

**A NEWSLETTER DEDICATED TO THE IMMINENT AWAKENING AND UPLIFTMENT
OF HUMANITY AND PLANET EARTH WITH JOHN DENVER**



Fall, 2005

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On the road of experience, trying to find my own way
Sometimes I wish that I could fly away
When I think that I'm moving, suddenly things stand still
I'm afraid cuz I think they always will

And I'm looking for space and to find out who I am
And I'm looking to know and understand
It's a sweet, sweet dream, sometimes I'm almost there
Sometimes I fly like an eagle and sometimes I'm deep in despair

All alone in the universe, sometimes that's how it seems
I get lost in the sadness and the screams
Then I look in the center and suddenly everything's clear
I find myself in the sunshine and my dreams

And I'm looking for space and to find out who I am
And I'm looking to know and understand
It's a sweet, sweet dream, sometimes I'm almost there
Sometimes I fly like an eagle and sometimes I'm deep in despair

On the road of experience, join in the living day
If there's an answer it's just that it's just that way
When you're looking for space and to find out who you are
When you're looking to try and reach the stars

It's a sweet, sweet dream, sometimes I'm almost there

John Denver

Whatever your beliefs are in this matter, they can be applied to making changes. My friend Dorothy wrote:

"That said, I do believe that no one has in their jurisdiction the authority to judge one person's action and response to ANYTHING over another's."

A quote from John that appeared on the Wheeler show program goes like this:

"I believe we are here for each other, not against each other. Everything comes from an understanding that you are a gift in my life—whoever you are, whatever our differences." And his words are reinforced by the latest issue of "What's Up on Planet Earth?" which can be viewed in its entirety at <http://www.whatsuponplanetearth.com/latest.htm>:

"The group energy of the higher realms is also beginning to become a glorious reality as well. As we let go of fears, doubts, and negative thinking, we find ourselves in an amazing place where we are coming together with very little ego and in this state of being, we allow our soul groups to congeal. Shared housing of mutual and loving support in various geographical locations is FINALLY becoming a reality. We are so able to see now the old illusions we were carrying of density and of a fog that disallowed us to remember who we were. Yes, the veil has been lifted.

"And as we spend more and more time with our soul families, we will support and encourage each other through positive thinking and great reinforcement of this higher realms way of being.

"We will get used to and come to expect miracles. We will remind and support each other in the ways of intending and expecting what we desire. We will send out energy ahead of us in order to pave the way for our arrival.....we will consciously create what WE want, instead of the old ways of taking what is being given to us. And as we build great energy and creating power through the law of more than one coming together, it can become an exciting time indeed!"

Interestingly, part of the message for the PREVIOUS issue (Oct. 9) was this:

"With everything being magnified in higher realms energy, you may find yourself crying at the smallest of disappointments and crying at the smallest acts of kindness as well. We weep when we are releasing, and we are releasing an enormous amount of the illusionary world and the illusionary ways of being and relating that we had bought into within the 3D reality.

"We weep when we are finally able to see and experience who we really are and we weep when we experience love and we weep when we feel unity with our beloved soul families, and we weep when we feel unity with nature, the higher vibrations, and ultimately Source.....as that is what we are becoming and merging with right now in a perfect and much more intense way."

The rest of the archives from 2005 are also very validating and supporting of the changes we are going through. <http://www.whatsuponplanetearth.com/archive2005.htm>

All that said, I will now step aside so you can get to reading. My wish for you is that these newsletters touch your lives in some way that makes living more meaningful and more joyful for you. And remember...there is a lot of fear out there—some of it spread by those who claim to have so much knowledge of and a handle on the situation in our little corner of creation—but only if they ACT with love are they worth investing any energy into.

Peace always,

Eileen

P.S. Last month I watched a very touching episode of "Extreme Home Makeover." The design team built a new home for the family of Lori Piestewa (see Issue #17), who was the first female American soldier killed in Iraq. And I apologize for not getting this issue uploaded in September—I had a few computer setbacks right before Margit and I left for our trip out west. More about *that* next issue! ;-)

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**"The infinite power of the universe congeals and congeals; the world became truly good and peaceful."**

The Great Declaration, first said at Lake Biwa, to reveal one of the Messages from Water

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CONTRIBUTIONS

Katrina

Creeping in as no other, like a ghost in the night,
Not a hint of her temper, though steady in flight,

Before she hit landfall, her secret still hidden,
Not a soul could prepare for her wrath and her might.

As swift as the hand of our almighty God,
With her bellowing winds, did he give her his nod,
Destruction so fervent and tears that won't end,
The water washed over where mankind once trod.

And so all the grief that soon settles hereafter,
Will sound even louder than Katrina's laughter,
For many have left us in desperate reaching,
While clinging to life from a beam or a rafter.

What will remain of the cities that drown,
Will God's people drift now to some weary town,
Will they tarry and build with a hope that is driven,
Should the south rise again, or in anguish, lay down.

It is in such disasters that hope must remain,
For God always sheds grace on the ones left in pain,
If they lift their hearts up to the heavens in prayer,
He will guide, he will love, he will wash every stain.

Katrina came forth with her bullying shove,
Casting her force down with winds from above,
But mercy shall reign and new life shall abound,
For God's angels on earth are now sent forth in love.

And all of the angels in heaven shall grace,
The ones who walk helpless, who haven't a place,
For they shall be strengthened, and faith will replace,
The memory of fear, only God can erase.

Melanie Trondson 9/01/05

The Media Missed this one!!!!

Please read this, then send it to everybody you know. They'll thank you as they forward this to others as well. Subject: Denzel Washington, and Brooks Army Medical Center

Don't know whether you heard about this but Denzel Washington and his family visited the troops at Brook Army Medical Center, in San Antonio, Texas (BAMC) the other day. This is where soldiers who have been evacuated from Germany come to be hospitalized in the United States, especially burn victims. There are some buildings there called Fisher Houses. The Fisher House is a Hotel where soldiers' families can stay, for little or no charge, while their soldier is staying in the Hospital. BAMC has quite a few of these houses on base, but as you can imagine, they are almost filled most of the time.

While Denzel Washington was visiting BAMC, they gave him a tour of one of the Fisher Houses. He asked how much one of them would cost to build. He took his checkbook out and wrote a check for the full amount right there on the spot. The soldiers overseas were amazed to hear this story and want to get the word out to the American public, because it warmed their hearts to hear it.

The question I have is why does: Alec Baldwin, Madonna, Sean Penn and other Hollywood types make front page news with their anti-everything America crap and Denzel Washington's Patriotism doesn't even make page 3 in the Metro section of any newspaper except the Local newspaper in San Antonio.

A true American and friend to all in uniform! This needs as wide a distribution as we can create. GOD BLESS YOU DENZEL FOR YOUR PATRIOTISM.

More sources point to the finding of Atlantis!!! Check out

<http://news.bbc.co.uk/1/hi/sci/tech/4153008.stm>

NATURAL RHYTHMS, UNNATURAL RHYTHMS, AND THE HEALING HARMONICS OF MUSIC AND PRAYER - © 2005 Steven Halpern (sent by Ginny Cowie)

In light of the disaster that continues to unfold in the aftermath of hurricane Katrina, everything else that I was planning to write pales in comparison.

By this time, I assume that your prayers and donations have been sent, and perhaps are continuing to be sent. Like many of you, I have been educating myself about how this could have happened.

First off, the fact that this storm was just about the same time of year as the first of the four hurricanes that destroyed so much of Florida last year is not just a coincidence. Nature has always had her late summer storms in this area...but they've never been so many, or so focused before.

Whether global warming is exacerbated by humans, or mostly related to undersea volcanoes and phenomena being observed on other planets in our solar system as well, it's clear that something really big is afoot.

Over the years, I've attended conferences and read books that predicted precisely this sort of unfolding scenario. More than "The Day after Tomorrow", if you're interested in understanding the bigger picture, check out the book by Dr. Nick Begich: "Angels Don't Play This HAARP" (High Altitude Aerial Phenomena Research)

If you're familiar with my work, you know that one of the pillars of my healing music is that it entrains us to the dominant electro-magnetic resonance frequency of the Earth. Years ago, I read about on-going research that was seeking to affect this resonance; for better or worse, such experiments had a definite affect on the weather.

