirming relationships, bring healing romance into our lives, or bring a peaceful solution to the Middle East, for example, we must create a new disturbance in the field, one that mirrors our desire. We must create a new “wrinkle” in the stuff that space, time, our bodies, and the world are made of. This is our relationship to the Divine Matrix. We are given the power to imagine, dream, and feel life’s possibilities from within the Matrix itself, so it can reflect back to us what we have created.

We clearly do not know all that there is to know about the Divine Matrix. Science does not have all of the answers. In all honesty, scientists do not even know for sure where the Divine Matrix came from. We also know that we could study it for another 100 years and still not have those answers. What we do know, however, is that the Divine Matrix exists. It is here and we may tap its creative power through the language of our emotions. When we do, we tap the true essence of the power to change our lives and the world.

The Universe As A Consciousness Computer

In many respects, our experience of the Divine Matrix may be compared to the software that runs a computer. For both, the instructions must use a language that the system understands. For the computer, that language is a number code of 0’s and 1’s. For consciousness, a different kind of language is required: one that uses no numbers, alphabets, or even words. Because we are already part of consciousness, it makes perfect sense that we would already have everything we need to communicate with it without the need for an instruction manual or special training. And we do.

The language of consciousness appears to be the universal experience of emotion. We already know how to love, hate, fear, and forgive. Recognizing that these experiences are actually the instructions that program the Divine Matrix, we can hone our skills to better understand how to bring joy, healing, and peace to our lives.

Just as all life is built from the four chemical bases that create our DNA, the universe appears to be built upon four characteristics of the Divine Matrix that make things work the way they do. The key to tapping the power of the Matrix lies in our ability to embrace the four landmark discoveries that link it to our lives in an unprecedented way.

Discovery 1: There is a field of energy that connects all of creation.

Discovery 2: This field plays the roles of a container, a bridge, and a mirror for the beliefs within us.

Discovery 3: The field is everywhere (non-local) and holographic. Every part of it is connected to every other part. And each piece mirrors the whole on a smaller scale.

Discovery 4: We communicate with the field through the language of emotion.

It is our ability to recognize and apply these realities that determine everything from our healing, to the success of our relationships and careers.

We Are Already Healed

Almost universally, we share a sense that there is more to us than meets the eye. Somewhere deep within the mists of our ancient memory, we know we have magical and miraculous powers within us—the reminders

are all around us. Modern science has proven beyond any reasonable doubt that the quantum “stuff” we are made of behaves in seemingly miraculous ways. If the particles that we are made of can be in instantaneous communication with one another, be in two places at once, heal spontaneously and even change the past though choices in the present, then we can as well. The only difference between those isolated particles and us is that we are made of a lot of particles held together by the power of consciousness itself.

The ancient mystics reminded our hearts, and modern experiments have proven to our minds, that the single most powerful force in the universe is the emotion that lives within each of us. And that is the great secret of creation itself: the power to create in the world what we imagine and feel in our beliefs. While it may sound too simple to be true, I believe that the universe works precisely this way.

When the Sufi poet and philosopher Rumi observed that we are afraid of our own immortality, maybe he meant that it is actually *the power to choose immortality* that truly frightens us. Just as ancient initiates discovered that all they needed was a little nudge to get them to see the world differently, perhaps all we need is a little shift to see that we are the architects of our world and our fate, cosmic artists expressing our inner beliefs on the canvas of the universe.

If we can remember that we are the art, as well as the artist, then maybe we can also remember that we are the seed of the miracle, as well as the miracle itself. If we can make that small shift, then we are already healed in The Divine Matrix.

Excerpt from Gregg Braden's *The Divine Matrix*. In his latest work, Braden takes us on an extraordinary journey bridging science, spirituality and miracles through the language of *The Divine Matrix*. [Click here for more about Braden and to order *The Divine Matrix*.](#)

Additionally, you can read “Lifting Your Veil: Surviving the Ascension Process” here:
http://www.planetlightworker.com/articles_free/lisarenee/article4.htm
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IN JOHN’S MEMORY

See some rare album covers (via YouTube) at  
[http://www.denveredintorni.com/john\\_denver/non\\_official.htm](http://www.denveredintorni.com/john_denver/non_official.htm)  
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You can visit Little Mulchatna Lodge, the inspiration for John’s song “Alaska,” and featured in his last television special, “Let This Be A Voice.” Visit the website at <http://www.littlemulchatna.com/>.  
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We need him now more than ever. He was a Peace Angel while he was here. It's too bad that the powers that be didn't pay more attention to him.

Earl Bockenfeld <http://radio.weblogs.com/0107064/>  
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Cute (from <http://www.kevcallahan.com/2006/12/muppets-john-denver-and-loud-music.html>)  
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We've listened a lot to John Denver and The Muppets' *A Christmas Together*. It has remained Kelly's favorite holiday album (and one of my favorites as well). Raelin, however, has taken affection for this cd to whole new levels. To the point where a few days ago, she declared that she was in fact, John Denver. And that she was building a house out of blocks for the Muppets. And that I didn't know anything about building a house for the Muppets, but that John Denver had in fact built many Muppet houses, so he knows how to build Muppet houses.  
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From a Site Sell post that I was unable to access in its entirety  
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I met John Denver once, in Toronto. I got to drive him around for a series of events he was attending for an organization called The Hunger Project. Very nice guy. Some great songs, too.  
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From <http://andrewscottonline.blogspot.com/2006/12/61-odd-questions-1.html>  
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Q: Have you ever ridden in an ambulance?

Yes. San Diego, 1997. Near-drowning. Thank you, John Denver, for taking my place in the netherworld by dying that day so that I may live.

And you can read yet another article about his crash: “Interfaces That Kill: What Really Happened to John Denver” at <http://www.asktog.com/columns/027InterfacesThatKill.html>  
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This is a newspaper article from the Carmel Pinecone - By KELLY NIX Published: March 9, 2007

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ALTHOUGH THE Pacific Grove City Council voted unanimously Wednesday to establish a John Denver memorial near Lovers Point, a debate arose over whether to include information on the bronze plaque about the folk singer's death. And one local activist said the plaque shouldn't be allowed at all, because he didn't want P.G. to turn into Grauman's Chinese Theater.

