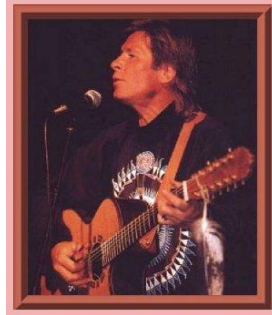


## REACHING FOR HIGHER GROUND

March, 2003



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## "HEALING TIME ON EARTH"

Let the mountains talk, let the rivers run  
There is wisdom here, there is much to learn  
There is much to know, much to understand  
In this healing time all across the land

You have heard my songs, for so many years  
 You have laughed with me, washed away my tears  
 You have shared my joy, you have felt my pain  
 In this healing time, walk with me again

Through these darker days on this narrow line  
Help me find my way, help me see the signs  
I am not afraid, I am not alone  
You have taught me well, you have brought me home

Let the mountains speak, let the rivers run  
As the world awakes to the rising sun  
In each brand new day, in our own rebirth  
In this healing time on our Mother Earth

Let the mountains talk, let the rivers run  
There is wisdom here, there's so much to learn  
In each brand new day, in our own rebirth  
In this healing time for our Mother Earth  
In each brand new day, in our own rebirth  
In this healing time, here on Mother Earth.

John Denver

<http://www.crystalinks.com/mountaingod.html>

Hello once again!

Another lesson that came up for me recently was that sometimes I get caught up in worry about what to say and/or do, what not to say and/or do, *how* to say what I say, do what I do, how *much* to say and/or do, etc.....Like John said in "Wandering Soul," ALL MY LIFE I want to know.... But then I stop myself and remember that that's where faith comes in. And then a song like "Let It Be" comes on the radio and someone sends me something like the following URL: <http://www.tsunytakahet.com/umdaetb.htm> . And I am transformed, again, by the simple synchronicity of God saying, "It's OK." And the lesson becomes one of self-forgiveness, because I am assured that my day-to-day human imperfections don't change who I am eternally. One day I passed a church marquee that read, "*God doesn't call the qualified. God qualifies the called.*" That stuck with me because it's true! So if He calls me I know He will qualify me and not lead me astray. It's OK to stand firm in my faith and knowledge, and be who I am! It's OK to **"trust in what I feel and follow my heart until it brings me home."** (And I just realized that I was sent two poems for this issue that say pretty much the same thing—"Let Your Heart Show You the Way" and the excerpt from Alan Cohen.)

Eileen

"Hi Everyone,

*Some of you have asked about details of the surgery. I am not revealing that information (only a handful know)... all I will say is that it was necessary in order to save her life ... which it did.*

*Pamela Beasley*

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Edwin John Dingle, F.R.G.S., R.A.S.

*(Original founder of the Retreat Center and author of My Life In Tibet, Borderlands of Eternity, and Across China On Foot. In 1927, Dr. Dingle founded The Science of Mentalphysics and established the Retreat Center, initially to serve as headquarters for over 216,000 practicing students.)*

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## POEMS, ARTICLES, AND STORIES

This one was from a post on Mumze's message board that was meant for an earlier issue but got lost in cyberspace for awhile!

Hello Everyone,

At this time it looks like I will not be able to come to Aspen. I will be thinking of all of you and I hope all goes very well. My heart will be with you and when you are at the Bells, know I am with you in spirit. I have written a little poem, which will be a song. I am sending these words with you.

On the Mountain Top- By C. A. Walling, 9/2/2002

-----  
He walks the trail alone  
And longs for the mountainside  
He hears the songs of life  
And his heart is filled with pride

He wonders where his life has gone  
As hears the music play  
He walks the trails in silence  
For he has nothing to say

He hears the mountains calling  
With the songs he love to hear  
He feels their voices calling  
As they try to pull him near

But it's a long, long journey  
To get to the place he loves  
So he walks the trails and wonders  
As he thinks of his lost loves

As he walks he wonders  
Will he see them again?  
Or will he go on walking  
And dream his dreams of friends

Will he set at their feet and wonder?  
Of the joy they've given him  
Or will he just go on walking  
And never see the rim

His heart is filled with wonder  
Of the places he has seen  
And his joy begins to fill him  
And he loves to dream his dream

He'll be standing in the foothills  
Sings his songs for you  
In the land so full of wonder  
In the land that makes him new

For the mountains are so old  
They make him young again

As he stands there looking at them  
There is no room for pain

So next time you're in his mountains  
Look up there at the top  
You'll see the singer singing  
And you know he'll never stop

Have a great time in Aspen.  
Peace and Love,  
the Natureboy  
\*\*\*\*\*

Pipes of Peace (from Adriana)

-----  
I light a candle to our love,  
in love our problems disappear  
But all in all we soon discover,  
That one and one is all we want to hear

All round the world,  
little children being born to the world  
got to give them all we can till the war is won  
than will the work be done

Help them to learn  
songs of joy instead of burn baby burn  
let us show them how to play  
the pipes of peace  
play the pipes of peace.

Help me to learn  
songs of joy instead of burn baby burn  
Won't show me how to play  
the pipes of peace  
play the pipes of peace.

What do you say?  
Will the human race be run in a day ?  
Or will someone save this planet  
we're playing on?  
Is it the only one?  
(What are we going to do?)

Help them to see  
that the people here are like you and me  
let us show them how to play  
the pipes of peace  
play the pipes of peace.

I light a candle to our love,  
in love our problems disappear  
But all in all we soon discover,  
That one and one is all we want to hear

Author unknown  
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Let Your Heart Show You The Way – by Nancy Sims

-----  
Listen to the song in you.  
It's there in whatever puts stars

in your eyes and makes your heart sing.  
Listen to your feelings and you will hear  
who you are and what you must do.  
Listen to your needs and you will know  
where to find what you are looking for.  
Listen to the wisdom within.  
It is trying to lead you to your destiny.  
Listen to the song in you and your life  
will be full of harmony.  
You will be who you were meant to be.  
You will be complete and at peace  
and happier than you have ever been-  
if only you will  
Listen to the song in you.

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There is a you  
that has no beginning and no end  
a Divine self  
that lives above time, limitation,  
and appearances.  
To know your real self  
you must lift your mind  
into the reality that knows no  
boundaries, change, or fear.  
This is the you  
that your heart has longed to know,  
the only you  
that can bring you real peace.

Child of the Light,  
Child of the Truth,  
Child of the Word:  
Your time has come  
to rise above the quagmire of earth  
and claim the destiny  
for which you were created.

You were not made to wallow  
in the pits of earthly limitation  
You were born to soar in the heavens  
and touch the garment of the Christ.  
You were made to claim the destiny  
that has been held in trust for you  
since you turned away  
from your Heavenly Home.

You are destined for a greater joy  
than your mind has imagined  
Your lot is not suffering  
but greatness and majesty  
befitting the Child of a King  
You will enter the Kingdom  
that has awaited you  
as you wandered on the earth

Child of Light, come home now,  
You have all but exhausted  
the turns and byways  
that attracted you

as you averted your eyes from the sun  
toward the darkness.