Many of you may already know about the #1 late night talk show, COAST to COAST AM, with host George Noory. Their online archives at <http://www.CoasttoCoastAM.com> read like a "who's who" of the leading edge scientists...with a number of obvious way-over-the-edge individuals as well. You may have to do a bit of sifting to find what makes sense to you, but the search is well worth it.

In particular, check out the evidence Richard C. Hoagland presents in his recent blogs at www.enterprisemission.com is correct. As a former NASA member and advisor to Walter Cronkite, his perspective on: "Why is this happening?" is a real mind-opener, to say the least. The more you know about our world, the better able you'll be to be in harmony with it.

KEEPING YOURSELF IN TUNE IN TIMES OF CRISIS

In the meantime, there are steps you can take, in your own life, to help keep your own energy fields tuned up and functioning properly. Listening to music that helps you align the key planetary healing frequencies is an effective, easy and enjoyable strategy.

The key is to make wise choices. I've written extensively about that over the past 30 years, and will continue to do so. Bottom line: You need to find sound resources that work for YOU! And to do so, you need to develop at least a small degree of heightened awareness of how the music is affecting you, specifically in terms of evoking your relaxation response.

Why is that? Because many people feel that just because they 'like' a piece of music, it is good for them, or even healing for them. Read the landmark book by Dr. John Diamond, "Your Body Doesn't Lie", and you understand the fallacy of that kind of thinking.

I've devoted my life to researching, composing, recording and marketing music that assists listeners in achieving and maintaining a calm, relaxed state of being. No matter what one's background, this is music that supports our own innate healing energies. Just listening to these sounds can have a profound effect on your physical, emotion and spiritual well-being

Nothing will bring back New Orleans, but this may help us deal with the future ramifications. Speaking of which, I read today that the Native Americans, several hundred years ago, thought the French were foolish to place the city where they did. They suggested moving the city far enough upstream to avoid exactly what we're dealing with today, or at least raise it 50 feet above sea level. As we've learned this week, the wisdom of placing buildings in a predictable flood zone, essentially tempting nature with a series of technologically insufficient levees, must be called into question before repeating the mistake.

THE HEALING HARMONICS of MUSIC and PRAYER

It's also an interesting coincidence that the research of Dr. Masaru Emoto has become so well known and popular, especially as a result of the movie, "What the Bleep..." "The True Power of Water" explains how molecules of water are affected by our thoughts, words and feelings. As Rev. Judi Baumbach, minister at Science of Mind Church in Calabasas, CA, suggests: "Imagine the possibility of transforming the water molecules in New Orleans and up and down the Gulf Coast. Imagine peace, harmony, healing, newness, creating renovation and rejuvenation, impacting the water molecules in that region. ..Spend even a few minutes a day holding these, or related, thoughts. It might be a way to create a positive flood of powerful intention, prayer and healing in the Gulf Coast." Thank you, Rev. Judi, for this suggestion.

As I mentioned, earlier, I had planned on featuring the recent "Dr. Phil" program on the Power of Music. I also wanted to acknowledge "Newsweek" for their recent cover article on "How to Keep Your Hearing". That will have to wait until next time.

Until then, Wishing you well

Steven Halpern

The Tablecloth (sent by Peggy Kitch)

The brand new pastor and his wife, newly assigned to their first ministry to reopen a church in suburban Brooklyn, arrived in early October excited about their opportunities. When they saw their church, it was very run down and needed much work. They set a goal to have everything done in time to have their first service on Christmas Eve. They worked hard, repairing pews, plastering walls, painting, etc., and on December 18 they were ahead of schedule and just about finished.

On December 19 a terrible tempest - a driving rainstorm- hit the area and lasted for two days. On the 21st, the pastor went over to the church. His heart sank when he saw that the roof had leaked, causing a large area of plaster about 20 feet by 8 feet to fall off the front wall of the sanctuary just behind the pulpit. The pastor cleaned up the mess on the floor, and not knowing what else to do but postpone the Christmas Eve service, headed home. On the way he noticed that a local business was having a flea market type sale for charity so he stopped in.

One of the items was a beautiful, handmade, ivory colored, crocheted tablecloth with exquisite work, fine colors and a Cross embroidered right in the center. It was just the right size to cover up the hole in the front wall. He bought it and headed back to the church.

By this time it had started to snow. An older woman running from the opposite direction was trying to catch the bus. She missed it. The pastor invited her to wait in the warm church for the next bus 45 minutes later. She sat in a pew and paid no attention to the pastor while he got a ladder, hangers, etc., to put up the tablecloth as a wall tapestry. The pastor could hardly believe how beautiful it looked and it covered up the entire problem area. Then he noticed the woman walking down the center aisle. Her face was like a sheet..

"Pastor," she asked, "where did you get that tablecloth?" The old woman could hardly believe it as the pastor explained how he had gotten the tablecloth. The woman then asked him to check the lower right corner to see if the initials, EBG were crocheted into it. Sure enough, the initials were there. These were the initials of the woman, and she had made this tablecloth some 35 years before while living in Austria. The woman explained that before the war she and her husband were well-to-do people in Austria. When the Nazis came, she was forced to leave. Her husband was going to follow her the next week. She was captured, sent to prison and never saw her husband or her home again.

The pastor wanted to give her the tablecloth; but she made the pastor keep it for the church. The pastor insisted on driving her home. That was the least he could do. She lived on the other side of Staten Island and was only in Brooklyn for the day for a housecleaning job.

What a wonderful service they had on Christmas Eve. The church was almost full. The music and the spirit were great. At the end of the service, the pastor and his wife greeted everyone at the door and many said that they would return. One older man, whom the pastor recognized from the neighborhood, continued to sit in one of the pews and stare at the wall behind the pulpit. The pastor wondered why he wasn't leaving when man asked him where he got the tablecloth on the front wall.

He said it was identical to one that his wife had made years ago when they lived in Austria before the war. How could there be two tablecloths so much alike? He told the pastor how the Nazis came, how he had forced his wife to flee for her safety, and he was supposed to follow her, but he was arrested and put in a prison. He never saw his wife or his home again all the 35 years in between.

The pastor asked him if he would allow him to take him for a little ride. They drove to Staten Island to the same house where the pastor had taken the woman three days earlier. He helped the man climb the three flights of stairs to the woman's apartment. He then knocked on the door and he witnessed the greatest Christmas reunion he could ever imagine.

Who says God doesn't work in mysterious ways?
(True Story - submitted by Pastor Rob Reid)

Thought Affects Electrons

Nowhere is the importance of conscious choice in the shaping of manifest reality better demonstrated than in the delayed-choice experiment conducted by physicist John Wheeler. There was a new kind of technology in the 1970's that allowed scientists to accelerate free electrons to a speed approaching the speed of light. In it's simplest terms, in Wheeler's study, when they would fire the electrons at a screen with two apertures, they were amazed to find that the electrons, which were believed to be particles, would sometimes behave like waves. Sometimes they would go through the top aperture, and sometimes go through the bottom aperture, and sometimes the electron would change into a light wave and go through both apertures and converge on the other side and become a particle again.

The scientists at first could not figure out how this happened. Finally after extensive experimentation and deliberation, they began to recognize that what determined the way the electron would behave was the observation, perception and expectation of the experimenter. When they *looked* for particles, they found them. When they *looked* for waves in the same experiment, they found waves.

For the first time in scientific history, it was recognized that you cannot have any experiment absent of the perceptual influence of the experimenter. Nor can you have a life that is absent the influence of the way you see it.

What does this mean to you and me and the MasterMinding process? It means that no matter what we think, believe, decide, we will always be "right."

So ...we can be "right" about scarcity, lack and perpetual life-long difficulty, competition, being dependent on the current 'state' of the economy for our financial where with all, or we can be "right" about ease, grace, love, joy, prosperity and a life filled with an abundance of everything we choose as we choose it regardless of outer appearances.

Electrons constantly and consistently read their environment, and thoughts are constantly directing electrons by intent. Our intention is being transmitted directly into our environment, and electrons pick up on the infinitesimal signals we are sending.

What we think, what we believe, what we intend, have faith in and expect, all have energy that flows out of us and is "read" by our physical environment. Electrons are responding in kind to the thoughts - mental constructs - we hold in mind.