Denver died Oct. 12, 1997, after his experimental airplane crashed about 200 yards off the coast near the Pacific Grove lighthouse. Denver's family and California Friends of John Denver are working with the city to create the plaque, which some believe should honor the singer without mentioning how he died.

"This was a very well known, popular singer," said Mayor Dan Cort. "I don't think I need something that says, 'He lost his life in an airplane crash 200 yards offshore.'"

Three other members of the public during Wednesday's council meeting also suggested Denver's life, not death, should be celebrated.

"The family didn't want the death mentioned," said one woman. "It's been very hard for them."

But Cynthia Doe, president of the fan club, California Friends of John Denver, said the family supports the decision to include the information on the plaque, which marks the first Denver memorial the singer's family has been involved with.

"We're thrilled with the memorial," said Doe. "It's a fact that John Denver perished in Pacific Grove doing what he loved best. That area speaks and reflects and mirrors his life."

John Denver's brother, Ron Deutschendorf, told The Pine Cone Thursday his family doesn't have a problem mentioning his brother's death.

"Of course," Deutschendorf said, "that would not be a problem with us at all because it is the site" where he died.

Several council members said the 14-by-14-inch plaque, or a separate sign next to it, should contain a brief note that Denver died in Pacific Grove, for those who are unaware of the fact.

Pacific Grove activist David Dilworth told the council he thought memorializing a celebrity could set "a precedent" in the city "not unlike Grauman's," the famed Hollywood theater known for its handprints of celebrities.

"John Denver wrote some marvelously inspiring songs and inspires people worldwide," Dilworth said. "As laudable as Mr. Denver was, I'm not sure this is the right thing to do."

Deutschendorf said much of the design of the plaque is finished and that it's "everything the family could hope for." Other memorials, such as at the Aspen airport, were created without the family's help and have included images of Denver that don't look anything like him.

"That's one of the reasons why I have gone to great pains to make sure that something like this — especially since it's going to be at the site that John perished — looks like my brother and is as tasteful as it can be," he said.

A mock-up of the plaque features lyrics from the Denver's tune "Windsong," his birth name, Henry John Deutschendorf, and the dedication date. The bronze plaque, which will also have the singer's engraved likeness, will be mounted on a boulder and placed in a turnout on Ocean View Boulevard between Asilomar Avenue and Acropolis Street.

A two-hour ceremony to unveil the plaque is proposed for Sept. 23. Meanwhile, the city will seek permission from the California Coastal Commission to place the plaque in Pacific Grove.

"This is the 10-year anniversary of John's accident," Deutschendorf said. "And this is only fitting. It's the time to get this plaque set up here since the city and the family are in favor of it. I think it's great."

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"When you speak with your spirit, it comes from the heart. The heart can only speak to the heart. And the heart only knows the truth."

John Denver


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MY SPIRIT STILL SINGS!

12/06/06  
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Shortly after sending out the last newsletter (Issue #43), I was walking my dogs in the backyard (something I do on a daily basis), and at one point I looked down and saw a golf ball lying there. Something told me it was a Titleist 3 (the kind John used), and I picked it up with anticipation. Sure enough...it was! Now, I live out in the country, there is a planting field behind my house, and the houses of my neighbors on either side are not close (at least an acre of land in between each of us). Also, neither one of them play golf, to my knowledge. There WAS a hole next to the ball, as though it had been unearthed from it...but the ball wasn't that dirty and the little bit of dirt that was on it washed right off. As if that wasn't enough, not long after that Margit also found one in almost the very same spot!

Eileen

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3/14/07  
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Monday and Tuesday was the first really warm spring-like warm-up we've had here. A week before we still had snow. So knowing I had this beautiful weather to look forward to, I started the day yesterday with meditation, and felt John quietly slipping into that space with me. I opened myself up to the coming spring season and thought of how there are so many spirit lessons to be learned from nature. I closed my eyes, enjoying the warm sunshine streaming through the window. And a while later, when stepped outdoors, the touch of the warm breeze was absolutely heavenly.

The first thing I did was go on a short walk to the mailbox a few blocks from my home. When I was nearly there, a penny on the ground caught my eye. I stopped to pick it up and noticed another penny and a quarter lying nearby. And in the grass was a red guitar pick in perfect condition. I smiled to myself at finding 27 cents along with the guitar pick all in the same spot. The guitar pick had the brand name of Jim Dunlop printed on it, and at first glance the name almost looked like John Denver. I thanked John for this lovely find.

After stopping at the mailbox I decided to walk around the block the opposite way to go home. And walking on that route, I found several large feathers in perfect condition all scattered together beneath a tree on someone's front lawn. They looked to be from a pigeon. I gathered 3 large feathers and thanked John again.

In the afternoon, I ran a few errands on my bicycle. And later on, I went for a longer walk. There was quite a lot of litter and a few autumn leaves still on the ground where the winter winds had blown it. And the day before had been garbage pickup day, which left a bit of blown away trash on the ground as well. And there were especially a lot of rubber bands from newspaper delivery that were littered along the street. I started picking the rubber bands up and soon had a growing bundle of rubber bands on my wrist. I also found another coin or two. The coins I'd found earlier were at home, so I put these new coins in my pocket. Then I jokingly sent the thought to John that it sure would be fun if I found a penny for every rubber band I was picking up.

Toward the end of the walk I looked at rubber bands on my wrist and wondered if there might be 27, thinking how awesome that would be. Three blocks from my home, I stopped to count. I had 21 rubber bands with 3 blocks yet to walk before I reached home. Then I found another quarter lying on the ground and I wondered whether I had found another 27 cents on my afternoon walk. By the time I got to my own block I had 27 rubber bands, but then one more rubber band lay right at my driveway. I picked it up to make a total of 28 rubber bands found. Oh well, too bad about missing 27, I said to myself. But when I got home, I reached into my pocket to count the coins I had found on my afternoon walk and there was a quarter and 3 pennies - 28 cents! I realized John really had sent me a penny for every rubber band I picked up. So now the joke was on me. How far out!

Dorothy

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3/14/07  
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Dorothy, I just love your stories. They always seem to bring something to my attention. You finding money made me more aware of the money I've been finding on the planes after my passengers have left. I have to do a "walk thru" after we deplane the passengers and cross the buckles in the seats and look for trash left behind. I've been finding dimes and pennies a lot. I HAVE NOT been counting it. A couple times, the Captain would be helping be cross buckles and he'd say "someone left you a tip". And he'd hand me the found money.