(excerpt from The Peace That You Seek by Alan Cohen)

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"Singer Remembered For His Kindness" - Farmington Daily times / Farmington, NM  
October 19, 1997 - by George Schwarz

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Little things. Little touches by big people. John Denver was big people. When his experimental airplane plunged into Monterey Bay Oct. 12, he joined Glenn Miller, Patsy Cline, Otis Redding, Jim Croce, and Rick Nelson on the list of musicians who died in plane crashes. John Denver was as "American Pie" as Buddy Holly, J.P. "Big Bopper" Richardson and Richie Valens, whose "music died" when they fell from the sky before they fell from the public's grace. That he died in a plane crash is ironic. One Denver hit as a song writer in the early 1960s was "Leaving on a Jet Plane," which became the first No. 1 hit of Peter, Paul and Mary. He joked on "An Evening with John Denver" album, how his career took off - adding sound effects - with that song.

Henry John Deutschendorf Jr. (his real name) battled his own demons. Twice divorced, he felt the pain of lost love. He joined many of us whose life cascaded through the tumultuous '70s and '80s, when slivers of peace were hard to find. As marriages and families morphed into what seems common today, Denver sang about those travails. People latched onto his songs of first love. "Annie's Song" became popular for weddings, although many overlooked his song "My Sweet Lady," a sweet paean that ignored the fragility of love. Much of America overlooked the joy of another chance at love. Denver didn't. With the songs "Perhaps Love" and "Love Again," he captured the wishes of those whose hope overcame experience to try again - sometimes, like him, to fail again.

His music also told us what could be. The warmth of "Sunshine on My Shoulders." The beauty of craggy, peaceful mountains and serenity in "Rocky Mountain High." The ache for the West while trapped in a cold, heartless East Coast city with "I Guess He'd Rather Be in Colorado." Of triumph in "Go for the Gold and Beyond." The recurrent theme of those who knew Denver - from the powerful and famous, like Colorado Gov. Roy Romer, or the less well-known residents of Aspen, CO, his home - was that he was kind, loving and gracious. Cheryl Charles, president of the Windstar Land Conservancy, said, "With John Denver's death, we've lost a poet for the planet. I look for his voice to live through us all." That's true. His music touched some of us deeply and very personally.

Denver's "For Baby" was the perfect way, in 1982, to tell a new daughter of her parents' hopes for her. The song let us share those feelings "with God and those present" at her christening at a small Episcopal church in New Jersey. That child, six years later, on a ride through the foothills west of Denver, must have been more touched by Denver's music, when she cried at the "scars across the land" that were to become suburbia.

Four years later, his brother, Ron Deutschendorf, was a major investor in a casino in Black Hawk, Colo. Like his brother, Ron reached out to the community to help the local health clinic. He wanted to be a good citizen. That's how I came to know Ron, sharing an occasional meal and drink with him, as we worked to help the clinic and the community. It was several months before I even let him know I had tickets to his brother's concert at Fiddler's Green, an outdoor venue south of his namesake-city. On July 19, 1992, on my "For Baby's" 10th birthday, Ron made sure we got into the post-concert reception and that the mega-star who had meant so much to our family in its various configurations know it was a little girl's birthday. I understand it's your birthday, Denver said. How old are you? "A decade," she said proudly. "Happy birthday," he said. And then he leaned down and kissed her on the cheek. She remembers that moment. So do I. For a long time. Little touches from big people.

Small - precious - moments.

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A post from the GP - 2/15/03

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Subject: A Visit From John?

Hello everyone. I wanted to share with you something that happened to me at work the other day. I am a school librarian. I had just gotten back to work from a conference in Nashville and was talking with my computer tech. guy. We got on the subject of John Denver and somehow I got to the story of him winning the country music entertainer of the year and how when it was announced the presenter torched the paper. Well I couldn't think who it was who did it. Mike wanted to know, so I said well I can find out.

Well later that afternoon as I was shelving books, there was a book that had been pulled out of place and just placed on top of the rest of the books on the shelf. Well that's not unusual, but when I picked up the book, guess what book it was? It was a biography of Charlie Rich! When I saw it, I took it over to Mike and said , this is him, he's the one that did it. Now I don't even know that I realized I had that biography ( a very old book, I actually have one from that same series on John) But isn't that strange that on that day, it happened to be pulled out of place and placed there so I would see it. Wonder how it got there?

Rene

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Connecting With Your Soul Group – <http://www.crystalinks.com/soulgroup.html>

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Do you feel that there is a group of souls on the planet, that you are supposed to meet, and do some spiritual work with?

The group could be you, and one other person, or several people, who are all on your frequency. You sense each other's presence. They may be other aspects of your soul wanting to come together.

The Internet has been instrumental in bringing soul groups together.

But this feeling goes beyond the Internet. It is a feeling in your soul, you sense these people, often living in areas not near your home.

The people who share our journeys vary as we learn and move on.

If you feel that is time to meet them, and they too are in readiness, synchronicities will reunite you. You must feel this tugging in your soul.

Many people want to have metaphysical adventures, but they have no free time - work, school, family, or other obligations fill up their time. When you are ready, you will make time, and it will be amazing. You need *amazing* in your life.

There is nothing more fun than meeting someone on the same path....you speak the same language...often the written word is not needed. You realize that you are going through something together that will make you more aware when you are finished...like taking a voyage...

If you sense these souls....just relax your mind and body...clear your thoughts....see yourself as a beacon of light....send out a message...they will hear you. They may come in to help with healing and clearing, or for something beyond.

You will recognize each other and move forward.

You never know who may show up.

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From "Re-membering Original Spiritual Family" (from Lightworker.com)

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Time and again the Group mentions Original Spiritual Family. To explain this I will take you to the first time that we incarnated here on planet Earth. [The Game](#) began as an experiment to see if we could see God through the eyes of each other. There was only one rule that we placed on this Game: "Free Choice in all Matters."

The first time we played the game and came to the Gameboard of Free Choice, we asked our closest family to join us in the Game. We designed the Game to use Karma as somewhat of a score keeping system to be used only by us. It was due to Karma that made it necessary for us to incarnate together time after time as soul groups. We returned with the same family group at roughly the same time and place to facilitate karma.

Over periods of time one would work off and clear their karma with the group they were with. Then they would blend into another family and create karmic ties with them. This emulates the natural flow of Universal energy which is the energy of blending, according to [the Group](#)."

Over many incarnations we may have experienced many spiritual families to which we were an integral part.

Now the Game as we know it has come to an end. We are now in the process of scripting a new game on the New Planet Earth. This is the New Energy and time to walk fully in our own true power. The Group refers to the "Second Wave of Empowerment" as being an evolution of humanity from the paradigm of follow the leader to a new paradigm of follow yourself.

Many on our planet are having difficulty with this new energy and power. We have seen many times when leaders of nations have sought to bring back the old ways and force their leadership on others through global aggression. We can help each other learn to carry and responsibly use the power that is our true heritage without fear or aggression.

