

Special Love and Peace Issue, 2006

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PERHAPS LOVE

About “Perhaps Love”: “‘Perhaps Love’ was written during one of the darkest periods in my life. I was recording in California and nothing was going right. The darkness was somehow reflected in all the songs on the album. The band wasn’t really working together, and I was on the verge of an emotional breakdown. One day I called in to cancel the recording session (the only time that has happened in my entire career). I took the day to drive up the coast of California accompanied by Annie’s younger brother Ben, who was

May all beneficent beings bring peace to us.
May your Vedic Law propagate peace all through the world.
May all things be a source of peace to us.
And may your peace itself bestow peace on all, and may that peace come to me also.

Hindu Prayer for Peace

"The world is like a ride in an amusement park.
And when you choose to go on it, you think it's real
because that's how powerful our minds are.
And the ride goes up and down and round and round.
It has thrills and chills and it's very brightly colored
and it's very loud and it's fun, for a while.

Some people have been on the ride for a long time
and they begin to question, is this real, or is this just a ride?
And other people have remembered, and they come back to us,
they say, "hey - don't worry, don't be afraid, ever,
because, this is just a ride..."
...It's just a ride.

And we can change it anytime we want. It's only a choice.
No effort, no work, no job, no savings and money.
A choice, right now, between fear and love.
The eyes of fear want you to put bigger locks on your doors,
buy guns, close yourself off.
The eyes of love, instead, see all of us as one.

Here's what we can do to change the world, right now, to a better ride.
Take all that money that we spend on weapons and defenses each year
and instead spend it feeding and clothing and educating the poor of the
world, which it would many times over, not one human being excluded,
and we could explore space, together, both inner and outer, forever, in
peace."

Bill Hicks

Circle the World by Dana Lyons (contributed by Adriana DeJong)

What if we could circle the world
Flying peace doves beneath the sun
Giant twenty foot wings of fabric
That are hand made by everyone
Once a year we circle the world
Saying ain't it time to bury the guns
Our time has come and we have begun
To Circle the World

Its a dream and its a vision
Its a prayer that we may see
When every person, every creature
Will be treated with dignity
When every war will be a memory
We never shall repeat
Our time has come and we have begun
To Circle the World

Its a parade and its a party
Giant puppets with many drums
Its a song with many rhythms
That is sung in many tongues
Its a giant snake dance
In every country beneath the sun
Our time has come and we have begun
To Circle the World

Adapted from the Dana Lyons Website www.danalyons.com
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Living with Purpose: Sending and Receiving Positive Energy - By Melanie Votaw

Every day, the news is disturbing. Escalating violence between Israel and Lebanon, wildfires in California, bombs are going off in Iraq, genocide continues in Darfur, etc., etc. How can we maintain any kind of spiritual equilibrium in the midst of what appears to be chaos? It's difficult - I won't pretend otherwise.

So, what can we do?

We can use the power of prayer and send loving energy to these troubled areas. I call on everyone to take a moment each morning and evening *this week* to pray or send healing energy to Iraq, Afghanistan, Israel, Lebanon, Palestine, Darfur, California - or wherever else your heart is called. Of course, if you can't do so this week, choose another time. But the power of a group of souls sending energy during the same week is significant.

PLEASE FEEL FREE TO FORWARD THIS TO OTHERS WHO MIGHT WANT TO PARTICIPATE. Think in terms of easing the burden of just one soul for one moment in each of these places. Think about softening the heart of someone who is torturing others. Think about offering a spark of hope to someone living in a desperate situation. Then, trust that what you have done has had some impact, even if you never see it.

The energy that you send to the other side of the world will also benefit you. Whenever you send love, you also receive it. As you send peace, you will feel peace.

Now that you have practiced sending energy, practice receiving it.

Think of something you have wanted to accomplish that has been difficult for you to achieve. Sit quietly and tune in to all of the people in the world who have already accomplished this. Draw their energy into you. Feel the energy of success.

Example & Exercise

Let's say you want to write a successful screenplay. Connect your energy with everyone who has ever written a successful screenplay - by simply closing your eyes and imagining that you are connecting with them. Imagine yourself drawing the energy of these people to you. They know what it's like to accomplish what you want to accomplish. To them, it's not an unknown. To them, it's not something that feels out of reach. How does it feel to know that you, too, can accomplish this? Can you allow yourself to touch feelings from your probable future?

Now, try the same exercise by connecting with people who are living the life purpose you envision for yourself. Do this exercise even if you aren't sure what your life purpose is. (It might just help you to figure that out!)

Consider...

What do these people feel like?

What is it like to be these people?

What can you learn from them?

Draw their energy to you. How do you feel now?

Note: You're not taking energy from them; you're simply multiplying this positive energy.

This is a great exercise to do when you're feeling down or stuck in negativity, and it's a great exercise to do with a partner! http://www.selfhealingexpressions.com/how_to_radiate_positive_energy.shtml

Another case for reincarnation - sent by Alice Yeager

In the last ten years, multiple independently researched reincarnation cases have emerged, which reveal that from lifetime to lifetime, people have the same facial features, personality traits, passions and even linguistic writing style. How were cases derived? The most compelling cases involve those in which children have spontaneous memories of a past lifetime that can be factually verified. The case of James Leininger, aired on ABC Primetime in 2005, and the case of Anne Frank/Barbro Karlen, are examples. Past lives can also be derived from spontaneous memories in adulthood or past life regressions. Another set of cases has been derived through Kevin Ryerson, a world famous trance medium. <http://www.johnadams.net/>

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**"The weak can never forgive. Forgiveness is the attribute of the strong."**

Mahatma Gandhi

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IN JOHN'S MEMORY

From the Aspen Times, 1974

(John's gift to God)

The John Denver Concert netted \$6,000 for the benefit of Touchstone with two completely sold-out performances on Tuesday, Feb. 19, in the Wheeler Opera House. According to Touchstone officials, \$4,000 was profited by ticket sales while \$2,000 was profited by sales of the Tom Benton Poster designed especially for the concert. The first 50 copies of the Tom Benton posters were numbered and signed by Benton and Denver. (Feb. 21)

(God's gift to John)

Aspen has biggest ski day ever.