I always knew found money was from "heaven" and the Captain told me once that he found my penny with the Head side up. He said that meant good luck...which I did not know before. But I always thought the found money was a good thing. So here you talk about your found money and you are more aware of the amount. I was not paying enough attention. Even with the hints from the Captain and from another crew member once before. It was going right over my head. Thanks Dorothy for your story. This has made me realize John was doing the same thing with me. I keep all of my "found" money in a special jar. I realize now that I got 27 cents from the plane.

And the last two days of flying with this really great crew was awesome. We were flying in and out of DENVER several times on March 12. That's the day it became official that "Rocky Mountain High" is now our second STATE SONG. Well, both on the 12th and 13th the Captain called me on our interphone after I had served the passengers and invited me into the Flight Deck to watch the sunrise over DENVER. The view was incredible with the deepest reds and oranges I've seen. So on the 12th when we landed in DENVER, I have a Welcome TO: announcement to make. So I said, "Ladies and Gentlemen, Welcome to the Mile-High City of DENVER, gateway to Rocky Mountain High Country...etc." At the end of my announcement I also mentioned that on that day John Denver's RMH had become our second state song. It was a way for me to thank John. I'd been doing the welcome to part for some time now and realize now that is why I was finding the money. John was letting me know he knew what I was saying. How funny. And I wasn't catching it.

Georgiann

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"The nation behaves well if it treats the natural resources as assets which it must turn over to the next generation increased, and not impaired in value."
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Theodore Roosevelt

#### EARTH RHYTHMS

May the Warm Winds of Heaven  
Blow softly upon your house.  
May the Great Spirit  
Bless all who enter there.  
May your Moccasins  
Make happy tracks  
in many snows,  
and may the Rainbow  
Always touch your shoulder.

Cherokee Prayer Blessing

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Black Panther

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The panther is a very powerful and ancient totem. It is a symbol of ferocity and valor. In the case of the black panther, there is definitely a lunar significance. Those that align with the panther will develop greater depths of vision—of their life, of events, or other people. This is more than just psychic sight. It is an inner knowing. With panther comes the ability to develop clairaudience, to hear the communications of other dimensions and other life forms. The panther brings healing and often signals a time of rebirth, old issues can be resolved and old wounds healed. The panther signals a time of imminent awakening. The panther holds the promise of rebirth and guardianship. It is the extra protection we need in these changing times. The panther is a symbol of mastery over all dimensions. The roar of the panther is the roar of thunder!

Nietzsche once said that, "That which does not kill us makes us stronger." It is this same idea that is awakened in the lives of those who open to the power of the panther totem.

The black panther is the symbol of the feminine, the dark of the moon. It is the symbol for the life and power of the night. It is the symbol of the feminine energies manifest upon the earth. It is the feminine gift of creation found in both males and females. That which we can imagine we can manifest, and in that manifestation we CAN create. The creation is up to us.

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Obsidian

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Obsidian is a volcanic glass that is formed as the molten lava flows over the soil. It is normally black and can have many variations. Volcanic ash can mix with the molten Obsidian to form Snow Flake Obsidian, black Obsidian with white spots. When change is in your life it can bring balance. Meditating with Snow Flake Obsidian can bring deep-rooted negativity to the surface where it can be dealt with and removed. On

occasion different minerals of many colors will be trapped in thin layers of Obsidian to form Rainbow Obsidian. This brings calmness and the joy of the rainbow found in all of the vivid colors.

Obsidian is a very efficient grounding tool and root chakra stone. It is a protective stone. It absorbs negativity and directs it to Mother Earth where it is processed and neutralized. Negativity is a distraction to our mental and physical processes, leading us from the positive direction that we intend to follow. Obsidian removes the chatter that goes on in our thoughts when we become overloaded or overwhelmed. With the chatter removed, we can concentrate on what really matters. Apache Tear Obsidian can be used to remove grief. Indian folklore records the Apache Tears are the tears of the women who mourned the loss of their husbands and sons in battle. They remove our grief leaving peacefulness and acceptance.

Obsidian is a wizard's stone. When seeking an answer, gaze into the obsidian for five minutes every day with the question in mind. Within three or four days the answer will manifest in a peaceful manner. Obsidian can be used to restore other crystals and minerals that have been abused, returning to them their former power. Placing the abused crystal in the near proximity with the obsidian for an hour or over night does this. It is also used to cleanse other crystals before a crystal healing session. This removes any unwanted energies from the healing crystals, unmasking the real healing power of the crystals, like sharpening your tools before an operation.

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And here are some great sites for highly aware families, children, and their teachers:

<http://www.rainbowplanetconnection.com/index.html> and <http://www.earth-walk.net/index.htm>.

EDITOR'S NOTE: "Coincidentally", I have started to develop some similar programs to offer in my area, and the Earth Walk folks are only one state away anyway...another example of the LOA???

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**"We live, we die, and like the grass and trees, renew ourselves from the soft clods of the grave. Stones crumble and decay, faiths grow old and they are forgotten but new beliefs are born. The faith of the villages is dust now...but it will grow again...like the trees. May serenity circle on silent wings and catch the whisper of the winds."**

Chief Joseph of the Nez Perce

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HEAVENLY CONNECTIONS

It's 9 AM Friday morning in heaven. Everything by all accounts should be copasetic. The piped-in harp music is coming in loud and clear, the thermostat is set at a comfortable 72 degrees for a change, someone is coming around with a birthday card for Julia Child to sign so you know there's going to be some seriously depraved angel food cake later on and John Denver is giving guitar lessons at 2:30.

Source unknown

From the latest Beacons of Light newsletter

With all of the physical changes taking place the emotions are all over the board, dear ones. There will be depression on this planet like never before and there will be many who go inward with the creative energy rather than outward. We tell you that repression of energy is the greatest problem you have on this planet. You are god and repressing any part of that will create problems in the physical and emotional bodies. It always has, and yet now humans will be even more sensitive to that than ever before. You can personally make a difference there. Take that as a call, dear ones.—a call to action, for that is where you can make a difference first. Help people to move that creative energy outward rather than inward. You are here to shine your light. And whether that is working with your next door neighbor or teaching thousands of people is up to you. We will never tell you which way to turn, but we can say that you hold the key and you are a disciple of the Light. You have dedicated yourself to the study and use of Light for many lifetimes and that is why we call you the disciples of the Light. You are the ones who can help people to pick up their camera and find the best angle. You are the New Family of Light and you came in with the greatest hope that humanity would make it to the point that it is right now. You are being called to action. There will be no more closet Lightworkers. We now leave you with three simple reminders: Treat each other with respect, nurture one another and play well together.