In learning to carry this power and step into the New Energy, there are actions that each one can take to assist your own evolution. The first and most powerful is to re-connect with your original spiritual family. These are the beings that re-member who you really are even if you may not. These are the people that you meet for the first time and know them instantly. These are the people that are strangely finding their way into your lives right now. You may meet them at a spiritual gathering or in the hardware store [*hey, that's where Lance ran into Scott which is how I met Denise!*] yet no matter where you meet you will connect instantly.

Most of these people will come into your lives and make a big difference in the way you see yourself. By the nature of these contracts, most of these people will come back into your lives for a short time to connect and then be on their way. Since free choice is our only rule here, it is entirely possible to change that and create long term relationships. Still in most cases these people will touch your very soul with the light of home, then move on.

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#### IN JOHN'S WORDS

Leadership: Simply Following Nature – from the *Windstar Journal*, Autumn, 1989

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- The self-evident, self-actualizing demonstration of purpose is the mark of a great leader.
- All that is visible must grow beyond itself, extending into the realm of the invisible. Thereby it receives true consecration and clarity and takes firm root in the cosmic order.
- (The great leaders) value their words highly. They accomplish their tasks; they complete their work. Nevertheless, the people say that they simply follow nature.

In considering these three statements from the *I Ching*, it seems to me that the overriding theme of leadership is this: We can't *try* to be leaders; either we are or we aren't.

Leadership does not come out of what we *say* we are going to do. *It comes out of what we do.* It comes out of being who we are. If we try to be something specifically, we will always fall short of what we are capable of being.

So much of who we are and what is possible in each of us as human beings is not known by any of us. Who can imagine a butterfly coming out of a caterpillar? In truly being oneself, this evolution, this change, becomes a natural process. The way that we consciously move in that direction is to give ourselves purpose and to act out of the highest sense of purpose that we can imagine in everything that we do—to have that purpose show up in everything that we do.

That is the point of it all. If I am a leader, it is not because I have tried to be. I am simply being myself. I am simply expressing myself to the best of my ability and acting out of the passion and convictions that I feel. I am simply striving to continually move myself forward, to move to higher ground, to live out of a higher sense of purpose—and, more and more, to have that constantly reflected in all of my actions.

Yet, as the *I Ching* says, "I am only following nature." I follow nature by being true to my natural self, my own inclinations, my own abilities, the things that naturally interest me. I look at who I am and where I am—45 years old with a wife and brand new baby—and I look at what is going on in the world, and I see what I really want to do. I am only following nature.



This is a time—almost more than at any other period in history—for each individual all over the planet to play a leadership role. It doesn't have to come out of trying to be leader or carrying the weight of the world on our shoulders. It need not be born out of the responsibility that someone else gives us or from attempting to live up to someone else's sense of our responsibility. Really, the opportunity that is described in these passages from the *I Ching* is available to each and every one of us. We live in a world where each one of us has to educate ourselves to make conscious choices, to make commitments—and to take a stand about living out of those conscious choices and commitments. Conscious choice and commitment are at the heart of leadership.

Henry Ford had commitment. Mr. Ford developed a new idea. His purpose in life was to continue to improve that idea, to make it better. The development of the Ford automobile was as successful as Henry Ford's imagination, initiative, ingenuity, and persistence. As he succeeded, he needed to bring in other people to handle different aspects of the business—the budget, marketing, and production. When he was gone, the corporation became the image and the profit became the purpose. The vision no longer matched Henry Ford's true purpose, to create a better automobile and a better product. There are obviously risks associated with leadership.

It is important to note that leadership can also be misguided and, consequently, go wrong. Consider Lawrence Rawl, the Chief Executive Officer (CEO) of the Exxon Corporation. I have not met Mr. Rawl personally, but I do know from talking with a friend of his that he used to be a true community leader. He was genuinely involved, he participated, and he appeared to be the kind of person you would expect to move to the leadership of a major corporation. He did with Exxon.

Now, however, the process of running a corporation as immense as Exxon has gotten so big, there is so much going on, there is so much money to be made—arms and voices everywhere are pulling at him. Then, something happens like the oil spill in Prince William Sound. I am bewildered by why Mr. Rawl does not come forward as a true leader would. I wonder why he doesn't say, "Look, we made a mistake while I was on the job—and I am going to make sure that everything that can be done to rectify this situation *is* done. We are going to stay with our cleanup no matter what it costs and how long it takes. That is my word, on my honor, as a gentleman and as the leader of this corporation."

I am sure that, somewhere, that is probably the kind of guy he is—but the corporation is enormous and there is an incredible amount of money involved. Exxon made \$5.7 billion in profit last year, which is a little over \$10,000 a minute. I am told that Mr. Rawl personally made \$9 million—and yet I am also told that he somehow cannot take the time to either call or write the President of the United States or the Governor of Alaska, or to communicate his position directly to the people of Alaska. He has remained absolutely silent, except to be quoted as saying, "I don't understand why people are so angry. It's just an oil spill." In my opinion, this is not the mark of either a great leader or a true gentleman.

This fall, I traveled to Alaska with Dr. Jay Hair, president and CEO of the National Wildlife Federation (NWF). I went to have a firsthand look at the extent of damage at Prince William Sound, to speak to some of the leaders in Alaska, and to perform several benefit concerts for the Federation's Alaska Fund and for the Alaskan Conservation Foundation. Out of our trip came a song that I am now writing called "Raven's Child." These lines from that song apply to the misguided leadership I think we are seeing from Exxon:

*The oil king sits on his arrogant throne,  
Away and above and apart,  
And lawyers have warned him that he mustn't speak,  
And greed has made silent what once was a heart.*

At times, we are inclined to look the other way when we see something that doesn't seem quite right—especially if it has to do with our own sense of security or personal income, figuratively or literally. Attitudes like this are what make oil spills possible. Many, many of us are tired of hearing about the Exxon oil spill. We want to get on with our lives—and yet, because of this, Exxon and other oil companies will get away with a tragedy like the Prince William Sound spill again. The corporation will tell us, just as Exxon has told us, what they think we want to believe—that they have completed their job and cleaned up what they said they would. I want you to know that I have seen Prince William Sound—and the shoreline that saw is turning into asphalt.

This fall, Exxon held a celebration party to congratulate themselves for completing their work in Alaska. They are not planning to return. The government now says that they are going to get involved to make sure the job is actually done—and that they plan to send Exxon the bill. Yet if we, as leaders, do not keep Exxon keenly alert to our concerns, they will continue to gloss over the problems associated with the cleanup. Nothing will be accomplished for the long term. That \$5.7 billion of profit will go into people's pockets, instead of, for example, to invest in measures to prevent such environmental disasters in the future.

We need to keep our government officials alert to our concerns as well. It seems to me that the majority of politicians see the public move in a certain direction, and immediately get out in front of them, making the people believe they, the politicians, are leading the parade. Politicians are trying to demonstrate their leadership and are, at best, simply followers of the thinking of the people. Their leadership ability is only given space within which to work by what the people give to them.

With the leadership opportunity I personally have available to me, I have made this commitment, and I invite you to do the same—I *am not going to let Exxon get away with it*. I am going to talk about this everywhere I go, until they have completed their work.