The deep powder snow which fell over the weekend brought the skiers out on Aspen mountains to make the day before New Years, Monday, Dec. 31 [John's birthday!], the biggest skiing day ever in the history of Aspen. ☺

From Rich Melody by Rashmi Kumar - <http://cities.expressindia.com/fullstory.php?newsid=193831>

This eight-member band is thoroughly inspired by Jamaican calypso singer Harry Bela Fonte, Bob Dylan, Bob Marley, John Denver and the Beatles. They went international and performed in the US in 2003 and 2005. Informs Riju Dey, guitarist, "The response we got from the audiences there was fantastic. Some of them didn't even know Bengali, but, the power of music is such that it can bind two unknown souls together."

From the Charleston Daily Mail (<http://www.dailymail.com/news/News/2006071917/>)

...Crowds at athletic events do not always give an enthusiastic welcome to politicians. "I've seen how difficult it is for them (politicians) going to their home arenas and stadiums," [Gov. Joe Manchin] said.

Manchin was in his early 30s when he saw fellow WVU fans boo Gov. Jay Rockefeller, causing folk singer John Denver, appearing for a special pre-kickoff rendition of "Take Me Home, Country Roads," to say into his microphone, "Come on, now. Be nice."

That was Sept. 6, 1980, the first game at the new Mountaineer Field and the first day on the job for Coach Don Nehlen. "It's a sporting event," Manchin said. "People don't want a speech. They want to watch an entertaining sporting event. I'm there as a fan like everyone else. I'm not going to infringe or inflict politics into the whole process."

EDITOR'S NOTE: Ironically, that's what John started doing at HIS concerts in the 80's—getting a little "preachy" about weaponry, caring for the environment, and other causes he was endeared to. He turned a lot of people off for the same reason Gov. Manchin explained—they didn't want to be preached to, they just came to enjoy the concert. In John's eyes, however, he had created a platform for himself with his music, and he intended to use it as best he could to make the world a better place for everyone. Not all his fans shared that higher vision, however.

From the July RMH Newsletter

John's "I Want To Live" is the song on a video produced by The Wheelchair Foundation. This is being shown to thousands of Rotarians throughout the UK and is causing a real impact through the combination of the song, the words and the scenes of people regaining their lives. You can download the video from the foundation's website: <http://www.wheelchairfoundation.org>.

(**EDITOR'S NOTE:** As of this writing, the website would not load on my computer.)

There are two different countries that have issued a commemorative stamp honoring John in 2005. Nevis issued a sheet on 2-1-05 and Antigua issued a sheet on 11-1-05. They both are single pages with one large picture and 4 smaller stamps on the page. The Nevis stamps are \$3.55 and the Antigua stamps are \$4.45 per sheet. S/H is \$3.00 per order. Phone 1-800-245-7597 or visit <http://www.stampcenter.com>.
http://www.stampcenter.com/product_info.php?cPath=10021_10174&products_id=70669
http://www.stampcenter.com/index.php?cPath=10021_10154&sort=2a&page=11

From the Toledo Free Press, 7/26/05 (With all due respect to John)

K100 morning personalities Gary Shores and Harvey Steele are pursuing an idea to honor Toledoan Danny Thomas. The duo, with support from City Council President Rob Ludeman, would like to rename Toledo Express Airport (motto: "The second-fastest way to Detroit!") after the performer and founder of St. Jude's Children's Hospital. Thomas is certainly worthy of respect, but we should carefully consider all the options before we re-name Toledo Express.

John Denver Express Airport: Denver's song "Saturday Night in Toledo" contained the lyrics, "Just two lonely truckers from Great Falls, Montana, and a salesman from places unknown/all huddled together in Downtown, Toledo to spend their big night all alone./You ask how I know of Toledo, Ohio?/Well I spent a week there one day./They've got entertainment to dazzle your eyes: go visit the bakery and watch the buns rise," so we know he felt nothing but contempt for Toledo, which means he shares an attitude with many Toledoans. Since he died piloting his own plane when it ran out of fuel, there's a tie-in to aviation. There's a crash-and-burn joke here somewhere, if you care to look for it.

You can read the entire article at <http://www.toledofreepress.com/?id=3698>

From <http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2006/07/30/TRG45K55NO1.DTL>:

"Leavin' on a Jet Plane" by Peter, Paul and Mary also got a lot of votes. "Anticipation, regret, all before leaving home!" writes Susan Waldron. "Plus a personal association for me -- it was the theme song of the spring 1970 voyage of World Campus Afloat, a semester-at-sea program that triggered my lifetime love of travel." Not everyone knows the song was written by John Denver. I always thought it was originally written about a guy heading off to Vietnam, but can't find any definitive conformation on the Internet.

Denver's "(Take Me Home) Country Roads" was another popular selection. I urge you to add it to your list, and also the wonderful Hawaiian version by the late Israel "IZ" Kamakawiwo'ole.

You can sign up for the latest John Denver news at <http://www.legacyrecordings.com/johndenver/> .

See videos of John at <http://www.youtube.com/results?search=john%20denver&sort=relevance&page=1> .

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**"Open up your mind and let the light shine in...."**

John Denver

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IN JOHN'S WORDS

August 23, 1984

Dear Gabriele,

I recently learned from your letter of the sadness you feel over the loss of your friend, Bob. I want to share with you a part of the truth of my life, which is knowing how perfect life is in all of its forms and all of its ways. I know that sometimes things are difficult to understand and seem impossible to accept, but it is going to be the way it's intended to be, and letting it be that way has really allowed me to rejoice in life's many manifestations.

I know the loss you feel with the death of your friend, but death is not an ending—it is a symbol of movement along the path upon which we are all traveling. As it may be painful to lose contact with the physical universe as we know it, the spirit can never be lost. We have been and always will be a part of each other.

Gabriele, there is a word, compassion, which allows one to experience the difficult and the painful as well as the joyous and the loving from a space that doesn't require guilt and frustration. It is in the fullness of this space that I intend to experience living. I am blessed to be able to share my life with you. Have a good one.