A Message From The Star Beings – Through Karen Bishop

I asked them what they would like to say today, if anything, and this was their reply: "They say that we are on the threshold of a glorious time of much light and incredible manifesting. The spring equinox will bring forth a jump start for some rapid creations. They (the star beings) are still at arms length, as they are waiting to see what we will bring forth, as it is up to us. We will be creating special spaces for them to commune with us...spaces where they will be welcomed, but as guests. When we begin creating the New Earth in earnest,

they will be available for advice, but must be asked first, as they are required to honor and respect what we choose to create here. They are happy to do so, as we are simply manifestations of them in a future and more evolved form. So then, we are creating for them as well. All fresh and new and we are at the helm. They are watching us very closely, and with great love and reverence. We hold the power and they are behind us 100%. They are grateful for what we are doing for them, as we are evolving them as well...we are simply aspects of them that are here in form as we expand into the New Universe. It is a most glorious re-birth for us all. As we begin vibrating higher and higher, we will remember who we really are more and more. We have been here forever, even though it may not feel like it at times. We are making great progress. We have much more power than we realize."

From *Your Immortal Reality* by Gary Renard

"Each day that you forgive, the effects of all the world's mistakes are melted as snow into a burning fire. No more guilt, no more karma, no more fear of what may be. For you have met yourself and declared your innocence, and all that follows is as natural as God.

"No more birth, nor old death; these were just ideas. If you should come again to help a few more to find the way, so be it; but you are not a body, you are love, and it matters not where love appears to be. For being love, it cannot be wrong.

"The day will come when pain is impossible, love is everywhere, and truth is all there is. You've longed for this forever, often silently and without knowing it. The knowledge of what you are is more certain now, and love has forgotten no one.

"The day will come when the world will sing the song of spirit instead of weeping tones that hide the Voice for truth. The day will come when there is nothing left to forgive, and celebration with your sisters and your brothers is in order.

"And then the day will come when there is no more need for days. And you will live as one forever in the holiness of your immortal reality."

If you believe in stuff like I do, yesterday went ok. On the way to the IUI, we heard "Annie's Song" by John Denver on X.M radio. It was the song my boyfriend's dad sang at my wedding (he died 3 days later) so Mr. Kir was saying he must be thinking of us. He also kept reminding me that on Christmas Eve, a woman we know from church stopped us and asked us if she could ask us a personal question because earlier in the week she had been praying and felt that God asked her to "pray for us to have baby." We have not shared our story with her, in fact we do not know her well, so for Mr. Kir this is clearly a sign and I am starting to believe he might be right. Or maybe she figured out that we have been coming to church together for 3 years and there is no baby yet....in any case it was nice of her to tell us that she is praying for us. Along with the fact I have great respect for people that have a stronger Faith than me and if she is willing to pray for us, if she feels it really was "laid on her heart" then I have to believe that and hope that it brings us good things. We also got to see my Dr. yesterday and she was quick to stop and tell me that she was happy with the follicle on the left side and that things on "paper" look excellent. I want so desperately to have a sign that comes to me and tells me that things might just work out. I can't tell you how hopeful I am trying to be during this 2WW. Instead of thinking "why would it work?", I have been thinking "why shouldn't/ wouldn't it?" I have just as much a chance of this working as anyone else...like a poster said yesterday: "the body is an incredible thing" and even with my one lousy tube, there is always reason to THINK that it will work.

Spiritual Contact: Gifts of Love through the Veil - By Linda Pendleton

If I have learned nothing else in my life, I have learned how powerful love is, and that love lives on beyond the shedding of the physical body. And for me, Valentine's Day is always a reminder of that. I want to share with you my story about diamonds and poetry, and how years later the synchronicity of sparkling diamonds and love poems all came together as a beautiful message of love, never-ending... Read on:

http://www.selfhealingexpressions.com/spiritual_contact.shtml

Linda Pendleton, medium and author, is the creator and instructor of the courses "Healing Whispers: Communication with Your Spirit Guides & Angels" and "Journey to the Heart: Exploring the World of Spirit". Details: http://www.selfhealingexpressions.com/course_overview_22.shtml

Messages from Beyond: http://cbs3.com/specialreports/local_story_280210713.html

From <http://www.extraordinarygriefexperiences.com/>

Millions of people who are grieving the death of a loved one often experience a phenomena which helps them deal with their loss. However, it's commonly dismissed by family, friends, and some counselors as an artifact of grief or a product of the disorganization and anxiety of the grief process.

This site is designed to normalize the phenomena and recommend that it be used to help the person who has the experience -- as well as those who have yet to have the experience -- deal with the loss of their loved one. These powerful events benefit the bereaved and their caregivers by restoring hope, giving comfort, and opening up a whole new way of looking at life and death. The issue is not where do these experiences originate but the fact that they do happen for a purpose and how should we use them.

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**"My heart is all gratitude to music, for it keeps me all the time in touch with my Universal Self."**

Sri Chinmoy

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SONGS OF...

From <http://brain.hastypastry.net/forums/showthread.php?t=6694>

These past couple days I've been listening to a CD set of mine, "John Denver's Greatest Hits." I love listening to him. When I was a teenager I learned a lot of his songs on my guitar and one of my favorites was "Looking for Space" where what he sings describes bipolar disorder so well, even though I knew nothing about it at the time.