It is as simple as that. Follow nature. Value your word. Accomplish your tasks. Complete your work.

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#### ARCHIVES

Margit – 9/8/98

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Another contact with John's spirit....Suddenly I was standing on a hill. The first thing I recognized was the wind blowing. Not cold or so strong that it is hard to breath, just a warm, constant blowing that lifted my spirit. Then I saw John standing on the edge of the hill. Although he turned his back to me, I could see some kind of a flickering blue light (or beams) surrounding him. I didn't know what he was doing, but I sensed that it was better not to disturb. So I just stood there, knowing that HE knew that I waited there.

After awhile, he motioned to me to come closer. It wasn't until I stood at his side that I could see how high this "hill" was! A beautiful valley extended below us! Green, with trees and rolling hills. A rainbow stretched across the sky, and there were three eagles, circling. At one point when they formed it looked like they became ONE.

Looking up, I noticed that we were standing directly UNDER a second rainbow! John asked me to talk to the rainbow, and I did without hesitation—in this place and time, it was a "normal thing"...I don't remember my exact words though (in the spirit world, you communicate through telepathy, not language), but when I ended, I saw a bright star twinkle within the rainbow! John explained that this was its way to thank me.

Then he took my hands and we knelt down and had the most intense conversation I can remember; since it was very personal, I hope you don't mind if I let it be that way.

I want to share one very touching moment though: When I commented on how peaceful this place was, much more than it is on earth, John got "emotional" – it's not like human emotions and almost impossible to put into words, but I'll try.

This time I saw John like he looked in 1995 (at the Windstar Symposium); he was wearing a wide blue shirt. But he did not have a solid form, he was kind of TRANSPARENT, radiating a light (energy) that I could feel all around.

When I mentioned the incredible peace I felt, I recognized that John lost a bit of his transparency, the color of his shirt got darker, kind of "foggy." He replied, "That's exactly what I wanted to tell you while I was on earth. I wanted to bring this feeling closer to your hearts. You all know this peace, my songs and stories were supposed to be a reminder. A reminder, so you could start to build this peace on earth...."

I sensed a longing and a slight sadness, as if he thought he had failed. At first, I was overwhelmed with compassion. I closed my eyes, breathed deeply, and the feeling turned into pure love, which I sent to him as healing energy. I assured him that he reached many people, and that he wasn't/isn't responsible for those who don't "get it." (If we are not willing to learn, we have to go where our behavior leads us.)

John smiled and relaxed. He just looked at me, and said very softly, "Thank you, child..." (I don't know why he said "child.") We got up, the rainbow above us was gone. I knew it was time to say goodbye....

John's energy was as intense as before, as it reached my soul. Words or thoughts weren't necessary. For a few seconds, I knew and understood that everything happens just as it was planned a long time ago. The eagles surrounded John, one landed on his arm, they turned towards the edge of the "hill," and began to "drift away"...and I returned to our so-called reality.

A couple of weeks ago I started reading the book *Journey of Souls* by Michael Newton, Ph.D. It gives me a better understanding of the spirit world and the contact to our spirit friends and loved ones. I also recommend this book because it shows that we are all spiritual beings in the first place, no matter how hard we try to ignore/deny it.

Margit - 12/28/98

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About two months later, after coming back from Aspen, I finished reading *Journey of Souls*. The short paragraph on page 144 sounded so familiar...as if I had read it before, but I knew I HADN'T. I was puzzled, reading it again...suddenly I realized that the words on this page DESCRIBE EXACTLY what John was doing, when I saw him standing on that hill:

"Souls on all levels engage in another all important activity when they are alone. They are expected to spend time mentally concentrating on helping those on earth (or other physical worlds) whom they have known and cared about. From what I can gather, they go to a space some call the Place of Projection. Here they enter an "interdimensional field of floating, silvery-blue energy," and project outward to a geographical area of their choosing. I am told this is a mental exercise in "holding and releasing positive vibrational energy to create a territory. This means that this soul rides on their thought waves to specific people, buildings, or a given area of land in an attempt to comfort or effect change."

This may sound weird, but I just KNOW that it explains what happened back then. I thought about it for a long time, and to me it does make sense...a place of projection. The feeling I had, that made me wait and not disturb him, fits with the first sentence...the flickering blue light I saw could have been this field of energy...and the land I saw fits with the last part of the chapter.

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Eileen - 10/25/97

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I had a similar experience about two weeks after John died. First let me say that in the summer of 1996 I was guided to buy the book *Conversations With God* in which, unbeknownst to me at the time (since I usually don't read the Acknowledgments), the author mentions John and thanks him for his music. After reading it I signed up to receive Neale Donald Walsch's monthly newsletter, so by the same time in 1997 I was receiving it on a regular basis. On the day the October issue arrived I pulled it out of the mailbox, and as I carried it into the house I felt John's energy just radiating from it, as though I was holding his hand or something! Well, I couldn't understand why I would be feeling John's energy in NDW's newsletter...until I turned it over and saw on the back that he was to appear with NDW and Barbara Marx Hubbard on a new tour entitled "The Awakening of Humanity." And there was also a letter inside explaining how Neale and John were friends. Of course the newsletter had gone out while John was still alive, and it was too late to stop the presses afterwards. But the main thing that happened to me during those moments was that I realized that John was a very powerful lightworker, and that he would still be participating in the awakening of humanity, but from the spiritual realm, and I was one of those who was supposed to work with him to help accomplish this. It was a great moment of truth for me, and I also think now that maybe the energy was so strong in

the newsletter because a NEWSLETTER is one of the projects that we would be working on together! And when I read *Journey of Souls* and the sequel, *Destiny of Souls*, some of the author's clients stated under hypnosis that a spirit can put their energy into inanimate objects that someone is holding in order to get that person's attention. Well, it worked! John wanted me to know that he was mentioned in that newsletter, and that it would help guide me to my destiny.

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READERS' EXPERIENCES

From Mary – 2/03  
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I was writing in my journal while listening to John talk and sing some songs. I was writing/watching him because I was really overdue in catching my synchronicity journal up. I had all the scraps of paper to put in date order and fill in etc. And then I recognized the first line of lyrics to "wandering soul" and I dropped everything and looked up and I cannot describe what I experienced the entire time he sang that song to the piano his friend was playing. That is one of THE most memorable moments I'll ever have in my life. The energy was amazing, the feeling was pure LOVE and wonderful. The tears just streamed forth from my eyes and down my face. I never wanted it to end! I even memorized the spot it was at on the tape (52:00) so I could go back and watch it again then I realized I could never relive that moment! It's like giving birth again to your child! THANK YOU VERY MUCH for sharing that life moment with me. I absolutely LOVE the song and he has a beautiful voice and I would LOVE to have that song on CD if at all possible???

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From Adrian:  
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Tonight I dreamed I was attending a happening that had to do with John Denver activities .. I met Ron and talked with him and without asking me first he wrote something in my agenda ... Then later John seemed to be there, too .. which amazed me ... but we talked ... and then John wanted me to draw my agenda and set a date for something. I remember my friend Ludo being there and saying something like: "Yeah, she first wanted to have a Windstar stand in 2000, but wasn't able to accomplish it". John nodded and without asking me first he went through my agenda and saw Ron's writing that impressed him. Unfortunately my neighbor above me came home early in the morning and Sheela's barking woke me up.