Therefore, setting forth an intention through the convergence of two or more minds, with the third invisible mind now present in the MasterMind process is an extremely influential force for - like lightning in a bottle: busting through limitation. By setting a vibrationally higher goals and requests we are literally setting new energy in motion to bring dreams, wants, desires into form. (See MasterMinding: LIGHTNING in a Bottle eBook.)

This is exactly what I was talking about in my YouAreTheLightMovie.com ... when I wrote: Rather than impose your will upon conditions of lack, disease or suffering. ...choose instead to think, feel and emote from an outcome in which anything unlike what is preferred simply does not exist. It cannot exist in your experience if you decide to not entertain it. In doing so, you create a Quantum overlay of preferred possibilities & probable futures. Think about it... seriously it *is* the Light that transforms your experience. Choose Light. Think Light. Be willing to have your mind changed at depth. Be willing to surrender your attachment to being "right" about all the things that currently cause you suffering. Be willing to surrender suffering for intentionally living well, expecting good things from people, situations and events. Stating that your world is packed full of charming, kind and prosperous minded people. Whatever you decide to say about your world is what you "include" in your experience. You don't like your experience, change your mind. Turn the Light upon the situation. Decide to see a preferred outcome. Hold your mind still upon that which is Light and you learn how to live in peace ... how to live well.

And that's what I've been thinking aboutin Light & Love,
Mary <http://blog.maryrobinsonreynolds.com/?p=30>
NEW!!! Author/producer of <http://www.youarelovemovie.com/>

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**"He who trims himself to fit other's expectations will soon whittle himself away."**

As seen on a church marquee

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IN JOHN'S MEMORY

Not Dead Yet - '60s Folkies Play Ocean Grove - Published in the Asbury Park Press 08/26/05 -
BY ED CONDRAN, CORRESPONDENT

The element of surprise works for Chad Mitchell.

"When people hear that we're coming to town, they think, 'They're not dead yet,' " Mitchell said. "I think they're taken aback and maybe a little curious and they'll head out to see us."

The Chad Mitchell Trio may not play out that much these days, but the group, whose members include Joe Frazier and Mike Kobluk, isn't kaput. The folk act, which peaked during the early '60s, will perform Saturday at the Great Auditorium Folk Festival in Ocean Grove.

"It's a minor miracle that we're still all around," Mitchell said. "We're all at or are around 68. It's not like we've been performing over the years like Peter, Paul and Mary, but we can still

perform well."

During its heyday, the Spokane, Wash.-based act turned on fans courtesy of its humor and pretty harmonies. The group's political satire was perfect for a young America grappling with the reality of the war in Vietnam.

By the time protests were kicking into high gear during the mid-'60s, Mitchell left his group and was replaced by John Denver.

"It has been written that I wanted to leave the group and start a solo career," Mitchell said during a telephone interview from his Spokane home. "I did start a solo career, but that wasn't the reason I left. I just needed to do something else. I was tired of what we were doing. We were running out of satirical material. And a trio is the worst possible scenario to be a part of. You never know who is your ally."

The trio reunited along with Denver for several concerts in 1987. Denver died in a plane crash in 1997. "John was such a nice, nice man," Mitchell said. "He was such a pleasant guy."

In recent years, the Chad Mitchell Trio has performed only occasionally. "We've had a really good time doing these shows," Mitchell said. "When we go out, we have fun."

Don't expect much of the old satiric tunes at Ocean Grove, as the material is dated. "We still do some, such as 'Draft Dodger,' 'Business Goes on as Usual' and 'Blowin' in the Wind,'" Mitchell said. "We love it and the response is still good."

Even Mitchell's 17-year-old daughter gives her father's act the thumbs up. "That's amazing since her parents are a constant embarrassment to her," Mitchell said with a laugh. "What turned the corner for her is that we did a show in (Washington) D.C. and she had a ball. She left feeling great, which is good since that's how we always feel when we perform."

(Chad Mitchell Trio appeared the following Saturday at the Great Auditorium, Ocean Grove. Christine Lavin, Tom Paxton, Noel Paul Stookey and Peter Yarrow were also on the bill.)

Remembering John Denver: Singer's Influence Remains – Snowmass Sun Staff Report

It was eight years ago this week when John Denver died at the helm of his single-engine experimental airplane which crashed into Monterey Bay, Calif. Just 53 years old at the time, Denver, who was flying with a suspended license, left behind family, legions of fans and plenty of local friends, some of whom had known him from his days of performing at the Leather Jug on the Snowmass Mall.

Denver loved skiing and he loved Snowmass. Would he have liked the "new" Snowmass that's currently being constructed?

Without offering a firm answer, Michael Shore, the long-time owner of the Tower restaurant, reminded that "When the interstate was being built through Glenwood Canyon, he spoke up against it."

Denver may not have joined the group of locals who protested vehemently against Base Village, but that doesn't mean he would have agreed with the plan.

Said Shore: "He'd probably like it small, but he'd probably think that change is inevitable."

And as change continues to come to Snowmass, it's important not to forget a man whose influence on the Village, let alone the music world, is still felt. While Denver found commercial success in both music-making (14 gold and eight platinum albums) and the film industry ("Oh God" and its sequels), he did not lose sight of the causes he deemed important, including the environment, world hunger and world peace and banning nuclear weapons.

In 1976, he co-founded the non-profit Windstar Foundation and for many years performed at the Aspen Camp School for the Deaf's annual concert. In fact, his last local public performance was a July 1997 benefit concert at the Snowmass Rodeo Grounds.

Great athlete, humanitarian

Local musician John Sommers, who plays with Twirp Anderson for Apres ski at the Silvertree Hotel, said he is thankful for the influence Denver had on his life.

"I first met John in 1972 when I was playing with the band Liberty at the Blue Moose in Aspen. One night during a break he walked up and introduced himself. He said he liked the band and asked about our song 'River of Love' that I wrote in 1963," Sommers said, "He said he wanted to record it."

Not really believing that anything would happen, the band which included Vic and Jan Garrett and Larry Gottlieb, was surprised when Denver contacted them again and flew them out to New York a few months later to make the recording for his new album "Farewell, Andromeda."

"I was just honored. It was such a shock that he picked that song. That's how the ball started rolling with us," Sommers said. "John invited Liberty to open for him during a concert tour. Shortly after that he invited me to join his band. My first official job with John was in early 1974 on the Tonight Show when he was guest hosting for Johnny Carson."

"It was kind of an exciting time for all of us. We did two new songs that night, 'Annie's Song' and another song that I had written and he had seen Liberty performing at the Blue Moose, 'Thank God I'm a Country Boy.'"

Meeting John Denver changed Sommers' life. He spent four years traveling with the band. "It was like a family. John was a lot of fun, he had a great sense of humor and was really generous with his time, really committed to what he was doing," Sommers added.

Another local whose life was influenced by John Denver was Tom Crum of Aiki Works and the co-founder of Windstar Foundation.

"I first met John the day I drove into Aspen in 1970. There was a party at my wife Cathy's sister's A-frame and John was sitting in the corner playing the guitar," he said. "The first time I saw him sing was later that year at the Opticon Theater in Snowmass Village."

"A few years later he asked me to work with him privately with Aikido and meditation. He knew he was going to be a star and wanted to get his head together. Then he asked me to go on the road with him," said Crum. "John was a great guy, very athletic, very aggressive as a skier and diver. Whispering Jesse was his favorite run on Snowmass mountain."

"He always skied at such high speeds that he often had yard sales," said Cathy Crum. "He was an adamant lover of skiing. The three of us would go heli skiing at Mike Wiegles and John would always perform for the guests. He wrote 'Blue River Blues' there one day when the helicopters were grounded. He was a fantastic athlete. He could even drive Grand Prix cars."

Michael Shore said he would have probably moved back to California if it hadn't been for Denver. Shore's college roommates Paul Lerch and Don "Crow" Straka had moved to Snowmass Village and Lerch was seeing Denver's ex-girlfriend, when John came to visit her in 1968. They became friends and got him a job singing apres ski at the Leather Jug below the Tower Fondue Restaurant.