I was just reading this today (from <http://www.lariat.org/AtTheMovies/es...enverhits.html>)

"More than just a musician and singer, though, Denver, was most of all a songwriter. His best songs have intensely personal lyrics with universal appeal. From time to time his inner demons come to the surface, as in "Looking For Space" when he sings, "Sometimes I fly like an eagle/ Sometimes I'm deep in despair." This lyric sums up his bipolar disorder very well. "Like a Sad Song" also reveals Denver's times of despair. Denver was also an alcoholic, a condition which haunted him to the very end. Yet, some of his songs are incredibly joyful and soulful, like "Sunshine on My Shoulders," "Rocky Mountain High" and the raucous "Thank God I'm a Country Boy." Perhaps Denver's greatest gift to the world was that he shared his joy with us much more than he shared his pain. He suffered a lot in his life, but his music is overwhelmingly positive, loving and soulful."

I guess that I would add that I appreciated his sad songs about as much as the happy ones. I could/can relate to both.

Sandy

From <http://donteatalone.blogspot.com/2007/01/cant-wait.html>

It's not that we have done nothing. Many of us have written letters and blog entries calling for change. Some have written songs, even books. Hardly a day passes that I don't have a conversation with someone lamenting what is going on. Yet, more people stood in line at Christmas to get an Xbox 360 than have taken to the streets demanding real accountability and real change.

We are allowing ourselves to be kept on the runway, out of touch and unable to move.

I've been sitting here staring at the screen, wondering whose words I can implore to make my point. When I was first learning to play my guitar, Simon and Garfunkel recorded a song called "Last Night I Had the Strangest Dream." I went looking for the lyrics.

Last night I had the strangest dream
I'd never dreamed before
I dreamed the world had all agreed
To put an end to war
I dreamed I saw a mighty room
The room was filled with powerful men
And the paper they were signing said
They'd never fight again

And when the papers all were signed
And a million copies made
They all joined hands and bowed their heads
And grateful prayers were prayed
And the people in the streets below
Were dancing round and round

And guns and swords and uniforms
Were scattered on the ground

Last night I had the strangest dream
I'd never dreamed before
I dreamed the world had all agreed
To put an end to war

I also found something else apropos of this discussion: a video clip of John Denver singing the song, prefaced by an interesting poem I've not heard before.

As I've said before, Denver was one of the folks who helped me learn to play guitar (his records did, anyway). I saw him in concert several times. He was the consummate idealist: he said the words in the poem as though he meant them, he believed them. As I watched the clip, I realized one of the reasons we may not be rising up in indignation is we don't really believe the world is going to be much different than it is being painted for us by Bush and the other artists in The School of Violence and Cynicism.

Sound Therapy

Not surprisingly, music as sound-therapy has been utilized by Wisdom traditions worldwide as a means of connecting us to Source by re-focusing our attentions beyond the conscious, often critical, mind to escort us home to the center within. Once home, armor donned to protect and defend is lay down and discarded.

Peace reigns within, and the body begins to relax and release tension. Ayurvedic medicine calls this stored tension *muscle armoring*. Muscle armoring happens when our bodies are repeatedly exposed to stress, creating a "lock-down" that denies our muscles nutrients, inhibits our flexibility and, in turn, our physical bodies become engaged in a perpetual state of defense.

Recently, Steven Halpern re-introduced crystal bowls as healing tools, while Buddhist monks have long employed brass singing bowls to entrain vibrations into a sine-wave harmonized with a state of un-attachment ... of letting go ... to flow beyond resistance into persistent peace.

Others, such as Dr. Hans Jenny, pioneered the Science of Cymatics, the study of wave phenomena, by revealing how sound manifests into form through the medium of various materials.

Imagine what our bodily waters do when experiencing musical tunes? Thanks to Hans Jenny, and others such as Dr. Emoto - it's an easy thing to do!

From www.realsimple.com

Finding your song is not hard. Maybe this little story will help: Not long ago, I coached a 40-year-old man who worked for an asset-management company. His CEO had told him to beef up his communication skills. Well, this became one of the easiest assignments I had ever had. Early in our conversations, Roger and I started to talk about sports. It turned out that Roger had been a star on his high school soccer team. We talked about his toughest game, one that he had helped pull out of the fire to win the league championship. "What did you think about when you drove to the game?" I asked. "What did you think when you walked onto the field? Did you have a song you loved?"

"I can't believe you're asking me that," he said. "I did have a song. I played it on the way to every game and sang it in my head on the field. You're going to laugh, but it was 'My Sharona,' by the Knack. I loved it. It never failed to get my juices flowing."

"That's the answer," I said. "'My Sharona.' The work you do is just another kind of game — don't you see? You need to have the same spirit and energy when you meet with a client as you had when you took the field."

"Wait," he said. "You mean I should sing 'My Sharona'? You're kidding, right?"

"Nope," I replied. "You should belt it out at the top of your lungs on the way to the meeting and hear it in your head when you walk in. Try it."

I know it sounds crazy, but singing that silly song made all the difference. Roger came out of himself; he became a motivator. He energized his clients, and they loved it. Now he's the guy the CEO goes to when she

wants to clinch a deal. And he did it all by recapturing a moment in his life when he felt unstoppable and by replaying the song that made him feel that way. Looking back for those moments is probably the easiest way to find your song. (And, by the way, it should be just one song. Of course, you might love a bunch of them, but it's important to choose just one to pull out and sing when your ego is on the line. I love Elton John's "Tiny Dancer" a lot. But that's not the song that lets me own the room. Only "I'm the Greatest Star" does that.)

What would it take for you to know you're exactly the right person, at the right place, at the right time to get what you want? What song would you hear and sing when you've decided to be energized, unforgettable, and irresistible — and you have only 15 minutes to figure out how? Here's what it takes: You have to find your song and sing it. Sing it for all you're worth. Why not? This is exactly the right time for you to step into the limelight. The world has been waiting for you to knock 'em dead. So, what's your song?

1. Find your song.

Think back to a moment in your life when you felt like a million bucks. Maybe you were on the bus in high school, returning from a great softball game; or at a dance when that extremely cute guy pulled you out onto the dance floor. What were they playing? What were you singing? That's your song.

2. Sing it.

Out loud if you can, or just to yourself in an elevator or on a busy street. Sing it on the way to the interview, the big presentation, or the first date, or going to school to pick up the kids after a bad day.

3. Share it.

Ask someone you love what his or her song is, and tell that person yours. (And if you're stuck finding yours, you can always steal one. Nobody will mind!)

4. Use it.

Remember — no matter how worried you are, no matter how far behind you're running, your song will get you there. In a pinch, you can always sing Gloria Gaynor's "I Will Survive," right? That will do it.