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A couple of weeks ago I walked along the street and passed a shop with New Age stuff. I never really cared for taking a look there. This time I was passing the window and my eye was caught by a card that I had not noticed before. I took a brief look and thought how it reminded me of Windstarland only here was a huge lake ... and I walked on ! I felt John trying to stop me from walking and I felt an urge to go back "Take a better look !". So, there I stood in front of the window ... and slowly my eyes revealed to me what John tried to show me ! And I remembered how I had thought of Windstarland and then thought how this eagle with his wings wide open ... like it was taking care of the land ... was hidden in this picture. Like John watching over Windstarland. I sighed and felt so grateful that I had been drawn back and let my eyes reveal to me there is so much more in this world, if we are willing to stand still, to go an extra mile, listen carefully and take a closer look. If we go an extra mile ... John will be there to take care of us ! And I smiled and thanked John for it ! This is what was written on the card:

'Spirit of the Eagle'

Within each man dwells  
The spirit of the eagle  
Longing to soar high and free  
Above the clouds  
One with all creation,  
Seeking his special destiny.

Within the soul dwells

The spirit of the Christ,  
Guiding us to heights we must attain  
Beyond the earthly sky,  
Helping us to find  
Our place within the grand design.

Jodieanne

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2/21/03

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As I was driving to the grocery store I felt so much spiritual energy from John that I thought it would be one of those days that I would hear him in the grocery store. So sure enough, I was about 3/4 of the way done and I thought it might be his voice I heard...very faintly though, because there was no speaker nearby. But then as I neared one, I realized it WAS him--and he was singing "Fly Away!" I just stood there and let him serenade me in the store, wondering if this was a sign that I would be "flying" to Aspen in October! Then on the way home I took a way I don't normally go, and I passed a truck that had the number #127 on it, and the license # was 1231...and so read my odometer a few seconds later! Then, I arrived home at 12:43, and my odometer also read 124.3!!! When I e-mailed Margit about what happened, she told me that her car license # was JD 127! And she had a dream about some of us last night and we were in Aspen together, with John!

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Margit - 2/21/03

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John and I are standing on a mountain summit - a very HIGH mountain! But it's not cold up there, and it is summer. The view is breathtaking; mountains all around us, a few white clouds sailing by. The sun begins to set, and John takes his guitar, sits down on a large rock & begins to play. The melody is the harmonious sound of the setting sun. It's like they are One. John starts to sing HEALING TIME ON EARTH while the colors of the sunset fill the sky ... pink clouds, and soon they sky seems to explode in colors and vibrations. It's like John has merged with the sunset; I can see his eyes/face, but the rest of his body is transparent and the colors are shining through. He's still singing, but I can't help asking him: "Who are you?" Without pausing in his song, he smiles and 'tells' me: "You know it. You know who I am."

The scene changes. We're still in the mountains, which look like the Maroon Bells. We are a small group, listening to John playing guitar & singing. Eileen had her guitar with her, too. They play/sing one song together! (Can't remember which one, although it might have been "Whispering Jesse.") A private concert! After awhile we hear distant voices, and someone says: "Seems like more people are coming our way." John replies: "They may hear some of the music, but they won't see us." - Like our group is in another dimension/reality!!!

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SONGS OF...

4/30/98

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Yesterday I had to go and have my first guitar lesson and stopped my CD during the Calypso song. When I got into my car and started the tape deck, it started playing at the exact spot the CD had finished, I could not believe it. Talk about the twilight zone! I was meant to hear the rest of that song.

Be happy and peace, Mark C.

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5/20/98

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Hello everyone. I just went out to do a little shopping. As I walked across the parking lot I was singing to myself, "Welcome to my morning, welcome to my day..." As I entered the store I heard on the music, "I'm the one responsible, I made it just this way," John singing! What a thrill. And it seemed to be right at the same part of the song. And I know for sure this has happened to others of us. John has the most amazing positive energy!

Peace, Carol

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**"To me, Nature is the great equalizer. In Nature I not only see and experience many beautiful things, I also see and experience the beauty of my own being. Then when I return from my experience Of Things In Nature, I find it easier to deal with my life, the goings on in the world around me, and the overall Nature of Things."**

Scott Fogelsong

*Editor's Note:* Scott is a Reverend and lives in Pacific Grove, CA. His website is linked to the one below, but here it is anyway: <http://www.carmel.com/scott/>

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## EARTH RHYTHMS

### Prayer of the People

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"I am not separate from my creation, any more than your thoughts are separate from you. I am not the reality behind the world, but the reality that is in it. For I am in the world with you, in all of your life, wherever you are, wherever you go, wherever you look. You can see me in the Moon, and in the stars that bring forth light out of the darkness. You can feel me in the breeze that kisses your cheek. You can hear me in the flowing waters that refresh and renew. The tiny seed that grows to a mighty Oak contains my power. And the bud that blossoms forth in flower beholds my fragrance. I am with you now in the ever changing present that is true eternity. Closer than the breath that brings your body life. Closer than the thought that springs within the mind that ignorant men call finite. Closer than the beat that keeps your heart in tune. For I am to be found nowhere, but where you are. For I am the One that is all, and can be seen in all. Anywhere. Everywhere. And I am the all that is One in everyone. So find me now. Touch Me now. Feel Me now, and love Me now wherever you are. Then you will walk the Earth in beauty."

For more beauty and insight, visit these sites:

<http://www.lunarplanner.com/HolyCross.html#Cycle%20of%20the%20Soul> and

<http://www.lunarplanner.com/index.html>. There's supposed to be a Clint Eastwood interview on here, too, but the link doesn't seem to work.

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This is an e-mail I received recently:

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Hi Marcia,

A Windstar member just sent this to me. I enjoyed it, so am passing it on to you:

"Patricia St. Onge" wrote:

Please pass this along as one more perspective we can honor.....

Patricia St. Onge (also a Mohawk mother and grandmother)

Seven Generations Consulting

PO Box 9921 Oakland, CA 94613

phone 510.530.2448 fax 510.530.2728

[www.seven-generations.net](http://www.seven-generations.net)

"Only on the roots of the past can we grow toward the future."

Seven Generations perspective looks back, honoring those who have come before us, mindful of our heritage and what informs us, as well as ahead, attending to our legacy, and how our decisions will impact those who will come after us.

Friday, 14 Feb 2003

Moccasin Makers and War Breakers:

A call to action by the women of the world. We have the power to stop the war!

"Before the men can go to war, the women must make their moccasins." In the tradition of our ancestors, it was customary for the women to make the moccasins worn by the men who were going to war. If the women did not want war, they did not make the moccasins.

Our ancestors belonged to the Haudenosaunee Confederacy. Europeans called them Iroquois. We overcame a horrible legacy of war and violence when Deganawida, the Peace Maker, gave us our Great Law of Peace. The United States Senate has acknowledged that our law served as a model for the Constitution of the United States (U.S. S. Con. Res. 76, 2 Dec. 1987). The U.S. Constitution was, in turn, a model for the Charter of the United Nations. Our law is the basis of modern international law. The Americans copied our laws and customs, but they did not understand them.