Peace,

John Denver

From the Cincinnati Post

May 24, 1991 – "Mistaken Identity"

John Denver says he has no hard feelings after being pulled over recently by Omaha, NE police who mistook him for a robbery suspect. "I don't think it was a dumb blunder," the folk singer said Thursday. Denver, who has been in town since April to record an album, was driving with a friend in his Porsche when police

stopped him. Police were looking for two armed-robbery suspects with long hair and black jackets who made their getaway in a sports car. The 47-year-old singer and his friend have long hair and were wearing black jackets!

April 22, 1994

John Denver isn't performing in Vietnam next month for the money. The singer flies into Hanoi on April 30th, the 19th anniversary of the communist victory. Denver will perform May 1, 2, and 4 in the country. "It's a money loser," said manager Bill Thomas. "We're doing it because he and I believe it's the right thing to do." Said Denver, "Music is the universal language and it's a healing force."

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MY SPIRIT STILL SINGS!

7/18/06 (Margit)

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Today I used the 5-CD-player in the guest room, leaving the back door open so I could listen to John while working in the garden. I set it on random play & went outside to work. I enjoyed the beautiful weather and John's music making it even more perfect, when all of a sudden the healing exercise using Reiki & the song 'Perhaps Love' John gave to Eileen (it's in the last newsletter issue) came to my mind. And I wished I could get a session. At the same time the song that was playing ended & the next one was...guess ;-) right! .....  
PERHAPS LOVE !!!

I wanted to take a break anyway, so when PL ended I went back inside and played it again - and IT FELT LIKE I WAS GETTING AN ENERGETIC MASSAGE while I envisioned a joy-filled moment of my life. I don't have the 'Hado' water, yet; but I GOT THIS LITTLE 'SESSION'.  
THANKS JOHN!

This experience reminded me of another exercise John gave me in July '05, and I felt inspired to post it here, also because the older newsletter issues are not available online right now (I'm working on this). I heard from a few people who did the exercise and got a message/sign from John. So, if you want to do it again; or if you missed it or forgot about it - you can do it now!

Dear Friends,

*I'd like to invite you to participate in a little 'exercise', if you like:  
Get comfortable, close your eyes...relax...take a few deep breaths...listen within...focus on your heart chakra, envision it being filled with a warm, golden light...feel it flowing through all your bodies...now the light radiates outwards, and it is forming letters you can see with your inner eye...words...the title of one of my songs.  
When you see the title clearly, come back from this short meditation, and play the song. I'll be right there with you, and you'll notice it for I will give you a little sign.  
Stay in your heart, and please don't limit this contact by expecting it to happen in a certain way. There are many ways, and I'll 'speak' to YOU individually. All you have to do is to FEEL the song in your heart. I'll be as close as you allow me to be.*

*Are you ready to try it? I'll be happy to meet you on that higher energy level we create through this exercise.*

Namaste~

John

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He loves to communicate with people, and he wants to show us how it works and that it is easier than we think. He also says that when you got the song in the meditation, it's ok to do the 'feeling exercise' using the same song for awhile. Experiment with it. You'll know when it's time to move on to the next song. Don't force anything to happen, just go with the flow... Be ready for magic and synchronicity, and ENJOY!

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7/06

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Right after I got the inspiration to do this special newsletter, several members of the Yahoo group "Almost Heaven" posted experiences they were having surrounding the issue of PEACE, or experiences that pointed to a RELATIONSHIP to peace...and it felt as though we were creating a PEACE CONSCIOUSNESS together. When I attempted to publish these posts here, I found that it was way too much material, and editing it would have taken something away from its magical energy. However, these discussions eventually led to "An Invitation —You AND Me" by Dorothy, which I am including here and we now extend the invitation to all of you, and anyone else you would like to pass it on to:



8/1/06

John has been urging me to post this for a couple of weeks now. I know we are all delighted by the synchronicities that happen on this board - and we have seen how effortlessly they happen. Sometimes just the casual mention of a passing phrase or thought will reveal a whole string of syncs happening among us - or set one in motion.

I often wonder whether, we, as a Group, could have a wider spiritual impact by using our group energy in a more focused way together. Either Eileen or Margit already hinted at this right after the group became reunited, but no one has voiced what form it might take. So let me propose a small first step and see what evolves.

I would like to invite everyone to join me in a few moments of consciousness/prayer/meditation/ that we do all together as a group at a certain time each day. If you miss the time on certain days - just do it whenever you can that day and then send the energy backward or forward in time to be part of the group energy for that day. You can be as simple or as creative as you like with this, and just do whatever feels right at the moment so that it always feels joyful and effortless to participate. You can just be still and prayerful for a few minutes, or you be creative and move your body, dance, sing, do yoga, draw, write, play music, light a candle. burn incense, be out in nature, take a warm cleansing bath or shower, sip a cup of soothing tea - whatever you like. The length of time you spend each day is also up to you - I would like to suggest 5 to 12 minutes of focused consciousness at the group time every day, but go with what YOU feel at the moment. On busy days you can simply send a thought for your spirit to participate even though your body is busy with other things in the physical world. But I hope there will be many days when most of us are physically all doing this at the same time for a few minutes each day around the globe.

I thought maybe we could use our old chat room time for this activity which was: 10:00 a.m. Eastern Time USA; 3:00 p.m. England and Wales; 4:00p.m. Germany and Netherlands.

So let us begin - I already spent a few minutes today sending out energy of Peace, Love, Harmony, Balance, Beauty and Joy over the entire earth and for all of humanity. Now I invite each of YOU to consciously join in this activity with me for a few minutes each day and let your prayer expression be guided by your own inner voice.

Dorothy

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"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves."