Shore moved to Snowmass Village the following summer and they all became good friends, spending time together fishing, backpacking and camping. On one of those trips up to Snowmass Lake during August's Perseid meteor shower, Denver was inspired to write "Rocky Mountain High" with its famous line, "I've seen it rainin' fire in the sky."

Denver's influence on Shore would be long-lasting.

"Crow and Paul asked John to finance a restaurant in the Village and when the Tower Fondue came up for sale in 1975, he bought it. The three of us were working partners and John was the financial partner," Shore said. The partnership also ran the Timbermill from 1978-91.

When Michael Shore married Debbie Diets, John Denver sang "Perhaps Love" at their wedding. He was even along on the honeymoon, bringing them up to his cabins at Woods Lake above Ruedi Reservoir. And Denver was there at the birth of their only child, Lucie, 10 years later.

John Denver's music and his message affected countless lives. Many who never met him and many who did.

The entire article may also be viewed at:

<http://www.snowmassvillagesun.com/home.php?content=article&article=1819>

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**"Just be your best self, it's all you can do! But make much of that self—the world waits for you. Don't wait---asking how, just start, do it NOW!"**

Harold Whaley

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IN JOHN'S WORDS

From the Windsong album, 1975

My Friends,

I wanted to record the songs that the wind makes, to play for you between the bands on this album, to share her music with you in the same way that I am able to share mine. In the many hours and days that we spent trying to record all that I hear in the wind, what I found was that you simply can't get it on tape. I hope that, at some time in your life, you'll be able to go someplace where it's quiet, where there are no cars, no dogs barking, no plane's passing overhead, and that you will be able to listen to all of the music that she gives us. If you're really lucky, you'll be able to sit by a lake at the foot of a mountain and hear a storm come and go. There is beautiful, beautiful music there. All you have to do is listen.

I love you and I wish you peace.

John Denver

Excerpted from "Lifestyle: A Personal Balance" (Windstar Journal, Summer 1989)

I know that many of you must feel, as I do, that if we are going to make the world work, we first have to make our own lives work.

We have created Windstar Connection Groups, and the Higher Ground program...I have found here most specifically the opportunity to really stand up and be myself—not just John Denver the celebrity, or John Denver the country boy, or John Denver the aspiring cosmonaut or whatever else you may think about me, but to really be my whole and true self. There I can say what it is that I believe and express the stand that I have taken and the commitment that I have made to be a catalyst for responsible action toward a sustainable future, to make a genuine and positive difference in our world.

There are areas within my own life that I have continued to pursue without thought as to what it costs or what it will cost my children. I think we have to look, all of us, at the kinds of activities within which we are involved and the kinds of choices that we are making. Is it because we are better than our children that we should live in ways that will deny them the things we take for granted? I think not. I can see that in my own life as well as see it in many things that are happening in the world.

We have so much to learn. So much that has made our lives better has come from nature, and we understand and are knowledgeable about so little of it. We have to begin to live in balance. We have to look at our own lives, our families and friendships, our work, our

communities, our nation and at the world. Then we must do the things that each of us can do to move toward a sustainable future—a world in balance.

It begins with the spirit. It shows itself, first of all, in the home and with the family. It begins to have a larger impact in the work and in the community, and in the end, it has to do with our relationship with our world—with the environment, with nature, who is the mother of us all.

Coexistence is not always easy, but it is absolutely necessary if the human species is to survive. I urge you to take a look at what you can do to educate yourself about what is going on, in our society and in the world—to take a real hard look at what the possible things are that you *can* do, and to know what you can't do. Know that you don't carry it all on your shoulders, that there is an incredible diversity of people and organizations to work at all of these things, and that there is still something that you can do. Remember that what you can do, you must. For any one of us to not live up to the possibility of our own lives denies the fullest expression of the potential of human beings and consciousness on this planet.

Make a conscious choice. Take a specific action. Constantly look for and live out of the highest sense of purpose that you can imagine and fulfill. Make the difference that you can make—for yourself, for your family, your home, your community and your country—and for the world.

John Denver

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**"I have come to realize more and more that the greatest disease and the greatest suffering is to be unwanted, unloved, uncared for, to be shunned by everybody."**