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FROM HE WHO SEES THE EAGLE

3/18/07

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I have to say it... "Far out!" In my experience as John Denver I would have been pretty enamored with all the positive feedback and attention my music and I have been receiving lately. Now I understand it as simply my influence upon the world that I set forth as my intent before incarnating...and nothing short, or nothing more, than just that. And now...NOW...the things that I spoke about to you 10 years ago (in Earth years) are finally coming to light in the physical dimension. Our worlds are merging as never before...it is awesome, and I am no less amazed than I was when this process first begun!

4/22/07

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When you learn how to be truly happy and innocent (free of guilt) in the moment, all your dreams will come true. That's what the Bible means when It says that unless you become like a little child you will not enter into the Kingdom of Heaven. Heaven is not a place (although there ARE places IN heaven), nor is it limited to a particular non-physical dimension ...Heaven is a state of being of the Spirit! When I stopped being happy (not only in my expression as John Denver, but in other ones, too) my dreams stopped coming true like they used to. And there were more repercussions because of the guilt. God doesn't punish us—we punish ourselves. God only sees our pure spirit, not any of the human stuff. That is strictly a fabrication of humans and God doesn't judge that. He observes as a parent observing their child at play, knowing that it is simply that. Earth is our playground; but we are the ones responsible for keeping it safe, clean, and most of all FUN!

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"Teach this triple truth to all: A generous heart, kind speech, and a life of service and compassion are the things which renew humanity."

The Buddha

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CHOICES IN ACTION

<http://www.urth.tv/> - The social network for people who value consciousness, vibrant living, and a sustainable planet. Join today for FREE and they will plant a tree in celebration of Earth Day!



For more environmentally responsible choices, check out <http://www.thegreenguide.com/> , including the new Benjamin Moore's "Aura" paint collection, and <http://www.responsiblepurchasing.org/>

Also, you can upgrade the lights in your house, make the change at work, help out your neighbors, or donate bulbs to a local charity. How much can you save? Use the Energy Star Energy Savings Calculator. (For savings calculator go to: [http://www.energystar.gov/index.cfm?c=bulk\\_purchasing.bus\\_purchasing](http://www.energystar.gov/index.cfm?c=bulk_purchasing.bus_purchasing) and scroll to bottom of page.)

Here are three of the many sites where CFLs may be purchased:

[www.bulbs.com](http://www.bulbs.com), [www.topbulb.com](http://www.topbulb.com), [www.fullspectrumsolutions.com](http://www.fullspectrumsolutions.com)

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Dec. 22, 2006 - UPDATE - - - John Denver U.S. Postage Stamp (by Carole Romanowski)

Great news! I received a letter today from the Citizen's Stamp Advisory Committee stating John Denver is definitely under consideration by the committee "for future stamp issuance"!

Since "the Committee decides on new stamp recommendations far in advance of the issue date", the 2007-8 stamp programs have been chosen and completed, but stamp subjects for 2009 and following years are being currently selected. So please sign and send in the stamp letter if you have not already done so to further encourage this stamp's circulation. We will be notified of John's stamp release "in the Fall preceding the year of issuance."

Thanks to all who so far have participated to make this group project a future success!

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Rocky Mountain High by Dan Garrett

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I have had the good fortune to visit the beautiful state of Colorado many times. Three things have become evident to me:

- (1) There is no littering in Colorado. People don't throw trash in their neighbors' yards. The laws in Colorado against littering are very stringent. They don't fine you for littering in Colorado — they lock you up!
- (2) There are no billboards in Colorado. The state of Colorado outlawed them many years ago, so there are no eyesores to detract from the obvious beauty of the Rocky Mountains.
- (3) The rivers and streams in Colorado are not polluted. You can stop at a roadside stream or river and drink your fill without danger of illness.

I brought up these points for a reason. What in God's name have we lowered ourselves to here in Alabama that we trash our highways and streets and our neighbors' yards? Why must we have billboard advertising cluttering up our highways and spoiling the view of the beautiful scenery that God gave us? And what have we done to our rivers, lakes and streams? Old tires, old cars, license plates, paper and just trash are thrown into these waters. We cannot drink from them nor can we eat the fish caught out of those streams, rivers and lakes.

Yes, Virginia, there is heaven on Earth and it is called Colorado. John Denver knew exactly what he was singing about. How very sad that Alabama can't be like that. The Alabama that I knew as a child growing up was like that. <http://www.annistonstar.com/opinion/2006/as-letters-1231-speakout-6l29t2820.htm>

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Catskill Environmental Center

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If you live in New York you might be interested in visiting and/or learning about the Catskill Center for Conservation and Development: <http://www.catskillcenter.org/premiums/wallpaper2.html> . You can also read a BioGems article about it here: <http://www.savebiogems.org/firsthand/>

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Peace My Friends

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Check out the upcoming TV documentary series titled The Science of Peace. It is to be produced for PBS supported by the Institute of Noetic Sciences. Please view the trailer preview at:

<http://www.thescienceofpeace.com/demo.html>

A Peace Miracle in Washington, D.C.!

My good friend and JD soul sister Alice Yeager attended this event and sent me the following websites about the peace sign that appeared on the lawn during a James Twyman peace gathering on March 25:

[http://www.emissaryoflight.com/.aspx?content=Peace\\_Sign](http://www.emissaryoflight.com/.aspx?content=Peace_Sign)

<http://www.communitiesofpeace.org/>

10 Million Posters for Peace - <http://www.10millionposters.com/?h=1#Anchor-56676>

Find out how your FREE poster can help bring the world's troops home while sheltering and feeding war refugees. Each poster has instructions on how to use the Law of Attraction to create peace. By faithfully following the instructions, you'll be joining millions around the world to stop violence and bloodshed.

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What One Man Can Do - [http://outsidein.typepad.com/outsidein/2006/12/my\\_christmas\\_st.html](http://outsidein.typepad.com/outsidein/2006/12/my_christmas_st.html)  
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#### An Inconvenient Tune-Up

A good friend recommended that I see former Vice President Al Gore's documentary, "An Inconvenient Truth" last week. I expected information. What I got was a revolution.