John Muir

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EARTH RHYTHMS

What's Ahead for Planet Earth? From [http://www.reconnections.net/worlds\\_in\\_transition.htm](http://www.reconnections.net/worlds_in_transition.htm)

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Not only are Energy Gates opening around the world, but the world itself is beginning to conceptually BREAK APART, into a Multiplicity of Earths.....each one with it's own specific destination and agenda. In their transmission about future events, written shortly after September 11, 2001, the Guides have this to say about the Spaceship Earth, and its many holographic fragments:

*"Oneness is not a destination---even though we have often spoken about your impending "return" to it. In truth, it is an energetic touchstone....a means of equalizing and balancing your polarized consciousness so that it becomes free to depart from a specific reality format and journey elsewhere.*

*In a sense, the Reconnection Universe (the reality in which you have encountered this writing, or similar information), is a bit like Grand Central Station. You enter it, determine your destination, purchase a ticket, and climb aboard the train that is leaving for your chosen destination. A specific "trip" can be manifest as "a train of thought," "an emotional side-track," or a even period of focused "training" which is designed to prepare you for more expanded existence. As you can see, we play with words. But be not deceived. This "play" is serious business. Hidden within words you use everyday are portals and gateways that connect entire universes with each other. Therefore, it behooves any traveler to begin noticing what he has been saying. Sometimes the thought \*is\* the thing.*

*The first step in any Reconnection is willingness to change one's viewpoint. A traveler must be willing to COME IN, off the street, to a new and unusual place in consciousness. Your first encounter with Oneness*



*may either feel like an indulgence of curiosity, or it may be the result of some traumatic shock that opens the way for a whole new outlook on life. It does not matter. The core process is still the same. A traveler first needs to close the file on his current Limitation mindset so that new viewpoints can be installed.*

*In lifetimes past, you waited for that experience called "death" before you allowed us to de-program you from the Limitation focus. But now, within the special "station" that has been constructed for just this purpose, you are allowing us to introduce all of the "bridge concepts" of Reconnection into your thinking while you are still represented in physical form. The Now Moment is a multidimensional vehicle that can take you anywhere (and anywhen) you wish to go. It is your seat on a train that takes you into the Oneself, and on to a new destination."*

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Ways to Peace – from Allison Rae

As it did a year ago, summer is delivering a wave of crises testing the courage, principles, strength and faith of people around the globe. In early July North Korea surprised the world with a round of nuclear testing, launching seven missiles in a demonstration of the country's military power. The disenfranchised communist nation promises to continue its missile testing program despite global sanctions. Now the Middle East returns to the spotlight with Israel and Lebanon on the brink of war. The U.S. war with Iraq grows more brutal by the day. World political leaders are meeting in Russia to address growing tensions between nations. We have a special opportunity to bring a focus of peace to this gathering, and to energetic hot spots around the world.

#### Solstice Flashpoint

A special configuration of planets at the Solstice Point on June 21 foreshadowed a volatile summer. This planetary pressure-cooker is now boiling over. The western U.S. is experiencing a record-setting wildfire season while flooding plagues eastern states. Earthquakes continue to rock Indonesia, and volcanoes are erupting in Ecuador, Colombia and the Philippines. An underground bomb test originally scheduled for June at the Nevada Test Site in the U.S. was narrowly averted through the efforts of dedicated activists. Nuclear weapons have now surfaced in other parts of the world. Acts of rage and violence fill the headlines each day alongside acts of extreme courage, compassion and grace. This is the Shift of the Ages.

#### Cosmic Context

We live at a critical time in Earth's history. Vast cycles are ending and new cycles are beginning now, in our lifetime. The 2,000-year Piscean Age is fading as the Aquarian Age takes root. A 26,000-year precessional cycle is coming to an end, and a new astrological Great Year is beginning. When the Mayan calendar ends in 2012, we enter the World of the Fifth Sun. As new cycles open, we have the opportunity to begin again. How will this new beginning be known in the cosmos? What of this civilization will we take with us into the next world age? What will we be wise enough to leave behind?

#### The Shift

We live in the between times, the transition between world ages. The Hopi of North America call this period the Great Purification. In Vedic scripture, the darkness of the Kali Yuga marks humanity's deepest descent into materialism, violence, corruption and greed before being reborn into the Satya Yuga, the Age of Truth. As the current cycles complete, Earth changes are escalating. They show us what needs to be healed, brought into balance. Do we have the courage, as a people, to end war, poverty, violence, world hunger? Death and destruction are necessary elements of the creation process. The passing of the old makes way for the new. However, human violence is optional, and catastrophe can be mitigated.

#### Creating Peace

We are at choice in each moment to bring greater peace to this world that is so troubled, yet so ripe with creative potential. There are many ways to peace, some passive, some active, all effective. Prayer, meditation, ceremony: World peace begins with inner peace. In prayer, we bring a focus of peace and compassion to the Earth and all beings, with special attention to hot spots in our individual lives, our communities and our world. With meditation, we connect with Divine Source, creating a portal of peace in the Earth dimension. Ceremony and ritual empower our intentions.

#### Personal choices

When provoked, how do we respond? Anger camouflages pain. In what ways have we not felt honored or loved, and how is the "aggressor" reflecting this scenario back to us? What is the love response? The materials and products we use in our homes and the foods we choose for our bodies can resonate with peace. We can live more in harmony with the Earth by choosing renewable energy sources, organic foods and natural products for the home, health and beauty care.

## Activism

The Internet opens us globally to social, environmental, spiritual and political organizations committed to creating a brighter future for the Earth and humanity. Get involved. Donate your time and resources to causes aligned with your values and purpose.

## Emotional balance

During the Great Purification, it's time to heal wounds from the past, to release outdated response patterns rooted in fear and control. Victim mentality dissolves as we create, together, a world of empowerment and enlightenment. Healing ourselves and bringing this balance into our homes, work environments, relationships and communities will pave the way for peace.

## Life path and purpose

You incarnated at this special time to participate in the transition to the next world age. What gifts have you cultivated to be of service at this time? How are you expressing your purpose? Is it time to re-evaluate, make adjustments? Each ending is a new beginning. Peace is possible, even in crisis. As the changes accelerate, it's time to become more pro-active, more diligent in creating a world we want future generations to inherit.

## More Information

Articles about the Solstice Flashpoint, Earth Changes and related topics are posted in the Alignments

Newsletter archives: <http://www.StarPriestess.com/newsletter.html#archives> .

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"There are plenty of people who pray for peace but if praying were enough it would have come to be."

Jewel, A Life Uncommon

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## HEAVENLY CONNECTIONS

## Signs of Life

Explore the afterlife and related phenomena. Listen to top scientists, mediums, and researchers. Call in with your most perplexing questions. Advertise your business during the broadcast!