Mother Teresa

~~~~~  
EARTH RHYTHMS

From <http://www.star-knowledge.net/> :

A Gathering of Native America Elders, Spiritual Leaders and Others has been called, to share the teachings of the Tunkasila and Uinci (Grandfathers and Grandmothers), and the spiritual knowledge of the Star Nations, with the people of the Americas and the world. Through my personal contacts, some medicine men have agreed that it is time, because of the closeness and the fulfillment of the prophecies that are vital for our existence as a human race. The sharing of the dreams and visions of the Tunkasila will strengthen the foundation of Nations that are sincerely interested in being that element that will be the foundation of the Thousand Years of Peace. We are all part of the Sacred Hoop that needs to be mended, and we must make a humble effort in this task, if the seventh generation, our grandchildren and unborn are to survive the next awareness.

Mitakuye Oyasin

Standing Elk, Dakota Spiritual Advisor and Sundance Chief

June 1996

Also check out: <http://www.wovoca.com/site.htm#Earth%20Changes>

"Please take the time to enjoy the unique message of these spirit-filled Native American Indian Prophecies, deeply spiritual and symbolic. To fully appreciate the meaning conveyed by each requires much reflective thought and introspection, such as thinking "What have I done to either help fulfill this conditional prophecy, or to help avert the dire circumstances predicted?"

Sat. 20 Aug 2005: Hopi Elders Say Earth Changes Are Upon Us - by Simon Hunt

During the past week there have been a few events that deserve our attention, thought, and examination. In an unprecedented and totally unexpected way, Hopi Elders for the first time in history have openly shared their sacred, and heretofore secret prophecies with the world. Robert Ghost Wolf, noted Native American Prophet and author arranged for two Hopi Elders to appear for three hours on the nationally aired Art Bell show (out of Pahrump, NV) and freely

discuss their sacred, and heretofore secret prophecies. It has been said by many who have had limited access to the prophecies in the past, that the Hopi prophecies of the coming earth changes are among the most ancient and accurate available. The Elders have come forth at this time because they believe that we have passed the point of no return and major changes are imminent, beginning within the next few months. It is their hope to "soften" the effects by appealing to all to return to a simpler, more spiritual way of life.

Last month at Spiritual Endeavours (and returning again this coming month) noted author, environmentalist, and channeler, Rev. Fred Sterling carried much the same message. Rev. Sterling emphasized that "The Great Shift" has already begun. It is happening now. In other related recent events, Gordon Michael Scallion, Robert Ghost Wolf, and other modern day prophets began predicting major Earth Changes, especially noticeable in the state of California among other places, beginning this summer. And now the Hopi Elders have gone on national radio with the same message. So, the Earth is changing? The Great Shift is upon us? What is one to do? I offer the following in reply.

First of all, if you are in denial - get over it. Open up your eyes. Take a look around. How's the weather in your neck of the woods? Perhaps it's a little different than it's ever been for your locality? Try to find out what's really going on. You won't find out by watching Hard Copy, or even the Evening News. You'll have to get away from the latest political scandal of who is sleeping with whom and dig just a little deeper to find the things of real importance. Did you know that tornadoes have been spotted, for the first time in history, that are spinning the wrong way?

Did you know that there are places in Mexico where the ground temperature is heating up in excess of 200 degrees? Did you know that during a seven day period in early June there were 772 earthquakes recorded on the California - Nevada border near Mammoth Lake? (Gordon Michele Scallion and others are predicting a volcanic eruption there this summer.) Did you know that on May 31st, the jet stream (an extremely fast wind current that flows through the upper atmosphere) touched ground for the first time in recorded history? Did you know that all over North America, migratory birds have stopped returning to their nesting grounds? And that salmon are no longer returning to their spawning grounds? And indigenous tribes throughout the world have stopped having children?

Okay, so much for denial. Once you accept that change is happening, LET GO OF FEAR. Realize that it is a time of change and not necessarily a time of fear. Fear clouds good judgment and puts heavy blocks between the inner intuition, which will be so important during this time, and your conscious mind. The earth changing will not kill you; it changes all the time! But fear, denial, and not being open to your Inner Self and your intuition may.

Once accepted, and FEAR IS NOT AN ISSUE, investigate. Learn all you can about what is happening. The Internet can be an invaluable tool here. For the price of a VCR you can now interact with the world on intimate terms from your living room or office. Through the Internet, you'll be able to discover what you'll never hear on the six o'clock news. You will no longer be at the mercy of news programs governed and determined by entertainment ratings.

. . . A word of caution may be helpful when you begin your investigating. When one steps out from under the umbrella of mainstream media and begins to learn what is really happening in the world, there is often the tendency towards anger. "Why hasn't anyone told me this before?" "Why isn't this on the News?" "There's a conspiracy going on to keep us in the dark!" My advise here is to let it pass. Finding out who's responsible and the inner workings of the government or large conglomerate corporations is a tangent that will not only waste time, but probably lead you into deeper anger and fear and further away from love and truth.

Instead, take the path advised by the Hopi Elders and offered to the world on June 15 over national radio. Rediscover your spirituality. "If you change now, and change your life around, it will help in the alleviation of much of the terrible outcome from the cataclysms. There is a lot in store for all of us. And the intensity of this will be a lot less if we can all settle down and behave, and not be in the actions that we are right now." The Hopi Elder went on to explain

that it makes no difference whether your spirituality falls in line with an organized philosophy or religion, or if it is something that you have come up with and practice on your own. "Practice your spirituality, whatever it may be, like you have never practiced it before." And realize that your consciousness affects the outcome. Your consciousness effects everything. Realize that your thoughts, words and actions of today contribute to what the world will be like tomorrow.

There you have it. Four easy steps to surviving the earth changes and all the prophecies. Keep your eyes open. Let go of fear. Learn all you can. Live your spirituality. It all sounds pretty simple. It almost sounds like it could even be fun. And that's a very important point to keep in mind. Fun.

True spirituality is fun. Very big fun. Joy is probably a better word; bliss perhaps even better. If your spiritual path is not leading you on a path of joy, I would suggest that it's perhaps time to start shopping around. I have come to the understanding (and it has taken a lot of sorrow to get here) that experiencing joy is the most spiritual thing that one can do in the course of their day. Joy is infectious. It changes and charges the very air that you walk through. It lightens the hearts of those around you. And in these troubled times I can think of no better healing energy to saturate the Earth with. Joy! Why not take a few moments during each day just to pause and think of something that makes you very happy? Try it. You'll like it. It might even become a habit.

Well, I guess there's only one more point that need to be addressed here. It's usually the position adopted by most skeptics and those in denial as a justification for their position. "What if the Hopi Elders are wrong?" "What if Gordon Michael Scallion, Robert Ghost Wolf, Edgar Cayce, and all those other modern day prophets are wrong? What if the weather changes back to the way it has been in the past? What if the birds, and the fish and babies come back? What if there are no big earth changes? What if absolutely nothing happens at all?

To this I can only reply, "Wouldn't that be nice?" We'd all be able to breathe a collective sigh of relief and joy, take a look around at the Heaven we've created here on Earth, and take great satisfaction in the fact that we didn't have to go through Hell to get there. Yes indeed, "WOULDN'T THAT BE NICE?"

Simon Hunt, ONLY LOVE PREVAILS

A CHANGING EARTH – A Message from Kryon (channeled through Lee Carroll)

Dear Ones,

I speak to those of you in America, in the culture of my partner (Lee). In your own back yard you now have those in need, in peril, in sorrow, and those who are deciding which of two basic energies to trust. Watch the split as we told you about many years ago... indicating a polarization within Human nature now, that will show up immediately when tested in this way.

Despite what you see on your news, there are many who are hanging on and trusting in the high spirit of their countrymen... you. Their prayers are indeed heard and there are millions right now who you are not hearing about on your news, who are turning their attention on them. Your compassion is pouring to them, along with your light. Your positive actions will last far longer than the news reports of the negative, and this compassion that is generated for them is actually going into, and staying within, Gaia. Watch, for this eventually will tell a story about how you respond to your own, and when the tally is in, it will represent the greatest outpouring of support Americans have ever shown. This is the good news of what is hiding here, but which is not immediately known.

Years ago we told you of these things. We told you of a changing earth, and about the weather intensifying. Now it is here. Human consciousness is shifting and Gaia is responding. With this shift carries a new paradigm of weather for your planet. It's a new cycle, and it's going to be with you for at least another 5 years, perhaps more.

Humans have always felt that they were able to meet the challenge of what nature provides for them. But now, nature is providing a different scenario than you have ever seen. Will you heed our information wisely and begin to adjust your lives, or will you cling to the old and try to fight, or gamble with this new paradigm of weather?

Hints: Produce electricity from the waves! Produce fresh water from the ocean! Build differently and plan for this kind of weather so that it is not a constant surprise. Technology is there for this, but is being held back for monetary and political reasons. Perhaps it's time to claim the wisdom of the moment?