Words cannot describe how I felt watching it, and how I feel today, as I'm sharing this with you. To be honest, I'm a bit frightened. I was not fully aware of the extent to which our world is experiencing a climate crisis. What scares me more is that there are billions just like me, left in the dark.

As we learn from the kabbalists, every problem has both a 1% (material, physical, logical) solution and a 99% (immaterial, spiritual, illogical) solution.

This week, I ask you to contribute to both.

On the 1% level, I urge and implore you to see "An Inconvenient Truth," and to show it to your children, your parents, and anyone who has 90 minutes to spare. You will discover a long list of practical, simple actions you can take on a daily basis to help neutralize this crisis. Visit [www.stopglobalwarming.org](http://www.stopglobalwarming.org) to learn how you can stop being part of the problem and become part of the solution.

On the 99% level, I urge you to meditate daily on the 72 Name below. In addition to kabbalistic meditation, keep in mind that the warmer we are to our friends and ours foes, the cooler our planet will become in terms of eradicating global warming.

Therein lies the ultimate paradox.

If we want to reverse global warming, then we must reverse our cold, indifferent and intolerant behavior. My father and teacher Rav Berg has often explained that the environmental pollution around us is merely a reflection of the pollution within. This is a profound concept that is explained at length in The Rav's classic book, [The Power of You](#).

When a critical mass of individuals devotes themselves to change, we are able to achieve greater impact than the sum of our numbers. We've done it before. Let's do it again.

A couple of weeks ago, I shared with you my pain over the illness of a beloved little one. I want to thank you for your prayers and kind wishes. And because I know with your help, this little boy will have a long life ahead of him, I also want to make sure that our planet is not only livable for him and his generation, but that it becomes a heaven on earth unlike anything humanity has yet to know.

All the best,

Yehuda Berg

"Kaf Lamed Nun" (scan/read from right to left) - Eradicate Plague

Using this name summons forth Light to wipe out these plagues at their root. Think about smoking, cancer, AIDS, pollution, nuclear waste, depression, heart disease, hatred, or any other plague that infects the world. Now summon forth Light to wipe out these plagues at their root.

EDITOR'S NOTE: Coincidentally, I did have the opportunity to view "An Inconvenient Truth" this week at a nearby nature center. I still do believe, that as each one of us becomes evermore conscious of our thoughts and trains them to lead us in the right directions for the highest good of all, the opportunities for change on this planet will open up like never before...to meet this environmental challenge that we have never before experienced. We'll apply the solutions that Al Gore has proposed, and more...we'll start to turn things around, and then the Arctic and Antarctic waters will again begin to freeze and form new glaciers, new rivers and tributaries will form, and formerly unstable ecosystems will begin to regain their balance.

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#### HEALTHWATCH

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Get the facts about the vitamins you take! And find out where to purchase your supplements. There is a slight cost for the reports but you can subscribe to their newsletter for free, and the rest of the website is chock full of other great info as well. <http://www.consumerlab.com/index.asp>

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From Machaelle Wright

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Dear EarthSavers:

There's no doubt that these are challenging times, but they are not beyond our reach. As individuals we can still have a positive impact on the outcome of these different challenges. However, to do this, we will need to re-energize our commitment to live and act in environmentally-friendly ways. If ever there was a time to create a conscious partnership with nature for working with our personal environment, our land, our daily life habits, our businesses and jobs, it's definitely now. Nature has the road map for getting through

these challenges while, at the same time, achieving and maintaining a state of balance with the planet. I urge you to get the two *Perelandra Garden Workbooks* and establish your conscious working relationship with nature now. And if you already have that partnership established, I urge you to review how you and nature are working together and in what areas of your life. Then, in this Year of Planet Earth, take your partnership up a notch or two. Remember, we have the Question Hot Line to help you with any questions or snags you might run into. [http://www.perelandra-ltd.com/Garden\\_Workbooks\\_P244C3.cfm](http://www.perelandra-ltd.com/Garden_Workbooks_P244C3.cfm)

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And an article about El Nino and global warming:

<http://news.independent.co.uk/environment/article2116873.ece>

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John Denver Tribute in Pennsylvania

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Spirit Connection's 4th annual John Denver tribute at Raystown Lake featuring Chris Westfall, the Friends With You Band, and others, will be held Sat. August 11 from 6-10 p.m. at the Seven Points Amphitheatre.

For more information, visit <http://geocities.com/spiritwsconnections/>,

<http://Raystown.nab.usace.army.mil/Default.htm>, email [spiritwsconnections@yahoo.com](mailto:spiritwsconnections@yahoo.com), or call the Seven Points Visitor's Bureau at 1-888-RAYSTOWN.

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Can Heaven Talk? Moving Beyond the Grief - North American tour beginning Oct. 27, 2007

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Ever since I wrote the book, "My Search for the Afterlife," I've often wondered what my purpose in life is suppose to be. During 1964-1968 I had (3) sets of orders to report for duty in Viet Nam; each time the orders were canceled for one reason or another. Did I have an Angel above watching out for me at the time, unlike many of my fallen friends and comrades; or was there a higher purpose my life was destined to experience and fulfill?

The journeys with my deceased son, Sean, have provided many Spiritual Crossroads in my life. Every crossroad proven to be a lesson to learn; as well as, another way to help those in grief move forward over the loss of a child, family member, close friend, or even the family pet.

In April of 2006, through a phone reading with a renowned psychic/medium, I was reunited with another son, Anthony, lost through an abortion almost thirty-five years earlier. The emotional impact this reunion had on my state of mind was so intense and thought provoking, I finally decided to step down off the fence rail I found myself sitting on for many years, in regards to making a commitment, to the controversial question of Woman's Rights: Pro Choice? or Pro Life?

My continued journey, with my two sons by my side, took me in the direction of the Radio/Television media networks to tell our story; hopefully, helping as many people as possible move forward in their own personal grief over the loss of a loved one.

I soon realized many of these gifted psychic/medium radio and television personalities, unique in their own way, also had, and strongly felt, a higher purpose in their own lives to help those parents, family and friends deal with the loneliness and desperation when losing someone very close.

The North American Tour 2007: Can Heaven Talk? Moving Beyond Grief is designed to give you answers so you can be able to take that very important next step forward in your life after the loss of a loved one. There will be time allotted, towards the end of this seminar, for messages coming from your loved ones; nevertheless, the main focus will be helping everyone move beyond their grief.