When: Thursdays from 9-10 p.m. Eastern U.S. time

How: By listening to 540 AM radio (Long Island, NY) or streaming live on your computer (seems to work with high speed connections only, however) at: [www.businessradio.com](http://www.businessradio.com), [www.islandtalk540.com/news.htm](http://www.islandtalk540.com/news.htm) or [www.wlie.com](http://www.wlie.com). To advertise: call 631-425-7707 or email [radio@foreverfamilyfoundation.org](mailto:radio@foreverfamilyfoundation.org) .

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New website for bereaved Moms and Dads: <http://www.healingheartshaven.com>

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## Notes from the Reconnections

There was a time when you required that experience called DEATH in order to take off one set of garments and put on another. No more. You live and die many times each day, though your conscious mind seldom lets you to realize it. Your internal sense of "balance" and your Veil of Forgetfulness automatically keep from you the most dynamic aspects of your journey. Soon, that will all change. Little by little, you are letting yourself in on a fascinating "secret." The Secret of the Ages!

Read more at [http://www.reconnections.net/citizens\\_of\\_multiverse.htm](http://www.reconnections.net/citizens_of_multiverse.htm)

And these are really good, too: [http://www.reconnections.net/honoring\\_yourself\\_trans.htm](http://www.reconnections.net/honoring_yourself_trans.htm)

and [http://www.reconnections.net/meta\\_arc7.htm](http://www.reconnections.net/meta_arc7.htm)

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New Book: *Close To You* by Natalie Smith-Blakeslee

In Memory of Carrie Ann Smith 8-17-1978 \* 10-2-2005; Thank you, Carrie, for pushing me to get this book done. You will be forever in my heart.

Love, Mom

Dear Friends of Love and Light,

My co-author, Diane Albert, and I have been hard at work for several months on this long-delayed book, which I've talked about in my forums for quite some time. (EDITOR'S NOTE: Email me if you would like info. about obtaining a copy.)

EXCERPT:

Natalie Smith-Blakeslee died in 1989. Temporarily. She was 29 years old and the mother of two young daughters when she felt her life spinning out of control, the result of years of hiding from herself and a descent into anorexia. A web of entanglement spun her into a near-death experience.

After her near-death experience, Natalie became a virtual satellite link to the other side for people grieving the loss of a loved one, awakening them to the realization that our souls, our identities, our feelings, and our awareness of the everyday lives of those we left behind, all survive the shedding of our bodies.

Learning how to live again, now with the added puzzle of figuring out how to fit into the physical world with her new, unique awareness of the spirit world was Natalie's first challenge. Learning how to accept a new self that didn't seem to fit in anywhere now, with personality changes that extended even to her sexual responsiveness, was her second challenge. And as she struggled to regain her footing, she was sent into battle again, this time against Hodgkin's Disease. Where would the strength come from?

The answer gradually became obvious. Finally accepting and then welcoming the spirits who had been coming to her since childhood, Natalie set out on a spiritual odyssey, a journey that would change this shy, small-town girl into an accomplished public speaker. From a timid, invisible follower to a charging, self-confident leader, the little girl who hid under the covers to avoid the spirits begging for her help became a willing vessel, embarked on a new path-- helping others to awaken to the truth and love and light of the universe.

In "Close To You", Natalie Smith-Blakeslee tells an inspiring story of love and hope. Hope for those suffering the spiritual loss of self. Hope for those grieving the physical loss of loved ones. Hope for those who hunger to understand the journeys and lessons of our souls and what awaits us in heaven. Hope for survival. Through Natalie's eyes we find that the world is a much grander place than our five senses tell us.

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Heaven and Earth Come Together - By Elizabeth Reed, Ph.D. with Neil Douglas-Klotz, Ph.D.

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Heaven and earth are one reality. This is a fundamental concept in a Native Middle Eastern world-view. This world-view would only know the interconnection of vision/vibration and form/manifestation. Heaven and earth are not dualistic realms as thought by most Westerners, especially fundamentalist Christians. Some think of heaven as a place of future reward of eternal bliss, a place separate from this earthly existence, a place disconnected from the heavenly realm. Heaven and earth are not separate realities; these two realities exist simultaneously at all times and places.

Honoring The Lords Prayer ~ A Guided Meditation

In your minds eye, or better yet - in person, take a break and go outside. You could alternatively open a window or door and breathe in some fresh air.

Look at the earth around you. Take in its colors, shapes, textures, and sounds. Be aware of your body as part of earth, focus awareness on your bones and ligaments, connected within your body, giving you support and allowing you to walk upon the earth.

Look at the sky. Breathe the air and feel any wind or breeze. Be aware of the light from the sun. Feel the air enter your body with each natural breath. Experience warmth within and without from the sun. Just as you are earth, you are also vibration, light, and atmosphere.

Give thanks that earth and heaven, form and vibration, come together within you.

Read more at [http://www.selfhealingexpressions.com/the\\_lords\\_prayer.shtml](http://www.selfhealingexpressions.com/the_lords_prayer.shtml)  
and [http://paulapeterson.com/new\\_heaven\\_new\\_earth.html](http://paulapeterson.com/new_heaven_new_earth.html)

EDITOR'S NOTE: Also, why I use prayer therapy in my counseling practice could be summed up here:

[http://www.drmenahem.com/therapy\\_chapter.htm](http://www.drmenahem.com/therapy_chapter.htm)

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Meditation for the Death of Your Loved One (from Sylvia Browne's *Lessons for Life*)

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Lie down in a comfortable position. Relax your body, starting with your toes and going upward through your feet, ankles, calves, thighs, pelvic girdle, trunk, arms, hands, shoulders, neck, and head....  
Let your breathing become rhythmic, as if you are falling asleep. Now close your eyes, and imagine yourself up above your body.

Instead of pushing your grief away and burying it in your body, let it boil up and come out. It is like giving birth, only you don't have to be brave and grit your teeth; you can just let yourself go. Let the montage of memories fill your mind, and feel the pain or joy or whatever emotions come your way. If you feel regret or guilt creep in, know that these emotions were part of a lesson learned, but you don't need them anymore.