Our ancestors recognized the sovereignty of all men and women by solving community conflicts through discussion in a People's Council. In our tradition, three criteria must be kept in mind through all deliberations:

- 1) Peace: meaning peace must be kept at all costs.
- 2) Righteousness: meaning decisions must be morally right, taking into consideration the needs of seven generations to come.
- 3) Power: meaning the power of the people must be maintained including the equal sovereignty of all men and all women. Conflicts between nations were also resolved through diplomacy and consensus. War- or the use of violence- was only a last resort. Even then, the women and children of the opponents were spared.

Throughout, our ancestors always respected the other nation's different customs, laws and ways of life, whether they approved of them or not. They would work out agreements on how to live side by side. Therefore, we have stood by and not become involved in this current conflict. But we see now that it has gone too far. Innocent lives and mother earth are at stake. As women and caretakers of this earth, we have decided to speak up.

According to the law of our ancestors, the soil of North America is vested in the women. Serious decisions about warfare had to involve the other half of the people - the women - the bearers of life, the nurturers of the earth.

We are now facing an unnecessary war. We have a duty to use our power to do good. We have decided to remind all humanity of this important truth. War cannot happen without the support of women. We ask the women of the world to come forward and play their rightful role as the progenitors, the creators of all men, of all humanity, the caretakers of the earth and of all that lives upon it. As women, we know the pain and suffering of childbirth. We feel a deep loss when our children die. This understanding compels us to act to stop the destruction of lives. The children must not suffer. Not our children. Not the children of anyone we disagree with. We respect the sovereign and sacred right of each individual to live on this earth.

We ask you, the women of the world, and the men who support us, to come forward and stop this madness. This decision to go to war will cause the deaths of thousands of innocent men, women and children. It is a decision that has been made primarily by men without the input of the people of the nation, without the input of the women. Most of these men have grandmothers, mothers, wives, girlfriends, sisters, aunts, daughters, nieces, granddaughters, nannies, etc. We are asking all of these women to put pressure on these men - men like President George Bush, Colin Powell, Senator Rumsfeld, Prime Minister Tony Blair, Saddam Hussein, Prime Minister Jean Chretien, Ariel Sharon, the Palestinians, the North Koreans and anyone else who is involved in causing the current threat to destroy the world.

Women, bring your men to their senses. Women, remember your power. Remember your responsibility. Every person has personal power. We must all use our power to do good. We must stop the war. We must maintain the Peace. We must hold back the moccasins.

Kahn-Tineta Horn, Mohawk mother & grandmother

Kahente Horn-Miller, Mohawk mother

Karonhioko'he, Daughter

Kokowa, Daughter

Grace Lix-xiu Woo, Aunt & Sister

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The Weighing of the Heart

*The Book of the Dead of Kenna*

1405-1467 BC

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This is one of the many depictions from the ancient Egyptians showing the heart being weighed against the feather. They believed that, after death, a person is guided to the Judgment Hall for this weighing of the heart. According to James Churchward in *The Sacred Symbols of Mu*, the feather is said to represent "truth" because it can be so easily blown away.

According to Joseph Campbell, in *The Inner Reaches of Outer Space*, the feather is symbolic of Maat, goddess of the moral order of the universe.

If the heart weighs more than the feather, the dead soul is devoured by the "Swallower," the composite beast, a mixture of crocodile, hippopotamus, and lion. If the heart is found to be lighter than the feather, the soul is conducted by Thoth to Osiris's throne by the Waters of Eternal Life.

Joseph Campbell wrote that in terms of the kundalini, the message could hardly be clearer . . . if the aims of the deceased in life were no higher than those of Chakra three (the animal instincts), the Swallower claims the soul.

The implication is that if one has not reached the heart chakra level of love and compassion during a lifetime, the person must be reborn, that is, reincarnated back on earth, in order to try again. Otherwise, the soul is free to move on to higher planes of existence.

Personally, I believe that Thoth represents a part of the self, probably the Higher Self, and that we "judge" ourselves after death. The decision is made after a "time," to reincarnate or to move on to another plane.

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Here's a website on "Feather Magic" that has too much info to print here, but gives insight on colors and types of feathers: <http://www.geocities.com/felicitax/Magic.htm>

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**"God, I just don't see any way I can do this by myself. I open my mind and heart and invite you to step into this situation and do through me and for me what needs to be done to bring about real peace for all concerned."**

Alan Cohen

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HEAVENLY CONNECTIONS

Author Alan Cohen also uses the following prayer when it seems he has failed to bring about positive results in his life:

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"Dear Higher Power, would you please enter into this situation and take charge of it. I allow you to replace my small self and act for me to bring about the highest result here." Then he takes a deep breath and releases the situation. He says it has never failed to bring about healing in his life and highly recommends it with the highest confidence.  
(Thanks, Mary, for all the Alan Cohen stuff!)

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Personal Ad From God- By Rev. David Ault

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Long walks on the beach are fine but I am willing to go anywhere with you - to your job, to the supermarket, helping you babysit your grandkids. Am content to tag along as you do laundry, file your taxes or even keep your chemotherapy appointment.

Any race, any ethnicity will do - I don't care. I feel we are all the same anyway. Your economic background does not in any way influence my desire to be with you.

Am well traveled - been everywhere - literally, and would be happy to share those adventures with you if you like.

I have this ability to see beyond surface conditions and am not at all influenced by the opinions of others. Therefore, I am readily willing to except your physical body just as it is and just as it is not and even love and appreciate it. Hopefully I can guide you to do the same.

Of course I would love it if you acknowledged my handiwork from time to time. I'm pretty great in the creative department but I will neither judge you nor abandon you if you get too busy to notice.



I'm aware of your creativity also. The hesitancy and fears that you have concerning the expression of it--well, I can help you with that if you like. I am not at all threatened by your growth or your success, in fact I thrive on it. I am your biggest cheerleader.

I do not care about your past - when I say not care, I don't mean that I don't honor your journey and all the things you've accomplished, I'm simply not interested in your mistakes, be they extensive or small.

What I'm saying with all of this is that I'm looking for a long term relationship and yet totally willing to go at the pace and level that you are comfortable with.

I'm available 24/7 and my support and belief in you knows no boundaries, no restrictions. Give the two of us a shot - I can guarantee you won't regret it.

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Returning to a World of Love

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Dearest Brothers and Sisters:

All of us have been receiving information on the many global meditations, letters to Congress, group meetings and other actions by Lightworkers concerning events in the world. We would like to share with you why we at Circle of Light Spiritual Center are not energizing peace VS war.

We have learned many things from the Messages from God through Yaël Powell but the most important thing we have learned is that LOVE IS ALL THERE IS. There is nothing but Love. Every other thing we see around us that is not in Love is an illusion, a false reality and is not of God. Our world was created by God in pure Love and has never been anything else. Touch into your heart. Our hearts know this, even if our minds speak otherwise.