Come and be part of our audience and listen to our messages of hope and healing. Feel your own Spirit Guides and Angels intensify their presence, within your heart, mind and soul, as each gifted personality delivers their own God given messages of healing when The North American Tour 2007 comes to your city across America and Canada.

PRESENTING ... Seminar Team Healers and Guests

Guest Derrick Whiteskycloud: Psychic/Medium, Spiritual Counselor, Radio Show Host/Producer, "Between 2 Worlds," and teacher of Shamanic Healing, offered from the Great Spirit and passed down to those who wish to listen thru the sound of the drum beating within Mother Earth. Mr Whiteskycloud in known by fellow Canadians as the, "John Edward of Canada." Mr Whiteskycloud lives in British Columbia, Canada. Website: [www.whiteskycloud.com](http://www.whiteskycloud.com)

Guest Natalie Smith-Blakeslee: Psychic/Medium, Grief Consultant, Pet Communicator, Television Show

Host/Producer, "Messages from the Light," [www.messagesfromthelighttv.com](http://www.messagesfromthelighttv.com). Natalie is also a bereaved mother who lost her daughter, Carrie, Oct 2005. She, and Dennis, both feel their children brought them together to help people move beyond their grief; a united force to be reckoned with in the years to come. Natalie lives in Erie, Pennsylvania. Website: [www.loveandlight.com](http://www.loveandlight.com)

Guest Rev. Donna & Dudley Voll: Psychic/medium, teachers, Angel portraits, Radio Producers/Hosts, "Spirit Connections" [www.worldtalkradio.com](http://www.worldtalkradio.com). Rev. Dudley Voll is a certified spiritual healer. Ms. Voll is able to connect Mr. Spalding with another son in April 2006, lost through an abortion over 35 years earlier. Mr. & Mrs. Voll live in Atlanta, Georgia. Website: [www.angelstoguideyou.com](http://www.angelstoguideyou.com)

Guest Kelly Marie: Medium, Spiritual Counselor/Healer, Animal Communicator/Healer, Reiki Master and Radio Producer/Host, "Healing Communications," [www.7thwavenetwork.com](http://www.7thwavenetwork.com). Kelly Marie lives in Garibaldi, Oregon. Website: [www.healingcommunications.com](http://www.healingcommunications.com)

Guests Diane & Pete Abercrombie: Bereaved parents of, "Bryan Paul Abercrombie." Their personal story is talked about in, "My Search for the Afterlife." The Abercrombie's live in Salt Lake City, Utah.

Guest Terri Bergman: Bereaved mother of, "Ashley Bergman." Her personal story is talked about in, "My Search for the Afterlife." Ms. Bergman lives in Seattle, Washington. Website: [www.ashleybergman.com](http://www.ashleybergman.com)

Guest Dennis Spalding: Co-author, "My Search for the Afterlife," and Bereaved parent. Mr. Spalding lives in Des Moines, Washington where he continues to write about the journey with his (2) sons in his next book, "Messages from the Next World...His Signature." Please visit his Cemetery on the Internet, "The Garden of Flowers" where you can enter the name of your own lost loved one, to visit in the comfort of your own home, any time day or night. Website: [www.mysearchfortheafterlife.com](http://www.mysearchfortheafterlife.com)

#### Tour Schedule

Date Location Time

October 27, 2007 Seattle, Washington 6:00 - 9:00 PM

TBD Cleveland, Ohio / Erie, Pennsylvania TBD

TBD Atlanta, Georgia TBD

TBD Ashville, North Carolina TBD

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WISDOM OF THE PEACEFUL WARRIOR – By Dan Millman

Go to <http://www.amazon.com/exec/obidos/ASIN/1932073213/ref=nosim/peacefulwarrior> to learn more about my newest book -- one of the most satisfying I've yet written. Make no mistake: You have not truly read or understood *Way of the Peaceful Warrior* until you've read *Wisdom of the Peaceful Warrior*. You can pre-order online and receive the first copies available -- or check with your local bookstore later this month.

**EDITOR'S NOTE:** Dan loves John...he listened to JD while he was driving across country and while he was writing *Way of the Peaceful Warrior*...he told me so himself! I was lent this book by a friend to read while I recovered from the broken foot I had prior to John's passing in 1997, and I believe it was meant to serve as one of the many preparation tools I received that would help me be ready to connect with John once he was on the other side. I can't wait to see the movie that was made about it!

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THE EAGLE AND THE CONDOR – By Jonette Crowley

Go to <http://www.theeagleandthecondor.com> to learn more. I got chills as I was reading about this because Ms. Crowley's story resonates with me on so many levels...all the experiences with John and everything...and also the way the book she wrote is more than just a recounting of her experiences...it is a multi-level teaching manual as well. Well, I'm still working on my book like that...and also trying to figure out what details to include and what is meant to be kept private. (It says this woman was happily married when she encountered her twin flame...I wonder what her husband thought about that?) She also conducts workshops and does private readings channeling her spirit guides, Mark and White Eagle.

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Handbags made by tsunami "victims" - <http://www.laga-handbags.com/handbags.html>

Our stunning handmade handbags are more than fashionable accessories. They are hope and help, in the form of exquisitely hand-crafted pieces of art. All Laga bags are handmade by the people in the province of Aceh, Indonesia; by Hanna, by sisters Salbiah & Ratina, by Jurina and other very talented artisans. Each handbag sewn and sold brings hope for a better tomorrow.

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From <http://www.wisdomcrystals.com/> - Home of the monthly Crystal Star Oracle Reading

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It is the mission of Wisdom Crystals to assist fellow travelers along their spiritual paths and we invite you to enjoy all of the information and support this site has to offer. For seven years Wisdom Crystals has provided quality crystals, stones, jewelry and metaphysical items along with education, counseling, and support to our clients and customers.

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PEACE ON EARTH – PEACE ON EARTH – PEACE ON EARTH – PEACE ON EARTH – PEACE ON EARTH
WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE
ONLY LOVE IS REAL – ONLY LOVE IS REAL – ONLY LOVE IS REAL – ONLY LOVE IS REAL

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***"I'm with you in singing skies and dancing waters,  
Laughing children, growing old  
And in the heart and in the spirit  
And in the truth when it is told."***

*John Denver*