See yourself going through the tunnel (you will not die) and embracing your loved ones. If you keep doing this, they will give you a telepathic message. Regardless of what validation you want or get, be aware that they made it to the Other Side, which is Home, and they are happy and you will one day be with them. Say to yourself, "I will talk to my loved ones and keep them alive in my memories and thoughts. I know that my loved ones will never leave me, and this gives me solace."

If you would like to, take a walk in a meadow or a rose garden with your loved ones. See their happy, smiling faces and know they have not forgotten you. Feel their presence and their touch. It is all so real that you can even smell them. Your pain begins to flow out of you as your blessed angels surround you with their healing wings of protection. Feel your spirit guide standing by you as a helpful companion. Feel the light of the Holy Spirit fill your heart with grace, hope, and conviction, and know that you will only be separated from your loved ones for a short time, and you will see them again after you finish your schooling. Ask your loved ones for a sign. Ask them to come to you not only in the meditative state, but in your dreams as well. Perhaps, with God's help, you can go out of your body astrally and meet them on the other side.

Do not block grief, but know beyond any doubt that your loved ones want you to go on with your life. To fall down and not get up is no way to celebrate the life of someone who was taken from you. Make a concerted effort to not only love again (although perhaps not ever in the same way), but to help others who are in pain and loss.

Bring yourself back now, all the way back to complete consciousness, feeling lighter in your heart and soul and knowing that your loved ones are happy and finally Home.

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More guided meditations may be obtained from the Self Awareness Institute:

[http://www.selfawareness.com/?gclid=CMz3x\\_CvYICFQ42LAod3USBTA](http://www.selfawareness.com/?gclid=CMz3x_CvYICFQ42LAod3USBTA)

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SONGS OF...

"PEACE CONSCIOUSNESS"

Watch the video of John singing "Last Night I Had the Strangest Dream" (and others as well) at

<http://www.youtube.com/results?search=john%20denver&sort=relevance&page=1>

(Thanks, Sylvia, for sending that link!)

The Peace Poem - words by John Denver, from *It's About Time* (1983)

There's a name for war and killing
there's a name for giving in
when you know another answer
for me the name is sin
but there's still time to turn around
and make all hatred cease
and give another name to living
and we could call it peace

And peace would be the road we walk
each step along the way
and peace would be the way we work
and peace the way we play

And in all we see that's different
and in all the things we know
peace would be the way we look
and peace the way we grow

There's a name for separation
there's a name for first and last
when it's all for us or nothing
for me the name is past

but there's still time to turn around
and make all hatred cease
and give a name to all the future
and we could call it peace

And if peace is what we pray for
and peace is what we give
then peace will be the way we are
and peace the way we live

Yes there still is the time to turn around
and make all hatred cease
and give another name to living
and we can call it peace

Peace, my friends. Pray for peace.

MOZART

Tomatis for PDD

On May 5, 2003, I shared with the nation on the Today Show my daughter's story of her recovery from an autistic spectrum disorder. Diagnosed at 21 months of age, Ashley was non-verbal and had no interest in interacting with her family or anyone else. She had sensory integration and auditory processing issues. She had poor body awareness and a "leaky gut". At 4 years old, she was removed from the autistic spectrum by her neurodevelopmental pediatrician. Now at 7, she is in first grade and is reading at a 4th grade level. She plays the piano and the guitar -- "by-products of Mozart's effect on her!" She is indistinguishable from her peers.

* * *

I can teach you all about the ear and its relationship with the brain. Did you know that "hearing" is much different from "listening"? Did you know that the ear does so much more than take in sound? Did you know that it makes a difference what ear you predominantly listen with? Did you know that your right ear has a different role than your left ear? Did you know that learning disabilities are really "listening disabilities"? Did you know that we can retrain the ears to "listen" better and stimulate the brain to communicate? Did you know that we listen with both our bones and our ears? Did you know that children with listening problems may be listening more with their bones and not enough with their ears throwing them off task and not engaging? Do you know how therapy with Mozart can bring about sustaining changes in these children?

Read more at <http://www.awakeningashley.com/>

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### FROM HE WHO SEES THE EAGLE

7/25/06 – through Margit  
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On one day during [ANY] WEEK everyone who chooses to participate will receive a message from John. All we need to do is to let him know that we're 'in it' and BE OPEN and listen with the heart. If you want to pick a day/a quiet moment and connect through meditation and/or by playing his songs (do the song exercise), that's fine; but he might very well drop in 'out of the blue'....

Whenever you feel/sense 'this is the moment', get ready to receive the message and write it down. It doesn't matter whether it is short or long, and even if it doesn't make sense to YOU - then it's meant for someone else in our [soul] group. Anything you get while you are aware of his presence in some way, counts.

John is encouraging everyone to participate! This is a great opportunity to make conscious contact, to practice using our non-physical senses. He wants us all to know and experience that it IS possible to communicate with him (and the spirit world in general). We're not only posting words, we'll bring in the essence of the messages and the love John is going to channel from his side of the veil.

MY DEAR FRIENDS, MY FAMILY - COME AND PLAY THE GAME WITH ME! IN THE INFINITE BEAUTY  
WE'RE ALL JOINED AS ONE.

JOHN  
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I've asked Eileen to copy the article [from <http://www.meaningandtruth.com/group.html>] below into my space, as it really sums up quite accurately what I would like to say to those who profess to carry on in my name:

"In the [earthly]spiritual, psychotherapeutic realm, much attention and credit is given to the teacher, the seer who has been transformed by a realization that has elevated his or her consciousness to an understanding not immediately available to the rest of us. In general, we seek to obtain wisdom from such a leader to help us with our problems, and **the more we tend to rely on the teacher, the less capable we seem to be in confronting and resolving them on our own.**

When an appreciated, healing presence like that disappears, whether through death, or through the revelation of personal shortcomings that call into question the teacher's credibility, the students/patients who remain behind may feel lost. But in fact, **it is their ability to apply the ideas on their own that they have been taught that is a real measure of the efficacy of the teacher.** This accords with the idea that the most pertinent criterion for assessing the extent of a spiritually-oriented [leader's] understanding and effectiveness is not by judging the [leader] directly, but by observing the relative health, happiness, sense of well-being, and loving presence manifested by his or her...disciples.