So, what is all this around us? What is this thing "they" are calling war, danger, fear, bombing, etc. It is a huge drama which we on Earth have created through our thoughts. It is not real. It is the product of humanity's "mind," but not of humanity's heart. It is like being in a grand stage play, acting out a drama that has several acts. But it is just that. A play that isn't real. This play is the result of our own thoughts and of our turning away from God and Love, the only reality. In that turning away, we have created a world of duality, of God and "not God" but only the God is real. Yet, our thoughts go on creating. That is the God-given gift we have. So every bit of energy we give to that world of "not God," the world of fear, harm, hurt, anti-Love, CREATES IT ANEW. Creation is happening in every moment, so in every moment, every thought we have is active. Whatever thoughts we create in the "unreal world" ( it being a world of duality--black/white, good/evil etc) all have their opposite, so there is no way to exit from the play except to ask God's help. There is only one way for the play to "end." We must leave duality and return to the Oneness, the unity that is real, that is God.

OK, so what do we do if we don't like this drama that seems to be before us? The most important thing, once grasping the above, is to turn back to God and ask God's help. We must realize that direct and pure thoughts of Love and God are the most powerful thoughts and these thoughts amplify the world of Love. By contrast, any thoughts which even by implication have a negative component (peace VS war, for example) will create both possibilities. All thoughts that are created within the duality automatically hold their opposite. Therefore, the most important thing is to place all energy ONLY on the WORLD WE DESIRE -- what some have called the "New World." It is not new. It is the world that is already here and always has been but it has been blocked from our view by the false reality we have chosen to animate.

No, this is NOT the popular view. Many people believe that by energizing peace VS war, that peace will unfold. But has it happened? NO, most people are not aware of the realizations stated above. But some of us are awakening to the implications of the present conundrum. We have been asked to pass it forward to you. The explanation of the illusion is threaded through many of the Messages from God on our website, [www.circleoflight.net](http://www.circleoflight.net) if any of you care to

read them. God ( however you perceive God) is only Love. All life, every cell in our bodies, every leaf on every tree is made up of only Love. Love is the substance (a real substance) of all life. Humanity is the heart of God. We create and recreate everything with God's Love each moment. Most of humanity has turned away and chosen to create what we see in the newspapers, on the TV... to play in this grand play. We have been given free will to create, so God does not stop us but watches and waits (so to speak), sending more and more Love to energize the Real.

BUT there is a great movement afoot to return our world to only Love. It is done thought by thought. It is done by no longer energizing the world of negativity with thought forms that contain any duality, and by asking God to help. God brings force to each person who awakens to this. The Love with which God is flooding the world will become so great that there will be spontaneous realizations of the illusion. Those who can see with clarity that only Love is real are now adding to this and accelerating the return. We invite your responses, and we send deepest Love to all.

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### The Meaning of Numbers

Dear Diana and Friends,

The reason you constantly notice numbers or subject is a constant reminder to you that you are not alone, we all have angel(s) and we are not always acknowledging it in the sense that we can associate solidly with them for the purpose of learning, building and seeking answers to life mystery and purpose etc..; Therefore it often causes us to turn and notice things that are not standard or coincidental, it encourages us to seek and believe that there is more and to learn the spiritual language of which only Jesus can teach by ways of spirit, reading the Bible and by experiencing it in this world.

Be aware that the things we need to see are usually before us and we don't see, and if you grow closer to God, He will share his sight with you, "us" and we will marvel. Believe, this is just the beginning of a new found member of yourself. Truly, Life is yours to Discover.  
your friend, Alain

Alain,

Thanks so much for your [letter]! Yes, I certainly do believe what you wrote, that we are surrounded by angels who want to guide us towards our own spirituality and to God. I first became aware of my angels at the beginning of last summer, despite the fact that they had been giving me messages for months before this (actually I now realize they've been guiding me all of my life, but I never noticed it until now). The first angel I became fully aware of was Archangel Gabriel, who gave me a message and told me who he was...and at that point in time I not only did not believe in angels, but didn't even realize that they all had names, and I also didn't know anything about archangels.

I've been seeing the numbers 3, 33, and 11... and being such a realist at [first], did not believe in numerology at all...the repetition of these numbers was so \*in my face\* that for a while I honestly thought I was losing my sanity. So I finally decided to search some numerology websites, and it was then that I found out that numbers held meanings....

About six months ago I was guided by my angels to begin channeling them. I didn't believe in it, although by then I was no longer skeptical about my angels' existence, but I attempted it anyway. I was surprised to find that answers to my questions came very easily, so easily that I thought it was my own self making them up. However, since then my faith has grown a lot, and now I do trust that it is real. Yet I still do hold that tiny bit of skepticism, wondering if some of the answers are from my ego...and so am still working on building my complete faith. But I'd like to share a bit of what my angels have told me with you....this is part of an answer they provided when I asked them about the significance of seeing the repeated numbers 33 and 11:

"Yes there is a significance to these numbers; we want you to know that we love you and all is well. Know that whenever you see these numbers appearing in your life, over and over again,

that we angels are guiding you. You are on the right path, the path of your destiny, and your spirituality is coming forth now. The number 33 is highly significant in showing you that you are following a path of oneness with God. The 11 also tells you this; and it tells you to trust your intuition. You are highly intuitive, dear one. Pay attention to your thoughts and your wishes when you see these numbers. Know that God loves you and is watching your progress. Do not give up on your faith, do not give up on what you believe to be true for you. You have the power to make your own dreams come true; always remember this."

Isn't it all so amazing, how we can learn to see the guidance that our angels provide? When this began I was absolutely stunned at just how much I was being shown. And I'm probably one of their tougher students, as my skepticism was so strong! The angels have been guiding me well...for instance, they...helped me to repair a rift that existed between my brother and I ever since we were children.

I will never cease to be amazed by all of this. There is just so much to life, and to God, and to ourselves, to be discovered...!

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From the Beacons of Light newsletter (February, 2003):

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"We greet you with the memories of Home, for it is our highest potential to help you re-member your magnificence and take your power. The ascension grid is now taking its final form as the final connections are being made. This is being felt by all of you at this very moment and will be clearly seen as you look back at this time from the overall history of mankind. Please understand also that some who believe they are in charge feel themselves losing their grip and can easily overreact. Please do not judge them, or you, as they all are simply working under a belief system of the lower vibrational realities from which you are evolving. Instead, we ask you to take this opportunity to examine and clear your own house and your own heart of the illusions of three-dimensional thinking.

"The reality is that you are fully in charge of your own reality in every moment. If you watch the daily news and think you are a part of what you see, your power as a creator instantly creates that very reality. In the higher vibrations of the 5th dimension, all of your powers of creativity have drastically increased. Even as the ascension grid now connects and moves into its new location, it does so only to help you hold your true power as creators while still in the bubbles of biology that you inhabit. Please be aware that all of your powers of creation have been enhanced in recent days. Please also be aware that all powers of creation of all humans have been raised as well, for it is not possible for one to move without the others. It is, therefore, that we tell you that your intentional use of your abilities as creators is needed now. This is your call to Light. As Lightworkers, you have intent to intentionally spread the light of Home at every opportunity. That opportunity is now before you in a big way.