Turn your lights on those who need you now, for that is the most important issue. Then later, when enough time has passed, become strong in your resolve to understand that everything you are seeing now is a precursor to a new kind of partnership with the forces of the planet. The shift is here that we told you was coming. Now it's time for you to share your light with those who had no idea about any of it. Perhaps this is what me meant by being the Lighthouse in the storm? Indeed. You are ALL dearly loved.

KRYON

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#### HEAVENLY CONNECTIONS

#### Building Astral Bridges

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[http://www.reconnections.net/trans\\_portals3.htm](http://www.reconnections.net/trans_portals3.htm)

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"Someone Else's Yesterday" A Story of Reincarnation – by Jeff Keene

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The book "Someone Else's Yesterday" is an amazing journey, an adventure through the eyes of two people, one a Georgian, the other a Connecticut Yankee. Similarities between the two go far beyond coincidence. They think alike, look alike and even share facial scars. Their lives are so intertwined that they appear to be one. Half of this equation, Jeffrey J. Keene, is a present day Assistant Fire Chief in affluent Westport CT. The other half, John B. Gordon, Confederate general, Army of Northern Virginia, died January 9 1904. Jeff had never given reincarnation much thought, nor had he ever seen a psychic, but both these elements came together one Halloween night. That one night was to change his outlook on life and his way of thinking forever. As the puzzle pieces came together the picture created reinforced a strong case for reincarnation.

Jeff shares his insights into the workings of reincarnation along with a personal encounter with the nightmare of September 11, 2001. Experience a city in mourning during the aftermath of the attack on the World Trade Center. Travel from a touching eulogy delivered by Mayor Rudolph Giuliani at New York's beautiful St. Patrick's Cathedral to the smoldering ruins at Ground Zero. Share the struggles of the past and the hopes for tomorrow. The book weaves a tapestry of mystery and history, of love and the horrors of war. To the author the journey has been a wondrous one, sometimes funny but at other times sad and physically painful. Jeffrey Keene has no choice but to believe in reincarnation; he lived this remarkable story and every word is true.

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August 26, 2005 - Waiting In The Wings: Spirit Guides

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Sometimes we have a sense that someone is near, offering comfort or support just when we need it, even though there is no one visibly around. We may be having difficulty making an important decision when we are given a "sign." Something catches our attention, a message in graffiti or a song on the radio, and we feel guided in making the right choice.

Our spirit guides are waiting in the wings to offer their assistance whenever we need it. Different from angels who watch over and protect us, spirit guides are just as their names imply, beings that guide us on our spiritual path. Often, they have lived earthly lives and are now able to share their wisdom and spiritual knowledge from another realm.

Spirit guides come in many forms. The "imaginary" friends that children so often have, may indeed be spirit guides. They are the ever constant playmate, always there to keep a child company, especially when they are lonely, scared, or mad at the world. We have only to open ourselves to their presence as children do and they will offer their support.

We can invite our spirit guides into our lives through meditation or simply by asking and being more spiritually aware. Yet, guides rarely inject themselves into our lives without being asked, though they will try to get our attention, at times, especially when we are in need. Sometimes if the guide is someone we were close to, they'll surround us with the scent of their favorite perfume, or a spice they often cooked with. Sounds are also often used to get our attention, chimes or a familiar tune will run through our mind. When we listen, our guides have much to tell us. They are here to help us learn, guiding us so that we too can grow in spirit as they have. For we too, may one day be spirit guides ourselves.

To see it with graphics, click: <http://www.dailyom.com/articles/2005/497.html>  
Every weekday, DailyOM will turn you on to ways to make your life happier, less stressful, more fulfilled and provide you with tools to stay centered in our hectic world. You can sign-up for your free daily email at <http://www.dailyom.com>.

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FROM HE WHO SEES THE EAGLE

Summer, 2005

What Is "Letting Go?"

You may have heard it said: "At some point you have to let go."

Why do you suppose people say that? What is it you have to let go of? The person? Your beliefs? Something else?

Well, they might say you have to move on, but basically it means the same thing--moving away from the relationship with the deceased. If we could come to a new understanding about this it could change our perspective on this issue forever.

Sure, you need to go on with your life--that is clear. But not necessarily completely without that person. Oftentimes it is the people closest to us that have the hardest time accepting that that type of a relationship is possible with us after we cross over. But love never dies and we are always around you, whether or not you "believe" it. And, please know, these words are not meant to be confusing or alarming, but reassuring and reaffirming in as gentle a way as possible. Some of you will actually be relieved to know that YOU DON'T HAVE TO LET GO. Consciousness does survive physical death.

Of course, if you don't want us to interfere, we never will. But we are available to comfort you, to encourage you, to remind you to not give up, and that you are loved. It really doesn't matter so much what you do (unless you have a specific agreement with someone), but more that your lives are happy and fulfilled, and that you live each day with thankfulness and love in your heart.

And more than anything we want you to be happy. Yes, we respect that you grieve for us (although from our perspective it is not necessary), but we hope that you will not let it hold you back for too long. Don't hold back your grieving process and you will be able to find peace sooner. Seek counseling if you need it, but make sure they don't tell you to get over us! Please DON'T get over us. LOVE IS FOREVER.

And salvaged from lost issue #25:

So much of what we call "progress" today I see as taking us more in the opposite direction. When we become reliable on, and have difficulty operating independent of industry, we have lost our freedom and handed over the power of our creativity to corporate giants and institutions that rob us of our own identity. It's now got to be about reclaiming this lost

empowerment so we can make the world WORK again.
(to be continued)

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SONGS OF

The Circle of Sound is a collection of instruments used to create a unique vibration. The intention is to manifest a balancing environment of Peace, Harmony, Health, and Well-being. Our vision is Peace on Earth and Goodwill for all. Check it out at:  
<http://www.CircleofSound.org> .

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Earth Sounds (from [www.emagazine.com](http://www.emagazine.com) )  
Can Music and Nature Come Together? - by Jim Motavalli

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Making a good point about the environment is a heavy burden to put on a piece of music. The great folk singer Woody Guthrie said, "Music is in all of the sounds of nature and there never was a sound that was not music—the splash of an alligator, the rain dripping on dry leaves, a long and lonesome train whistling down, a truck horn blowing at a street corner speaker—kids squawling along the streets—the silent wail of wind and sky caressing the breasts of the desert...[The world] is the music and the people are the song."

But if music is nature and vice versa, why is it so hard to bring them together? I can think of only a few pop songs that succeed at it. One is "(Nothing But) Flowers" by the Talking Heads, whose lyrics include: "There was a factory/Now there are mountains and rivers/We caught a rattlesnake/Now we got something for dinner/There was a shopping mall/Now it's all covered with flowers."

How many other songs articulate a tangible vision of a post-industrial society that re-embraces nature? The piece "Amazon" from Tor Olson's 1994 album *Picture* also did it for me, with its subtle and heartbreaking evocation of our planet as a living, breathing entity: "Jungle heart keeps pumping/Circulating wheel/Jungle has a secret/This place makes oxygen." J.J. Cale's "Stone River," heard on the excellent *Fish Tree Water Blues* benefit CD for Earthjustice, is similarly effective.

Bernie Krause is now one of the planet's foremost recorders of natural sounds, but in the early 1970s he partnered with the late Paul Beaver to record several wonderful albums that layered natural sounds on blues, rock, jazz and early electronica. In *A Wild Sanctuary*, with found sounds recorded around San Francisco (including a visit to the local zoo), was particularly effective.

#### Killing Us Softly

For some reason, record companies assume that environmental magazines are all about New Age music, so we get sent boxloads of bad "Rolting in the Rainforest" CDs. A lot of them are for kids, including as a typical example, *Planet Me! Earth's Endangered Animals for Children* (World Disc Music). The owl song is called "Don't Give a Hoot" and pre-schoolers might also want to rock along to "Mr. And Mrs. Manatee."

"Prairie Dog's Joy," part of the "All My Relations" series, identifies so strongly with the title species that the singer imagines going "down to the prairie dog town" and making a nest with his "little furry friends." The singer adds, "Dang, I sure do love those prairie dogs." In the same series is "Gray Whale Solace," about the killing of one said cetacean by the indigenous Makah Tribe. "I went into meditation," says the website, "and I believe that young, female gray whale came to me. She told me her story... and how she could breathe the pain away for humankind."

Somewhat more effective is the music of Dana Lyons. The artist sent us no less than six CDs of environmentally themed music. The best of his songs, including "Cows with Guns" (which is also featured in a hilarious flash animation on the Internet), are great green agitprop. "Earth Mama" (Joyce Johnson Rouse) also makes sure we get her new releases. These include *One Land, One Heart* and *Grass Roots*. She's also available for concerts. "I'm willing to make a

complete fool of myself in the interest of broadening people's awareness of the Earth," she says.

But I'm not sure you reach people with good-natured sing-a-longs about talking whales and tree spirits. If the kids were with you before they heard the song, they'll be with you afterwards.