It also conforms to the evidence provided by personal observation and biographies of spiritual guides, that there are no permanently enlightened individuals. Rather, there are only enlightened ideas, which, nevertheless, themselves merit our profound gratitude. This realization can help us to further appreciate the oft-mentioned assertion that "the thinker and the thought are one," which means that there is no enlightened consciousness, and hence no enlightened individual, without an enlightened thought filling it. The...group, whether led by a brilliant teacher or run as a leaderless meeting, always encourages its members to direct their attention toward valid ideas and not concern themselves with individual personalities or superior insightfulness. It is also intended to be relevant rather than theoretical by attending to real and pressing issues emerging from participants' life experiences."

So you could say that one measure of my leadership success as John Denver would be the extent to which people apply what I learned in MY life to their own lives and their own interactions with one another. I see by the courses some circles have taken that perhaps I was remiss on some of the examples I intended to set. On the other hand, I also see visions of even greater grandeur than I dared to endeavor. None of it is to be judged, however; this is simply life—God—stirring and seeking to find the rightful place for all Its aspects.

Why would I bring this up for an issue dedicated to love and peace? Because there is no truer path to inner peace and unconditional love than recognizing the teacher of these truths in ourselves! Even during our darkest nights of the soul can we be a witness to this as we accept the comfort that others can provide for us. And then, even as we are still healing ourselves, we can pass this energy on to others as their needs arise. What was once our place of despair becomes our strength for the despair of others. That's what I found happened with my music. THAT is the example I hoped to set and the legacy I would leave. You, too, can find that which will become yours.

Peace,  
JD

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Shortly after I got this down, I got off the computer and went upstairs to read. My Course in Miracles newsletter had recently come in the mail—coincidentally on the same day that I was to attend my very first talk ever on ACIM. (You get a free nl subscription when you purchase something.) Also coincidentally was an article in there by Jerry Jampolsky about pretty much the very same thing of which John had just spoken...how in helping a client of his who was in pain he, Jerry, alleviated his own suffering. Jerry wrote, "What I was telling [the client] were all the things I was already doing but in sharing it with him, it strengthened my resolve. This man felt my comments were very helpful and we talked on the phone about 1/2 hr. After we finished our call, I reflected on the fact that during my telephone conversation I was so focused on being of service to another person, that I was totally unaware of the pain I had been in." What a wonderful validation, once again.

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You don't change the old by resisting it. You change the old by making it obsolete through superior methodology.

Buckminster Fuller

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CHOICES IN ACTION

PEACE

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Let's gather our collective power and celebrate together, aligning hearts and minds worldwide to peacefully bless the waters of the world, those within and without, with our Love and Gratitude. Here is a simple, yet effective formula for entering peace thru Gratitude:

Set aside a moment to fully immerse yourself in Gratitude. Begin by focusing on a memory, one that elicits the feeling of Gratitude within. Move this memory into your heart, allowing your mind to rest by simply focusing your breath. As thoughts arise, release and return to a centered State of Gratitude. Remain here for a moment, or longer, as inspired feeling the coherence of our collective consciousness swimming in Gratitude.

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Jane Goodall's site for Peace: <http://www.janegoodall.org/peace-day/index.asp> (thanks, Dorothy!)  
Looking for peace? Create it! (thanks, Sylvia!):

<http://www.mental-health-matters.com/articles/article.php?artID=621#article>

Georgiann sent this: <http://www.eraofpeace.com/index/index48.php>

Sign up to be a Voter for Peace: <http://www.votersforpeace.us/signUp.jsp?key=1134>

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Join the 31-day peace experiment and get a free e-book:  
<http://www.powerofmyway.com/peaceexperiment.html>

Dear Fellow Peace Builder,

I truly hope you enjoy *The Power of Our Way, A Path to a Collective Consciousness* and find great value in participating the Power of Our Way Peace Experiment. The book was written as a result of a dream I had shortly following the tragic events of September 11, 2001. During that dream, I was asked to contribute to peace and healing, and the entire outline for the book, exactly in the order you will see, literally poured onto paper after I awoke.

For the next year, I would meditate and the words would flow. It took me a while to understand that I was writing a book. Later, it became clear that this 31 day process, with four weekly themes; Truth, Forgiveness, Healing, Peace, and Power, and daily readings and exercises, would connect thousands, if not millions of people around the world in a powerful, collective intention.

You see, everyone who is reading this book is literally on the same page together, walking the journey of healing and peace, practicing the application of the 36 principles, and growing in consciousness, on both an individual and collective level.

Our very first readers began to experience profound change in their lives. It began immediately. And, they truly felt the collective energy of the other people around the world who were taking the 31 day journey together. When I released the second edition of "the Power of Our Way" on January 11, 2006, we also released [www.thepowerofmywaymovie.com](http://www.thepowerofmywaymovie.com). A song co-written and recorded with my husband and musician, Brent Law.

Within weeks, over 100,000 people around the world had viewed the movie. Many proceeded to join *The Power of My Way* community whose mission and purpose is to "Raise Consciousness and Build Bridges of Higher Understanding – within Self, in Relationships, in Business and Leadership, and Across Cultures and Religions, with a higher intention of having a powerful, positive impact on the collective consciousness on the planet.

Preparing to release the book and the movie came with great sacrifice. We went the entire winter with no working furnace so we could afford to pay web designers, graphic artists, flash movie designers, and countless others to help us create the movie and websites, and engage in the marketing activities that were necessary to spread the word about this incredible work. And yet, I know that this choice to pursue our soul and life missions, is nothing compared to the sacrifices and struggles of our brothers and sisters around the world.

Over the last week, with the eruption of violence in Lebanon and Israel, and ongoing conflicts around the world, I asked myself again and again, "What can I do? What can I personally do to contribute to building peace and healing at this critical time in our history?"

What came to me was a bit surprising, mostly because selling our books and CDs is one way we support our family and fund the activities of the community. Yet, I knew what I had to do. I had to give my book away. I had to use and share this gift in a way that it would be accessible to anyone and everyone in the world who wanted to join together in the name of peace building, healing, and unity.