"We ask that you create first the reality of your own heart within your own heart and radiate it outward into the world around you. Start first by creating the highest and best for yourselves, for it is then that you become of highest use to the Universe.

"In the field of polarity or duality in which you play your game, you see yourselves as separate from one another, when, in fact, you are not. Every action of every person on the entire planet has an effect on every other person. You are actually one Being acting as individuals. This is the nature of the game, for it is this individuality that allows for God in infinite form to see itself. It is this individuality that gives what you call "God" definition.

"Please understand that you have a problem with reality: you think it is real. You are, in fact, all part of each other and not separate, as your eyes tell you. As you have now moved into the 5th dimension, that is becoming more evident than ever before. Therefore, actions that flow against the blending motion of the Universal Energy will cause more of a bulge or reaction than even those same actions only ten years ago. There is less tolerance for misdirection of energy because of your evolution. We tell you that right now, more than ever, the thoughts held within your own heart make more of a difference in the collective consciousness than anyone can foresee.

## Harmonic Resonance

"Hold the connection to all others first and foremost in your personal reality, and your individual actions will place you firmly in the flow of Universal Energy. This we call the "Art of Harmonics." People in accord with your thinking are vibrating at the same rate as you. To put it another way, they are on the same level. Those who are not on your level are different than you, and a human's first reaction is to find fault with them so that you have a reference for the experience of being on different levels. This also serves to justify ones own level. Rather than attempting to change their vibration or yours, it is much easier to find a harmonic resonance between the different levels. Once this single strand is in place that connects your level of vibration with theirs, you both begin to see the similarities rather than the differences.

"Placing yourself in harmonic resonance with other people places you in the flow of Universal Energy. Then, even if the world seems to crumble and fall, it will not touch you. You will walk through the falling debris and not be touched because it will not be a part of your reality. We therefore ask you not to believe all that you read, see or hear. Create your highest reality by working with harmonics, and it will spread to all those around you.

"In recent days many of you have been coming together to pray for peace. We tell you that this is admirable and that, any time you come together in combined intent, you make a difference in your world. We will offer you some suggestions for doing this in the higher vibrations of the 5th dimension. Please understand, the universe does not understand negatives. That is an illusion created by the veil, useful for living within a field of polarity. Negatives do not exist outside of duality. As much as you love the word, we tell you that in some ways Peace itself is a negative concept. Peace is a lack of discord or a lack of war. Lack itself is an illusion of polarity, and inside the 5th dimension, where you now reside, the concept of Harmony could be more useful.

"The concept of Harmony is honoring the connection to all things and all people. This relates to the highest primary life lesson of Grace. When one masters the life lesson of Grace, it means that they walk in full harmony with all things around them. These are powerful people indeed, for they draw from the harmony of everything and everyone they encounter. Practicing harmony and grace also places you firmly in the flow, as you honor and emulate the blending motion of the Universal Energy.

"...When you pray for peace and demonstrate for peace, there is no action behind it that keeps that commitment in motion after the initial action. Therefore, in the higher vibrations of the New Planet Earth, a peace movement will never seem to gain momentum the way it did only a few years earlier. To demonstrate and stand and be counted for peace will not have the same effect as it had in the past. We ask you, therefore, to practice the art of harmonics on an individual level by intentionally finding ways to achieve harmonic resonance with those you are having difficulties with. If there is discord in your world in any area, take it upon yourself to study the ways and lifestyles of those who seem to be in discord with you. Study them and gain an understanding of their beliefs. Even if your level is different and your beliefs are different, this harmonic strand can bridge a very wide gap. By adopting a global attitude towards humanity, you will quickly understand that you are, in fact, much closer than you know.

"Practice the art of harmonics and study those on the Earth whom you do not understand. By educating yourselves, you will raise the vibration. As the Lightworker named Einstein once channeled: "It is not possible to solve a problem on the same level on which it was created." First raise your own vibration, making better use of the 5th dimensional attributes that currently surround you. Do this by educating yourselves on the beliefs, habits and needs of those who seem to oppose you. Then you will find the resonant harmonics and you will find the strands of Light that connect you to them. Once these harmonic strands connect, everyone will begin to see the beginnings of true unity-consciousness develop on planet Earth. As this progresses, there will be no place for war ever again."

<http://www.dreamsalive.com/Peace.htm>

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Finally, here is a beautiful prayer page:

<http://www.gracefoundation.com/Spiritual%20Healing.htm>

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FROM HE WHO SEES THE EAGLE

12/31/97

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First of all, I want to thank you for what you are doing...You are willing to share my name and what I believe in with others, and by God's hand, I will help you. I know I say it a lot, but I don't want you to forget. We can heal this mess if we can just get enough people to listen. It doesn't have to be everybody at first, because the rest will get pulled up by the force of everyone else eventually anyway. The trick is to get the scales to tip on the side of healing—so that more people are focused on healing than on fear and hate. When that happens, a shift in reality will occur. I'm living in that reality now, so I know! Believe me when I say that it's right around the corner for all of you—if you'll just let it happen! Open the door to Love and abundance and freedom in your life—that's all you have to do! It's what I want us to show people how to do.

That's what we will work on in 1998. That's why I'm here now—because I can orchestrate better from here. We planned it this way, even though it's hard and painful at first, it will get better, I promise! We're getting in sync and connecting with each other in a way never before available on earth. The energies are very high now.

One more thing—it can be fun! This process doesn't have to be scary, or a drag. We can laugh, and make it a party! Yes, we have lots of work to do, so it becomes a work party. Then, when the job is finally done—when the battle is finally won—we can then REALLY kick up our heels and dance and celebrate...and we will!

Happy New Year everybody.

Peace and God bless you,

John Denver

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4-25-98

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I'm always so amazed at the work you guys are doing. What you're all doing, what each and every one of you are doing is healing this precious Earth. IT IS WORKING! That is why I am sending you all these signs of encouragement, to let you know that things are progressing not only according to plan, but beyond that. We are moving quickly into the light. Sure there's still a lot of fear, I won't deny that, but compared to what it was even a year ago, there's been some great changes occurring. KEEP UP THE GOOD WORK...you're on the right path...the dream is ending....Oh, I love you all so much!

Yours in Spirit,

John

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August, 1998

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I asked John, "How do we know what to do?" (to carry on for him in a way that will work) He replied, "The opportunities and ideas will come as your coming together unfolds. Uniting with one's soul family on Earth is what serves as the catalyst for creating Heaven on Earth. You/we will all retain our memories and full consciousness, yet also have the flexibility and availabilities that the physical plane offers. It's what we've chosen to do at this time!" (I also added a side note later that I discovered this was validated in the book *Starseed* by Ken Carey, on page 127.)

*Editor's Note:* After putting this in here, I had some synchronicity with the number 127 which I related in my story about going to the store and hearing John there.

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**"Rejoice in the creative spirit that lives in you and use it consciously to create the life and the world you want."**

John Denver

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## WHAT YOU CAN DO:

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