But folk songs are only one of the mediums Earth musicians use. If you have classical leanings, there's the "In Harmony with Nature" Waterfall Suite, featuring the "spirited Baroque music of Vivaldi and Corelli heard against a background of falling water conveys [sic] its energy in a torrent of pleasurable sound." Eek.

Another popular category is the "environments" record, with soothing waves and cooing winds. Lycos. com has five pages of CDs under the heading "Nature Sound in Music," and the titles include Misty Mountain Melody, Nature Whispers: Loon Lake and Peaceful Evening Sunset. Why is it assumed natural sounds are always peaceful? Why not records of earthquakes or tornadoes?

#### Onward and Upward

Despite the obstacles, there are some very successful music and nature mixes. David Rothenberg, a jazz clarinetist and nature writer whose most recent book is entitled *Why Birds Sing* (see review this issue), has studied the field and observes, "For classical music, I'd start with Olivier Messiaen ("Quartet for the End of Time" is the best) and John Luther Adams, who makes classical ensembles sound like wind in the trees. R. Murray Schafer has written operas to be performed at dawn on wilderness lakes."

Rothenberg's own experience has included playing the clarinet with the white-crested laughing thrush in Pittsburgh and jamming with the Albert's lyrebird in Australia, and a CD of his improvisations was released simultaneously with the book. He also mentions the many sympathetic interspecies collaborations produced by saxophonist Paul Winter over the last 30 years, beginning with his still-unsurpassed album *Icarus*; electronica by Francisco Lopez; and the "soundscapes" issued by the label EarthEar, whose recordings include the tornadoes and storms ignored by the New Age crowd.

EarthEar tithes a portion of its revenues to such worthy causes as the Nature Sounds Society, the World Forum for Acoustic Ecology, the Ocean Mammal Institute and the Noise Pollution Clearinghouse. Jim Cummings of EarthEar says he is "aghast at the ways our culture has come to disregard the voices—and rights—of the more-than-human world."

Cummings would probably like film composer/saxophonist Frank Macchia's new CD *Animals* (Cacophony), which is a richly textured jazz celebration featuring tracks with titles like "Dolphins," "Kangaroos," "Hippos" and "Jungleforest." Macchia tells E, "I try to use real instruments and not recorded nature sounds as I want to create an impressionistic portrait, not a literal one. Tonal color, which is the instrumentation used to depict the animals, is a key element. For example, the piece 'Hippos' is my musical idea of what a group of hippos sound like frolicking in the water during a typical day. Low instruments such as tuba and baritone horn make a sonic imagining of the hippo."

Americana composer Peter Ostroushko's soundtrack for the documentary *Minnesota: A History of the Land* (Red House) captures the whisper of tall grass prairie and the thunder of untamed rivers. John Burroughs famously said, "I go to nature to be soothed and healed, and to have my senses put in order." That's fine, but sometimes it's good to be challenged as well.

JIM MOTAVALLI, editor of E, hosts a radio show on listener-supported WPKN in Connecticut.

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"The place to improve the world is first in one's own heart and head and hands, and then work out from there."

R. Persig

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CHOICES IN ACTION

## IF YOU REALLY WANT TO HELP PEOPLE IN NEW ORLEANS

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I just quickly perused another email from another famous person who is such a know-it-all about what's wrong with our government, that he's missing the mark on how to create immediate assistance to those in need. He offers nothing more than a criticism of "what is" ... when he could be offering an invitation for us all to intercede with what we want to vision as solutions to the problems as they are unfolding. All problems are simply indicators of what needs to be visioned instead!

What's so great about our country is free speech. We get to speak and show our intelligence and/or our ignorance (prejudice, biases, judgment and arrogance) as often as we want! It's truly our inherent individual responsibility to be discerning and to communicate about that which is not yet working. My point is: there are truly amazing, powerful and energizing ways to do this, let's make it a point to try higher forms of communication about the events in our lives. Let me keep it simple.

If you really want to help, stop giving your *attention* to all that is not going well. Instead, VISION our government's abundance arriving miraculously to assist and feed and nourish and heal the people of New Orleans ... as well as throughout the World.

ZERO JUDGMENT. What's not been handled well - or at all - up to this point no longer matters, because the past cannot be changed. What matters is seeing solutions generating, and being beautifully created out of the greatest good in people ...now, now and now.  
VISION for FEMA:

Divine Orchestration, Divine Order, Divine Assistance and Immediacy. SEE solutions unfolding perfectly now, quickly, easily, powerfully and in a state of the greatest grace imaginable. Resist the urge to judge, resist or push against anything about this situation, for it offers these people no relief, no help ... it only keeps sending an energy vibration that is chaotic and disruptive.

Resist the urge to judge and criticize and be a know-it-all about anything other than PEACE, and LOVE and LIGHT. If you really want to see a Miracle in New Orleans ... SEE IT. Hold your vision upon all the abundance, help, resources arriving and arriving NOW. See that the people being transported to safe places are reunited easily with their families. For every problem the media presents to us, SEE the solution being given these people. Refuse the temptation to listen to those who are proponents of the cup half full.

Let's DO THIS THING... and while we are at it... let's practice continually sending out the best and highest energy, vision, expectation for all the governments of the World. There is so much money and resources and abundance not even being tapped into because we are too busy focusing on the problem, the problem, the problem. VISION beautiful, heart-healing solutions arriving NOW.

As you watch the looting and vandalism on TV... for all those people starving and dying of dehydration, pray for the highest spirit to take over in their lives. See that nothing is too big for Spirit... for that which created the entire Universe, to intervene and bring ease to this situation.

See the greatest in ALL human potential emerging. See these people rising up in their greatness and championing each other and themselves. These *are* the events that bring that energy through. SEE THAT! Why give your energy to any thing else ever again?

In the days, weeks and months ahead, observe yourself as you talk about what's happening in this situation, or other situations regarding government throughout the World. Because whatever comes out of your mouth is what you believe and is the energy you are sending out, which of course, only comes right back at you. Is your energy helping create solutions, or is your energy helping to create more chaos and destruction?

Think wisely. Vision abundantly, and together we can begin to see amazing changes overnight with what the media begins to report. Call it the Divine Experiment...

Let's all see IMMEDIATE assistance and order and healing in New Orleans NOW ... and then apply the same miracle-mindedness throughout every single situation throughout the World. Bless and praise. See great things unfolding.

We have never before had so much connection with each other, because of the wide reach of the Internet. Let's use it ... as powerfully as possible... by what we all now decide to hold in mind.

in Light & Love,

Mary

Author of [www.YouAreLoveMovie.com](http://www.YouAreLoveMovie.com), [www.MaryRobinsonReynolds.com](http://www.MaryRobinsonReynolds.com)

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Things you can do:

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Help protect our rights to privacy regarding library use:

[http://action.truemajority.org/campaign/patriot\\_act/w38weu82o5temnd?](http://action.truemajority.org/campaign/patriot_act/w38weu82o5temnd?)

Help protect our health care rights:

<http://www.thepetitionsite.com/takeaction/188805350?z00m=53642&z00m=53642&tl=1130444727>

Join the campaign to make poverty history at <http://www.one.org/>

A work in progress: <http://www.the-human-race.com/>

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Buckminster Fuller

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A woman named D.C. Cordova incorporates many of his principles into her business, Excellerated Business Schools. See [http://www.excellerated.com/bucky\\_fuller.html](http://www.excellerated.com/bucky_fuller.html) for more information, and maybe you can also be on your way to financial freedom!

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HELP WANTED!

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FILM CREW FOR JOHN DENVER SPIRIT DOCUMENTARY

There is a grant available for this type of project, and I would like YOUR help to make it a reality! I know that John is counting on us. Please go to

[www.fromtheheartproductions.com/howto.shtml](http://www.fromtheheartproductions.com/howto.shtml) to read the guidelines.

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## **PEACE**

Write a Piece for Peace Writing Challenge-2005

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Will you commit to write a piece (a poem, prayer, article, story, song, or letter) about some aspect of peacemaking, from inner peace to world peace, and share it with others before December 31, 2005? Visit <http://www.apassionforpeace.com/> for more information.

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THE STEPS FOR PEACE PROJECT

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This event was held in September, and unfortunately the newsletter didn't get out in time to inform you. The related websites may still be informative, however:

For information on Earthdance - [www.earthdance.org](http://www.earthdance.org)

For information about the Assisi Peace walk - [www.emissaryoflight.com](http://www.emissaryoflight.com)

IMAGINE PEACE FESTIVAL was also held Sept. 17-18, 2005

<http://www.imaginepeacefestival.com/>

What's Barbara Marx Hubbard doing these days? (Besides [www.evolve.org](http://www.evolve.org))

<http://www.thepeacealliance.org/main.htm>

U.S. Dept. of Peace: [http://www.thepeacealliance.org/campaign\\_oview.htm](http://www.thepeacealliance.org/campaign_oview.htm)

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Wal-Mart destroys the environment – from <http://www.wakeupwalmart.com/facts/>

- In October 2004, the United States sued Wal-Mart for violating the Clean Water Act in 9 states, calling for penalties of over \$3 million and changes to W-M building codes. [U.S. v. Wal-Mart Stores Inc., 2004 WL 2370700]