So, that is exactly what I am doing. For the next few weeks, whatever feels right, I am giving away the eBook for the *Power of Our Way, A Path to a Collective Consciousness*.

I am also asking that everyone who downloads this book, begin the 31 day process with me, in community, beginning on August 1, 2006. My vision is that if we can spread the word, and get a million or more people around the world to join in this intention; a movement to spread peace and healing across the planet, that together, we can make a huge difference.

In a few days, I will announce *an orientation call that will take place on July 31, 2006 at 7:00 pm EST. The purpose of this call, which I will record and place on the website for people who are in different time zones, is to share the higher intention of this work.*

All you need to do is complete a brief form. This will help us track how many people are joining us in this incredible experiment in joining in collective intention to build peace on the planet. It will also help us see where in the world you reside so we can share how the connections to one another are growing.

As soon as you complete the form, you will receive the link to download the eBook and the workbook. I ask one thing (in addition to beginning the readings with us on August 1, 2006). Email the following link to everyone you know so they too can choose to join us on the same journey.

Send them an email with these two links – [www.powerofmyway.com/peaceexperiment.html](http://www.powerofmyway.com/peaceexperiment.html) and [www.thepowerofmywaymovie.com](http://www.thepowerofmywaymovie.com) and ask that they join you on this 31 day journey. Also, to ensure you receive the email with the download instructions, add [inspiration@powerofmyway.com](mailto:inspiration@powerofmyway.com) to your accepted email list. Plus, there are some extra gifts on that page to support the Power of Our Way Peace Experiment.

That's it for now. I will be with you in spirit always. We are connected; we are ONE, in Unity, Peace, and Love. Enjoy the journey into the Power of Your Way – it is amazing.

May You Be Eternally Blessed.

Namasté,

Anita (Anita Pathik Law, author, lyricist, peace builder, coach, and catalyst for PEACE)

[www.powerofmyway.com](http://www.powerofmyway.com) and [www.awakeningtopurpose.com](http://www.awakeningtopurpose.com)

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Environmental Alternatives:

<http://www.ecofest.com/>

<http://www.veggiesforecology.org/>

<http://www.chocolatebar.com/>

<http://www.greenlight-digital.com/greenlight/iss03/>

From <http://go.care2.com/e/l7g/Np/Sdsd>

When Congress adopted a production tax credit as part of the Energy Policy Act, they gave tax breaks to producers of wind power and renewable energy. Ironically, Native Americans, one of the poorest communities that could most benefit from this act, were excluded from the tax break incentives.

Join the Grand Canyon Trust in calling on Congress to include Native Americans in tax breaks for renewable energy production!

Impoverished rural tribal communities would benefit significantly from development of renewable energy, such as wind power, on their land. Numerous studies have shown that the most successful path to tribal economic development is to have Tribes be full and active partners in development on their reservations.

Wind power would be particularly beneficial because unlike fossil fuel development, a wind project can bring in a 25 year revenue stream and new jobs for the local community, without leaving behind degraded air, polluted water, flooded lands, or gaping holes in the ground. This is a win-win situation for Native Americans, for our economy, and for our environment.

Don't let Native Americans be excluded from incentives to develop clean energy! Sign the petition to join the Grand Canyon Trust in supporting renewable energy, like wind power, in tribal communities:

<http://www.thepetitionsite.com/takeaction/798556737?zoom=93964&zoom=93964&tl=1152963136>

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John Denver Tributes

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Estes Park, CO – Fri., August 4, 2006: [http://www.eptail.com/pages/02friday/fri11\\_o\\_trailplus.html](http://www.eptail.com/pages/02friday/fri11_o_trailplus.html)

Raystown Lake, PA – Sat., August 12, 2006 from 6-10 p.m. at the Seven Points Amphitheatre :  
The Windstar Foundation's Spirit Connection presents the 3rd Annual "Rocky Mountain High in the Alleghenies: A Tribute to John Denver" featuring Chris Westfall, Mark Cormican, Kevin Delmolino, and Dave Howard. FREE ADMISSION! DONATIONS ACCEPTED. For more information and directions to the event, visit <http://geocities.com/spiritwsconnections/> <http://Raystown.nab.usace.army.mil/Default.htm>  
Email [spiritwsconnections@yahoo.com](mailto:spiritwsconnections@yahoo.com), or call the Seven Points Visitor's Bureau at 1-888-RAYSTOWN.

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FREE TELECLASS EVENTS - "WHAT ON EARTH IS HAPPENING TO ME?"

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Monday, August 14, 2006, 11:30am Pacific Time and Wednesday, August 16, 2006, 6:00pm Pacific Time  
Similar sessions, diverse sharing.

In response to manifold inquiries, from many parts of the globe, The Reconnections will be presenting a channeling/Q and A Session, to accommodate both European and U.S. Time Zones.....dealing with Global Acceleration Syndrome (Symptoms which suggest Personal and Planetary Shifts in Energy).

Cost: Free - A free download will be preserved on this topic (the best of the two).....so that those who cannot join us will be able to listen in.

For more info, and to make reservations to participate, go here:

<http://www.reconnections.net/teleclasses.htm>

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The Littlest Cowboy's Christmas is a new children's book about John Denver:

[http://www.amazon.com/gp/product/1589803817/sr=8-1/qid=1153576555/ref=sr\\_1\\_1/002-8251651-3212012?redirect=true&ie=UTF8](http://www.amazon.com/gp/product/1589803817/sr=8-1/qid=1153576555/ref=sr_1_1/002-8251651-3212012?redirect=true&ie=UTF8)

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PEACE ON EARTH – PEACE ON EARTH – PEACE ON EARTH – PEACE ON EARTH – PEACE ON EARTH
WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE – WE ARE ONE
ONLY LOVE IS REAL – ONLY LOVE IS REAL – ONLY LOVE IS REAL – ONLY LOVE IS REAL

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***"I'm with you in singing skies and dancing waters,  
Laughing children, growing old  
And in the heart and in the spirit  
And in the truth when it is told."  
John Denver***