- The United States Environmental Protection agency fined Wal-Mart \$1 million, settling allegations that Wal-Mart violated the Clean Water Act with dirt discharges while building stores in Massachusetts, New Mexico, Oklahoma, and Texas. [Wal-MartLitigation.com]
- The Pennsylvania Environmental Protection Department fined Wal-Mart \$100,000 for polluting rivers. [Business Week, 5/31/99]
- Wal-Mart was fined \$765,000 for violating Florida's petroleum storage tank laws at its automobile service centers. Wal-Mart failed to register its fuel tanks, failed to install devices that prevent overflow, did not perform monthly monitoring, lacked current technologies, and blocked state inspectors. [Associated Press, 11/18/04]
- In Georgia, Wal-Mart was fined about \$150,000 for water contamination. [Atlanta Journal- Constitution, 2/10/05]

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Thinking Big and Small: Designing the Next Industrial Revolution

William McDonough, a featured speaker at the *Sierra Summit* this September, is a renowned architect and designer. His projects are aimed at promoting ecological intelligence, eliminating the concept of waste, and finding the "infinite game—the game we get to play forever." This summer, McDonough talked with the *Planet's* Timothy Leslie about his work. You can read the interview at <http://sierrasummit2005.org/interviews/mcdonough.asp>.

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And you can join the Virtual March on Washington if you are so inclined:

<http://www.stopglobalwarming.org/>

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Sorry I found out about this too late for the last newsletter, but you can read about it here:

<http://www.sustainabilityexpo.com/>

White Buffalo News: <http://www.sacredwhitebuffalo.org/>

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HEALTH LINKS:

Alternative healing directory: <http://www.alternativesforhealing.com/>

Christian Psychic Healer Tiffany Snow: <http://www.tiffanysnow.com/>

Medical Intuitive Molly Rowland: <http://www.voiceofthegatekeepers.com/>

Essences, metaphysical healing, connecting with nature: [www.perelandra-ltd.com](http://www.perelandra-ltd.com)

Q-Link

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Q-Link is the most advanced personal energy system available today. A quarter century of frontier research has given birth to the Q-Link, a sleek pendant that tunes your being for optimal living: More energy, less stress, greater focus, and enhanced well being. No matter what you do, the Q-Link simply helps you feel better and gives you a creative edge by helping harmonizing your mind and body. Find out more at <http://www.qlinkproducts.com/>.

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Aspartame and Cancer

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Hey, I know that everything causes cancer, but a lot of people use this, and the evidence just keeps growing. The FDA needs to ban THIS, not vitamins!

<http://www.wnho.net/whopper.htm>

Aspartame cause Human Brain Cancer: <http://www.dorway.com/betty/brainc.txt>

Industry Funded Peer Reviewed Aspartame Studies: <http://www.dorway.com/industry.html>

NON-Industry Funded Peer Reviewed Aspartame Studies:

<http://www.dorway.com/nonindus.html>

References (assorted) with comments: <http://www.dorway.com/peerrefs.html>

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Tom Crum has a new book coming out in May 2006. It's called "Three Deep Breaths: Finding Power and Purpose in a Stressed-Out World". It is being published by Berrett-Koehler Publishers. <http://www.aikiworks.com>

Beautiful audio bedtime stories for children:

<http://www.bedtimetreasures.com/index.html>

Lots of great products I know that John would endorse!

<http://www.dailyom.com/cgi-bin/display/marketplace.cgi>

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From John Sommers:

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I am pleased to let you know about an adventure to New Zealand with John Sommers, Mack Bailey and John's band "Heart of the Rockies" (Twirp Anderson, Cash Cashman and Randy Utterback) in April 2006 .

The trip begins April 10 (leaving from Los Angeles) and returns on April 24. They will travel through both islands by air, bus, train and sea with many scenic highlights and great music along the way. There are a limited number of spaces, so you will need to book quickly if you would like to join them for a once in a lifetime trip. For details of the itinerary and cost, please contact John at [info@johnsommers.com](mailto:info@johnsommers.com).

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Almost Heaven makes Broadway debut:

<http://www.theatermania.com/content/show.cfm/show/116108>

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FOR IMMEDIATE RELEASE: October 25, 2005--BRINGING A SPIRITUAL CLASSIC TO THE SCREEN! CONVERSATIONS WITH GOD - A Powerful, Mystical True Story

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(Ashland, OR) CONVERSATIONS WITH GOD spent nearly 3 years on the New York Times bestseller list, and sold approximately 7 million copies in 34 languages, so it was no surprise to director/producer Stephen Simon (producer of SOMEWHERE IN TIME, WHAT DREAMS MAY COME) that hundreds of people from all over the world lined up last month at the open auditions for the film version of CONVERSATIONS WITH GOD.

The book series that inspired millions will now become a film that tells the true and previously untold story of Neale Donald Walsch. At the lowest point in his life, Walsch started asking God some hard questions. And to his astonishment, God answered. Those conversations became the basis for the book series. This film details the dramatic journey of a down and out homeless man who inadvertently becomes an unlikely and highly acclaimed bestselling author and spiritual messenger. Online: <http://www.cwgthemovie.com>

"For the past ten years I have dreamed of making this movie," says Simon. "CONVERSATIONS WITH GOD will be a powerful, mystical, controversial and surprising film."

The film will star Henry Czerny in the lead role of Neale. Czerny is a respected actor known for his performances in THE EXORCISM OF EMILY ROSE (2005), THE ICE STORM (1997), MISSION: IMPOSSIBLE (1996), CLEAR AND PRESENT DANGER (1994) and the upcoming remake of THE PINK PANTHER (2006).

"Every once in a while, we actors get a chance to be part of an extraordinarily insightful story," explains Czerny. "I'm sure this is the way some of van Gogh's colors must have felt when they were asked by his brush to mingle in 'Starry Night.' "

Frances Fisher, who has played several memorable roles such as Kate Winslet's mother in TITANIC (1997), and Julianne Moore's mother in LAWS OF ATTRACTION (2004), will co-star. Fisher has also performed in THE HOUSE OF SAND AND FOG (2003), UNFORGIVEN (1992), L.A. STORY (1991) and starred in many memorable made-for-TV films, such as "The Audrey

Hepburn Story" (2000), "Cold Sassy Tree" (1998) and as Lucille Ball in the "Luci & Desi: Before the Laughter" (1991).

"To be able to work on a film that represents the best of my personal beliefs is something I have been dreaming of for years," says Fisher. "I'm excited to be working with people who are all on the same page, literally and spiritually."

Ingrid Boulting, who left Hollywood years ago to pursue a career in yoga and art, will play a pivotal role and mystical character in the film. Most often remembered for her role in THE LAST TYCOON (1976), Boulting's appearance in CONVERSATIONS WITH GOD will be her first on screen performance in more than twenty years.

"It is really exciting that this film is being made, a film that can awaken in us a new sense of ourselves," says Boulting. "I have not felt spiritually connected to projects that have been offered to me since 'Tycoon,' and I am ecstatic to be collaborating on this inspired project."

CONVERSATIONS WITH GOD is the first original film production of The Spiritual Cinema Circle, which Simon co-founded in 2004 with author Gay Hendricks, who will Executive Produce the film. The Spiritual Cinema Circle is America's fastest growing DVD club. Each month Circle subscribers receive 4 films on DVD that heal, inspire and transform our lives. Subscribers hail from 70 countries around the world.

The Circle is financing the project, which will premiere theatrically and in new thought churches worldwide in late October 2006 and will be available on DVD exclusively to Circle subscribers in December 2006.

Over the past ten years, Walsch has received multiple offers from producers (and one major studio) to turn his book and life story into a film. He turned them all down.

"Just five years before I wrote about my experience, I was homeless, with a broken neck, living in a park. I spent my days collecting cans to sell for 5 cents each just to have enough money to eat. It was important to me that this story not become Hollywood-ized," Walsch explains.

Due to Walsch's enthusiasm for WHAT DREAMS MAY COME, the Academy-Award winning film that Stephen Simon produced in 1998, Walsch and Simon became friends. Walsch says that Simon has "an extraordinarily high level of artistic integrity, vision, and willingness to collaborate" and he finally agreed to have the CONVERSATIONS WITH GOD story told on the big screen.

Eric DelaBarre, who wrote the script for the film, won "Filmmaker of the Future" at the Newport Beach International Film Festival for writing, producing and directing his first feature, KATE'S ADDICTION (1999). He also authored the book WHY NOT (Start Living Your Life Today) and spent six years as a writer/director/producer on NBC's "Law & Order."

This feature will be shot and edited entirely in Oregon and premieres in Portland, OR on October 19, 2006 as a benefit for Sisters of the Road, a Portland-based homeless organization. Shooting begins November 7, 2005 throughout the Rogue Valley and in Ashland, OR, where Walsch and Simon both live. The bulk of the 60-person crew is Oregon based and several members of the prestigious Oregon Shakespeare Festival have been cast in the film. For a 5-minute "Behind the Scenes" look at the making of the movie please visit: <http://www.cwgthemovie.com/clips.html>

The Spiritual Cinema Circle, a wholly owned subsidiary of Cinema Circle, Inc., is the pioneer in subscription based home entertainment distribution for the niche market of Spiritual Cinema, with an audience waiting to see spiritually-themed films that until now have gone virtually unappreciated and unseen. [www.spiritualcinemacircle.com](http://www.spiritualcinemacircle.com),  
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Just Published from Rodale!

*Practical, Earth-Friendly Advice for Creating a Nurturing, Healthy, and Toxin-Free Home and Lifestyle - By Annie B. Bond*

Starting at the front door and going through every room, Home Enlightenment provides remedies, recipes, and tips that will help us eliminate from our lives chemical-ridden products and services, establish a balanced home, and live more lightly on the earth.

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***"I'm with you in singing skies and dancing waters,  
Laughing children, growing old  
And in the heart and in the spirit  
And in the truth when it is told."***  
John Denver